

Advocacy & Support for RYSE Above Youth



Stanford Sierra Youth & Families employs Youth Advocates (individuals with lived experience) to serve our RYSE Above youth. The core framework of the program focuses on collaborative efforts among AOD counselors, clinicians, and youth advocates (individuals with lived experience) to emphasize a harm reduction approach. The goals of the RYSE Above program are to build upon the youth's strengths and successes, reduce substance use, increase resiliency, reinforce family connections, and improve overall well-being.

Who We Serve:

- All gender identities
- Youths between the ages 12-20
- Youth who are navigating substance use challenges and service involvement

Youth Advocacy:

- Individualized support provided by a youth advocate
- Community-based services
- Linkage to community resources
- Open in conjunction with SSYAF mental health programs (Wraparound, FIT)
- Focus on empowerment, building self-confidence, and independent living skills
- Harm reductive approach to services
- Meeting youth where they are in their journey

(It's important to note that though the mentioned groups are at a higher risk, vulnerabilities can present themselves in a multitude of ways that may not be listed. If you have any questions, please reach out to our team for support in determining if a RYSE Above referral is necessary.)

How to Make a Referral:

Youth and their families may request Stanford Sierra Youth & Families' RYSE Above services by contacting Sacramento County's SUPT (Substance Use Prevention & Treatment) System of Care for Treatment (SUPT) Services at (916) 874-9754.

For more info about our RYSE Above Program, contact our Clinical Director at (916) 344-0199.

