



Community Bridges

Connecting Families to Lasting Well-Being

Every young person deserves a safe, loving home where they feel supported and understood. When times are tough, we're here—walking alongside kids, teens, and families with compassion to help them heal and thrive.

Here's how we support young people and their families:

- Uplifting mental health for kids and teens
- Standing by families through tough times
- Teaching healthy choices and safety skills
- Providing care that honors every culture
- Finding safe, loving foster homes
- Supporting adoptive families long after placement
- Helping youth involved in the justice system get on track



**No matter
where you are
or what you're
facing, SSYAF is
here for you.**





Need help getting started with Medi-Cal?

We make it easier for kids, teens, and families to access the care they need for emotional, physical, and overall well-being.

This free program helps you:

- **Check Eligibility:** Find out if you qualify and how to apply
- **Understand Medi-Cal:** Learn what's covered & how it helps
- **Get Application Support:** We'll guide you through the paperwork—step by step

We're here to walk beside you.

Let's build strong bridges to a healthier future—together.



SACRAMENTO
COUNTY

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