## **Stanford Sierra Youth & Families**

# **PATHWAYS TO PERMANENCY**

CREATING PERMANENT CONNECTIONS FOR VULNERABLE YOUNG PEOPLE



Stanford Sierra Youth & Families believes each and every youth deserves the love, safety, and unconditional commitment of a family and the opportunity to develop as a healthy and productive young adult. Our Pathways to Permanency (Foster Care & Adoption) program supports this goal and provides several paths to permanency to ensure every youth has a lifelong connection to family and the opportunity to thrive. In many cases, the first and best option is to reunify the youth with their existing family, where possible. If reunification is not possible, we work to identify a compassionate and qualified family who is willing to make a lifelong commitment to the youth.

### We are committed to providing the highest quality and best support for Resource Parents:

- Financial reimbursement
- Resource family approval
- Specialized training
- 24/7 on-call support
- Ongoing training and support
- Respite care
- Post adoptive support
- In home support and case management provided by an experienced social worker

## Become a Resource Parent - Help Change a Life. Start the process today!

Contact Stanford Sierra Youth & Families by calling (916) 368-5114 to schedule an orientation or complete a resource family inquiry form online, if you are interested in becoming a Resource Family.



### Scan the QR code to learn more!



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## **Different Pathways to Permanency**

Our dedication to success and determination to create permanent connections for vulnerable young people is paramount in placing youth and families together. Detailed below are the different types of services that you can be provided to Resource Families.

#### SHORT-TERM, SAFE HAVEN

- <u>Home Based Shelter Care (HBSC)</u> provides a temporary safe haven (emergency care for up to 30 days) for youth of all ages in immediate need of care until a relative or long-term placement is found. HBSC resource families must be flexible, able provide a stable living environment, be available 24 hours a day, and help the youth feel safe and nurtured.
  - <u>Respite</u> provides short-term care to assist current resource Resource Families. Respite families are able to take in a youth, a few days at a time, to provide time for resource families to relax and take care of themselves.



#### TRADITIONAL FOSTER CARE

<u>Standard Treatment Foster Care (STFC)</u> provides loving, supportive care for kids and teens while they await permanent homes. Services are provided primarily through approved Resource Families, who are trained, supervised, and supported by qualified program staff.

#### **FOSTER TO ADOPT**



• When determined as the best option for the youth by the courts, Resource Families may become an adoptive family through Concurrent Planning, an approach that seeks to shorten a youth's stay in foster care by exploring more than one permanent family solution at a time. While returning a youth to their family of origin is the primary case plan for a youth in foster care, concurrent planning involves the parallel pursuit of an alternative permanency goal (i.e., adoption) that would best serve the youth in the event reunification is not possible.

#### SPECIALIZED CARE

• <u>Intensive Services Foster Care (ISFC)</u> serves youth who need a higher level of care, with support services in place. Our ISFC program provides crisis management training, monthly resource parent support groups, and a higher rate of reimbursement.



• <u>Therapeutic Foster Care (TFC)</u> is a type of mental health service that is provided by specially-trained Resource Parents, who are supported by a Stanford Sierra Youth & Families clinician. TFC provides a stable, nurturing, family-home environment combined with mental health services and structured therapeutic care for youth who require more intensive and frequent support than can be offered in traditional foster care.



#### FAMILY CONNECTIONS

• <u>Kinship Support Services</u> helps kin and other non-related extended family members to navigate the Resource Family Approval process to support a specific foster youth known to them. Through the process, Kinship Support Services provides them with information, community resources, education, and other services focused on Kinship Care.