

The Empowerment Training Center (ETC) is a workforce development program that is uniquely designed to strengthen skills and development of employees locally, state wide, and nationally. SSYAF's Empowerment Training Center also provides training and support to individuals with lived experience who are on a path of recovery and are willing and able to assist others who are in earlier stages of the recovery process. These individuals' viewpoints and experiences are included in the training, education, and support. The Empowerment Training Center also includes wellness, recovery, and resiliency principles; instills hope; encourages self-leadership techniques; is culturally responsive; and includes a training model that ensures services are provided in the best interest of families and community.

There are four branches of support trainings under the ETC initiative that all members of the community can utilize:



## Parent University

Parent University is a school based training series to empower parents to become full partners in their children's lives for the purpose of building additional skills, knowledge, resources, and confidence as a parent.



Life University

Life University is a school based training collaborative for students in middle and high school to learn more about life skills in a safe and affirming learning environment.



Peer Pipeline

The Advocacy
Pipeline Series is
training and
mentorship initiative
for individuals with
lived experience with
system navigation
who want to
strengthen their
skills as a Peer
Advocate, or
strengthen their
readiness for the
peer Advocacy field.



Community Resource Trainings

Our community based trainings and info sessions are open to the public via zoom to learn more about community resources, panels, and facilitated training sessions. These trainings can also be brought directly to agencies, schools, and community partners for individualized training sessions facilitated by a Peer advocate.

For more information on any of the training initiatives above, please email Erin Reynolds at <a href="mailto:ereynolds@ssyaf.org">ereynolds@ssyaf.org</a>.