



Stanford Sierra  
Youth & Families



# Enhanced Care Management

## What is Enhanced Care Management?

Enhanced Care Management (ECM) is a new, voluntary benefit designed to connect children and teens with a wide range of essential services. These include medical, behavioral, dental, developmental, housing and food assistance, employment and educational support, health and wellness, social support, and more. ECM coordinates these services to ensure youth get the right care at the right time, making it easier and less stressful for families to navigate the healthcare system. Available to both current and former clients, ECM provides the comprehensive care needed to support the overall well-being of children and teens.

## What are the ECM Benefits:

### Comprehensive Care Management

Youth and families enrolled in ECM program can expect to receive complete care that covers all their child's needs, not just the usual medical ones. The goal is to provide support that goes beyond traditional healthcare.

### Single Point of Contact

Each family is assigned a Care Coordinator who manages all their needs. This simplifies communication and ensures a smoother process for managing care.

### Tailored Care Plans

ECM helps create a personalized care plan for each child/youth. This plan includes setting goals, recommending services, and addressing other factors that affect health, ensuring care is customized to fit each child/youth's unique needs.



**Must be enrolled in Kaiser Medi-CAL.**

## How ECM Works:

- Individuals of any age can voluntarily choose to participate in Enhanced Care Management (ECM) at **no cost**.
- ECM connects you to a Care Coordinator who provides dedicated support in identifying and meeting life and health challenges.
- The Care Coordinator will meet with youth and families in the community or at Stanford Sierra Youth & Families' office.

## Who Qualifies:



### Housing Insecurities

For individuals and families living on the streets, in shelters, or facing homelessness.



### Frequent Hospital Visits

For adults, youth, and children who are at risk of frequent hospital visits or emergency department care.



### Mental Health/Substance Use

For individuals with significant mental health and/or substance use disorder needs.



### Foster Youth

For families with children, teens, or young adults through 26 years old, who have been involved in the Foster Care System.



### Birth and Postpartum

For pregnant and postpartum individuals, with a focus on birth equity.



### Transitional Support

For individuals transitioning from incarceration or hospitalization.



## How to Enroll



[ecm@ssyaf.org](mailto:ecm@ssyaf.org)



(916) 344-0199



[SSYAF.ORG](http://SSYAF.ORG)



**Full Circle**  
Health Network