

Housing Services

An integral part of our Mental Health programs (Wraparound, Flexible Integrated Treatment)



Stanford Sierra Youth & Families' Housing Navigator Coordinators are an integral part of our mental health programs (Wraparound, Flexible Integrated Treatment (FIT)). They serve families by actively collaborating with mental health treatment teams and connecting them to resources to secure, stable, and permanent housing. Our Housing Navigators are a part of Family and Youth Partnership; a department that emphasizes and operates out of the notion that lived experience is vital to building connections and supporting vulnerable communities. All members of Family and Youth Partnership utilize their lived experience, alongside other vital skills to support youth and families.

Referral Process:

Referrals are submitted by your respective clinician/case coordinator who's connected to your mental health program.

What do we provide?

1. Short-term hotel support
2. Individualized services provided in the community or via Telehealth
3. Skill-building (budgeting, financial literacy, advocacy)
4. Support with navigating challenges associated with housing (repairing Landlord/tenant relationships, income barriers, credit repair, evictions, rent gaps, and other community resources)
5. Collaborative partnerships with treatment teams
6. Doc readiness for case conferencing using HMIS (Homeless Management Information System)

Community Impact:

Our community faces growing challenges around housing insecurity, and the Housing Navigation Program is tailored to meet these needs by providing crucial support to prevent eviction and ensure long-term housing retention. Whether it's assisting with rental payments, negotiating with landlords, or connecting individuals to job and financial resources, the program plays a vital role in addressing housing instability and fostering community well-being.



Housing Navigation Success Story: Preventing Eviction & Rebuilding Stability

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A recent success involved a youth and their caregiver, who were at risk of eviction due to non-payment of rent. The caregiver, who worked as a teacher's aide, was devastated. With her job temporarily on hold and income limited, she had fallen behind on rent payments and feared losing her home.

After being referred to the Housing Navigation Program, the caregiver met with a housing coordinator to complete an intake and discuss her situation. Together, they reviewed her budget and explored ways to increase household income. The coordinator worked closely with the caregiver, her landlord, and legal representatives to create an agreement that allowed her to catch up on rent and stop the eviction process.

Behind the scenes, the housing coordinator also initiated an internal review process to request emergency funds. These funds, along with the collaborative agreement, helped the caregiver regain her financial footing, preventing the eviction from moving forward.

But the support didn't end there. The program connected the caregiver to job opportunities, and she soon found additional employment to increase her income. Today, the caregiver works two jobs, maintains a stable budget, and has successfully saved money, ensuring that her family remains in secure housing.