

JUVENILE JUSTICE INTERVENTION SERVICES



ABOUT US:

Stanford Sierra Youth & Families, in partnership with the Sacramento County Probation Department, delivers the Juvenile Justice Intervention Services (JJIS) program. The program assesses each youth's individual treatment needs and matches the youth to the appropriate service intervention(s) to include: counseling, skill building, peer and family support services, and case management and linkage to community-based services.

Services are primarily community-based and provided in the home, school, and/or community, based on the individual needs of each youth and their family. Consistent with best practices, probation officers work in collaboration with SSYAF's JJIS team, youth, families, advocates, educators, and natural supports to ensure the youth's and family's needs are being met. The goals of the program are to build upon the youth's individual strengths, increase resiliency, reinforce positive family and peer connections, promote prosocial behaviors, and improve overall mental health and well-being.

PROGRAM ELIGIBILITY:

Youth ages 13–25 can be referred to our Juvenile Justice Intervention Services (JJIS) program through the Sacramento County Probation Department, based on eligibility criteria and an assessment administered by Probation.

The JJIS program seeks to address the following needs: family circumstances; education/employment; peer relations; substance abuse; personality/behaviors; and attitudes.

DESIRED OUTCOMES:

Keep youth and families together; Reduce out-of-home placements and recidivism; Promote well-being; Support behavior change, and; Target the following behaviors including, but not limited to: family circumstances/parenting; peer relations; substance abuse; leisure/recreation activities; personality/behaviors; and attitudes/orientation.

SERVICES INCLUDE:

- **ASSESSMENT, SCREENING, AND REFERRAL:** Comprehensive assessment and linkage to appropriate counseling and support services.
- **FAMILY & YOUTH ADVOCACY:** Peer advocacy and support services.
- **SPECIALIZED REHABILITATIVE & SKILL BUILDING SERVICES:** These services are offered in both individual and group sessions and are designed to address specific targeted behaviors identified in the youth's individualized treatment plan.
- **INDIVIDUAL, GROUP & FAMILY COUNSELING:** Services include treatment planning and the following evidence-based treatment and promising practice models:
 - Functional Family Therapy (FFT) - a short-term family therapy model in which the therapist meets with the youth/family weekly for about 15 sessions to address issues of communication, family relationships, and reducing at-risk behaviors.
 - Seven Challenges - a relationship-based practice that is designed for substance-abusing or dependent adolescents to motivate decisions and commitments to change.
 - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) - is designed to assist youth and their families in overcoming the negative effects of a traumatic experience.
- **TRANSITIONAL AGE YOUTH (TAY) SERVICES & SUPPORT:** Support services for transitional-age youth (ages 13-25) are offered to help build their confidence and functioning in the area of independent life skills.
- **TRANSPORTATION ASSISTANCE:** SSYAF staff are able to assist youth and families with accessing public transportation, if needed, to attend necessary appointments.
- **24/7 CRISIS INTERVENTION, SAFETY PLANNING & SUPPORT:** Twenty-four-hour crisis intervention and family on-call support is available to youth families, during a time of crisis.

CONTACT US:

Please reach out to the JJIS Leadership Team for more information at (916) 344-0199.
Scan the QR Code to be directed to the website:



This program is funded by the Sacramento County Probation Department.