

JUVENILE JUSTICE PREVENTION SERVICES (JJPS)



The Juvenile Justice Prevention Services (JJPS) program works in partnership with the Sacramento County Probation Department to provide intervention to pre-adjudicated youth with the intention to reduce further involvement with the juvenile justice system, prevent removal from the home, strengthen youth's social and emotional well-being, and support youth and families' use of individual strengths and natural supports. The JJPS program provides Functional Family Therapy (FFT) and High Fidelity Wraparound services to identified youth. FFT is a prevention and intervention program that provides flexible, individualized, and dynamic wellness services to youth with juvenile justice involvement. FFT focuses on community protection, reducing recidivism, increasing client accountability, and improving youth and family functioning. The Wraparound intervention combines a family-centered, strengths-based, needs-driven, team-driven approach with individualized intervention and wellness-focused therapy. Standardized Wraparound principles and methods are used to comprehensively serve a family's needs.

POPULATION SERVED:

The JJPS program serves Sacramento County youth between the ages of 12 and 18 who meet criteria determined by Sacramento County Probation and SSYAF to engage in prevention and treatment services. At the time of referral, youth are pre-adjudicated and may be on an electronic monitoring device, home supervision, or have received a citation.

ACCESSING SERVICES

Youth and families are first identified by probation as beginning to be involved in the juvenile justice system, either through receiving a citation or being on electronic monitoring or home supervision. Probation will have a conversation with the family to inform them of the available voluntary services. Once a referral is received from probation with the predetermined intervention model, an intake coordinator and/or service provider will be assigned. Families will be contacted within 24 hours after the referral is received to get introduced to services and schedule an intake assessment appointment.



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PROGRAM SERVICES

Functional Family Therapy is an effective, short-term, evidence-based family intervention service to address behavioral or emotional problems for the youth. FFT uses a strength-based relational approach when working with the youth's entire family and extrafamilial influences to facilitate growth and development. The effectiveness of the model stems from the idea that all families have a unique set of circumstances and therefore, care plans are individualized to meet the specific needs of the youth and their families. FFT is a phasic model that includes Engagement, Motivation, Behavior Change, and Generalization phases.

Prevention Wraparound is an effective short-term, promising practice that combines a family-centered, strengths-based, needs-driven, team-driven approach that literally "wraps" services around a family with individualized, wellness-focused, and permanency-driven planning and intervention. The Wraparound approach is a comprehensive, individualized, outcome-driven, and sometimes unconventional response to complex family needs. The agency practices High Fidelity Wraparound utilizing tools and standardized practices from the National Wraparound Initiative (NWI) and the UC Davis Resource Center for Family Centered Practices to guide the Wraparound process and remain within model fidelity while implementing principles, phases, and activities.

LENGTH OF SERVICE

Both intervention models' durations of service are expected to be a maximum of 6 months.

DESIRED PROGRAM OUTCOMES

Treatment outcomes are based on the youth's assessed needs. Examples include:

1. Decrease in the likelihood of future delinquent behavior
2. Reduce the risk of psychiatric hospitalizations, detention, and/or incarceration
3. Increase accountability and competency of positive behaviors
4. Increase family support and engagement
5. Increase the permanency and stability of family connections and living arrangements
6. Increase positive connections with community supports and activities

CONTACT US

Please reach out to the JJIS Leadership Team for more information at (916) 344-0199 or scan the QR Code to be directed to the website:



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