

# Lifeline Fund

A safety-net for families during challenging times



The Lifeline Fund provides a safety-net for our community's youth and families in our mental health, foster care, and adoption programs.

## Now more than ever, they need our support.

A large majority of the youth and families we serve are low-income: Medi-Cal eligible.

Families who may be presented with unexpected financial, physical health, and mental health challenges. Sometimes an unforeseen circumstance can make it difficult or impossible to meet basic needs like food, shelter, and transportation.



**In times like these, the youth and families we serve are particularly vulnerable. The Lifeline Fund is there to see them through.**

## The Lifeline Fund focuses on three levels of basic needs:



**Food,  
clothing,  
and shelter.**



**Personal safety,  
well-being,  
and stability.**



**Belonging with  
friends, family,  
and community.**

The Lifeline Fund is not a handout or a permanent source of income. The Lifeline Fund provides strategic, targeted assistance that helps youth and families respond productively to the emergency they're faced with, so they can stay focused on their treatment goals and the overall safety and well-being of their family.

The Lifeline Fund is 100% dedicated to providing resources to youth and families. Stanford Sierra Youth & Families (SSYAF) provides the administration and management of the fund as an in-kind contribution so that every dollar given directly benefits youth and families in need.

**By providing a "lifeline," families in need are better able to make positive choices and not compromise on their family's health, safety, or relationships to meet survival needs.**

# How You Can Help



## Your support can help transform a child's life.

SSYAF provides a comprehensive continuum of care, including services for mental health; adoption; juvenile justice intervention; family preservation, reunification, and empowerment; and a mentoring program for children in foster care. Last year, we strengthened and served more than 6,000 youth and their families. With more than 4,000 children still living in foster care in the Sacramento region, and many more youth at risk, your support is critical to our work. Your generosity and support brings us closer to the vision of a community with safe, lifelong connections for all young people, built and strengthened through generations of empowered families.



## PHILANTHROPIC SUPPORT

Financial contributions are the most powerful way to contribute to change. Our programs provide a way out of challenging circumstances for youth and their families, creating the opportunity to become self-sufficient and stable. Whether supporting our Wonder Mentoring Program for youth in foster care or evidence-based therapies, eighty-two cents of every dollar goes directly to programs that positively impact youth.

## BECOME A LIFELINE

Making a gift to our Lifeline Fund provides an emergency safety net for our most disadvantaged families to assist with groceries, shelter, medical expenses, and transportation. Additionally, funding could be used for after-school programs such as sports, arts, or music to build confidence and an increased sense of self. **100% of funds go directly to support youth and families in care.**

## NAME SSYAF AS YOUR EVENT BENEFICIARY

Are you hosting or attending a fundraiser, golf tournament, or other special event? Naming SSYAF as your event beneficiary is an easy way to generate valuable resources for youth in foster care.

## WONDER MENTORING PROGRAM

Become a Wonder mentor who can share new experiences and fun activities with a child impacted by foster care. You can change a child's life, to learn more visit our website or email [wonder@ssyaf.org](mailto:wonder@ssyaf.org).

**For more information, please contact Jessica Kreb  
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