



## ALL ABOUT SSYAF

Stanford Sierra Youth & Families (SSYAF) provides a comprehensive continuum of trauma-informed, culturally responsive, outpatient, and community-based behavioral health services to empower youth and families to overcome challenges together. We support the entire family with professional treatment and compassionate care, so every youth has the opportunity to thrive at home, in school, and in the community.

Service providers are trained in a variety of trauma-informed, culturally responsive, evidence-based treatment modalities.

Therapeutic services may be provided in the family's home, school settings, a community setting of the family's choice, or conveniently located counseling centers at SSYAF.

Services are provided in person with telehealth as an option when determined necessary.

Translation services are available to meet a variety of needs.

**For more information, email:**  
**[WraparoundManagement@ssyaf.org](mailto:WraparoundManagement@ssyaf.org)**



## MANAGED CARE KAISER FOR CHILDREN AND ADOLESCENTS

Stanford Sierra Youth & Families' Wraparound services literally "wrap" youth and families with comprehensive care to help keep youth safe and at home, in school, and out of trouble. These intensive services combine a family-centered, strength-based, needs-driven, team-driven approach with individualized and wellness-focused interventions. Our comprehensive, outcomes-driven approach to complex family needs ensures the best results for youth, including decreased psychiatric hospitalizations, decreased residential treatment, fewer contacts with law enforcement, stronger family connections, improved mental/behavioral functioning, and overall well-being.

### ELIGIBILITY

Intensive services are provided to children and adolescents (ages 5-17) who are experiencing significant behavioral and/or emotional challenges interfering with family and peer relationships, social development, and/or school functioning.

### SERVICES PROVIDED

- Assessment & plan development
- Individual/group/family therapy
- Case management services
- Crisis intervention & support
- High Fidelity Wraparound model
- Trust Based Relational Intervention (TBRI) model
- Substance use harm reduction model
- Family and Youth skill development such as anger management, coping, communication, and social skills
- Individualized safety plans

## ADJUNCT SERVICE - THERAPEUTIC BEHAVIORAL SERVICES (TBS) AND FAMILY YOUTH PARTNERSHIP (FYP)

Therapeutic Behavioral Services (TBS) are available for youth with higher complex needs who would benefit from short-term (generally lasting 90 days) behavioral support, in conjunction with their Wraparound services.

Youth and parent advocacy supports, parenting classes, and support groups are available for youth and families as well. Family Partners and Youth Advocates offer their own personal experiences and advocacy skills to empower young people and their families.

This program is in partnership with:



Visit our website at **[SSYAF.ORG](https://ssyaf.org)**.