



# **RYSE ABOVE Program FAQs**

## **1. What does RYSE stand for?**

Resilient Youth Safe & Empowered.

## **2. How do I submit a referral to the RYSE Above Program?**

Youth and their families may request Stanford Sierra Youth & Families' RYSE Above services by contacting Sacramento County's SUPT (Substance Use Prevention & Treatment) System of Care for Treatment (SUPT) Services at (916) 874-9754.

## **3. Is there an age limit?**

RYSE Above serves individuals ages 12-20.

## **4. Are services provided in the office, the community, or virtually?**

RYSE Above services may be provided in the family's home, in the school setting, in a community setting of the family's choice, or in our conveniently located counseling center. Group services are available at SSYAF's facilities conveniently located in the community.

## **5. How long do services last?**

The length of services will vary based on individual needs. The individual must meet medical necessity for services and will be re-assessed every 6 months. The level of services delivered will be indicated by individual clinical needs and reflected in the youth's treatment plan.

## **6. Can a referral be submitted again if services close once, and a need arises later?**

Yes, referrals can be resubmitted if there is a need that arises.