



ALL ABOUT SSYAF

Stanford Sierra Youth & Families (SSYAF) provides a comprehensive continuum of trauma informed, culturally responsive, outpatient and community-based behavioral health services to empower youth and families to overcome challenges together. We support the entire family with professional treatment and compassionate care, so every youth has the opportunity to thrive at home, in school, and in the community.

Service providers are trained in a variety of trauma informed, culturally responsive, evidence based treatment modalities.

Therapeutic services may be provided in the family's home, school settings, in the community setting of the family's choice, or in conveniently located counseling centers at SSYAF.

Services are provided in-person with telehealth as an option when determined necessary.

Translation services are available to meet a variety of needs.

For more information or to make a referral, please email us at managedcare@ssyaf.org.



MANAGED CARE - THERAPEUTIC BEHAVIORAL SERVICES (TBS) FOR CHILDREN AND ADOLESCENTS:

Stanford Sierra Youth & Families' Therapeutic Behavioral Services (TBS) are available for children and adolescents with higher complex needs who would benefit from short-term behavioral support in addition to other mental health services they may be receiving. Our team collaborates with the youth, their caregiver, and any other primary mental health provider to address targeted behaviors that jeopardize the youth's ability to remain safely in their home. These intensive services focus on changing a youth's behavior, while emphasizing the youth's strengths. Together, staff, youth, and families create and implement a short-term plan, generally lasting 90 days, to help the young person reduce risky behaviors while increasing coping skills and replacement behaviors.

ELIGIBILITY

Intensive services are provided to children and adolescents (ages 5-17) who are experiencing significant behavioral and/or emotional challenges and who are at risk of escalating to a more restrictive level of care (i.e. hospitalization or residential treatment) or are transitioning to a lower level care.

SERVICES PROVIDED

- Plan development
- Intensive 1:1 behavioral intervention & support
- Safety plans developed with all youth and families to prevent or utilize in a crisis
- Participation in Child Family Team (CFT) meetings, when appropriate
- Coordination with referring program & service providers
- Parenting support & education
- Case management services & linkage
- Family advocacy & support
- 24/7 crisis intervention & support

In partnership with:



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Learn more on our website at ssyaf.org.