

PROGRAM SERVICE DESCRIPTIONS



COMMUNITY BASED FAMILY SERVICES, FLEXIBLE INTEGRATED TREATMENT (FIT), & FAMILY PRESERVATION

These community-based outpatient mental health treatment programs provide culturally responsive services and supports to children and youth (ages 0 - 21) using a strength-based, family-driven team approach. Unique to these programs is the ability to vary the type, location, frequency, duration, and intensity of services in accordance with youth and family needs and choice. Behavioral and mental health services (including individual, family, and group therapy and a 24-hour crisis response) can be provided in the office, home, school, or a community-based setting.



COMMUNITY BRIDGES

Community Bridges helps youth and families access Medi-Cal and connect to vital services across our agency. The program supports enrollment, increases awareness of available services, and links families to local resources. Through culturally and linguistically responsive outreach, Community Bridges removes barriers and fosters stronger connections to care, promoting the overall well-being of those we serve.



EMPOWERMENT TRAINING CENTER

We provide facilitated training sessions where participants can share experiences, build awareness, and brainstorm ways to increase positive connections and advocacy to help strengthen our communities.



ENHANCED CARE MANAGEMENT (ECM)

ECM is a voluntary benefit designed to connect children and teens with a wide range of essential services. These include medical, behavioral, dental, developmental, housing and food assistance, employment and educational support, health and wellness, social support, and more. ECM coordinates these services to ensure youth get the right care at the right time, making it easier and less stressful for families to navigate the healthcare system. Available to both current and former clients, ECM provides the comprehensive care needed to support the overall well-being of children and teens.



FAMILY & YOUTH PARTNERSHIP

Family Partners and Youth Advocates help treatment teams provide services through a lens that is strength-based, outcome-driven, team-based, persistent, individualized, culturally competent, collaborative, community-based, inclusive of natural supports, and upholds family voice and choice. Family Partners are staff members who have personal experience in the child welfare, mental health, or juvenile justice systems as a consumer and/or as a parent/caregiver. Youth Advocates are young adults also employed by SSYAF who have personal experience within the child welfare, mental health, juvenile justice, or education systems.



JUVENILE JUSTICE INTERVENTION SERVICES (JJIS)

In partnership with the Sacramento County Probation Department, SSYAF delivers the JJIS program. The program assesses each youth's individual treatment needs and matches the youth to the appropriate service intervention(s), including: counseling, skill building, peer and family support services, and case management and linkage to community-based services.



JUVENILE JUSTICE PREVENTION SERVICES (JJPS)

As part of the Family First Prevention Services Act, SSYAF's Juvenile Justice Prevention Services (JJPS) program provides Functional Family Therapy (FFT) and Wraparound services. These programs offer individualized, flexible wellness support to youth involved in the juvenile justice system, with a focus on reducing recidivism, promoting accountability, and strengthening family dynamics. Tailored interventions foster positive behaviors, reinforce family relationships, and support the youth's successful reintegration into their communities.



PATHWAYS TO PERMANENCY

All of our foster care (including Therapeutic Foster Care, Complex Care, and Intensive Services Foster Care) and adoption services are focused on providing pathways to permanency, whether it is through reunification, kinship care, or adoption. We focus on finding permanent connections to safe, stable, and nurturing families for youth who are faced with multiple barriers.



POST ADOPTION SERVICES

We believe every child deserves the love, safety, and unconditional commitment of a family and the opportunity to develop as a healthy and resilient young adult. Our Pathways to Permanency team is passionate about supporting adoptive families, resource families, birth parents, and adopted children. Our goal is to empower and uplift families by providing accessible resources tailored to your families' needs!



RYSE ABOVE

Resilient Youth Safe & Empowered (RYSE) Above program provides prevention and early intervention outpatient (OP), intensive outpatient (IOP), and aftercare recovery support services for youth with substance use disorder and co-occurring mental health service needs. These substance use and prevention treatment services are provided for youth and adolescents (ages 13 to 21) in Sacramento County. The goals of the RYSE Above program are to build upon the youth's strengths and successes, reduce substance use, increase resiliency, reinforce family connections, and improve overall well-being.



THERAPEUTIC BEHAVIORAL SERVICES (TBS) & MANAGED CARE TBS (KAISER)

TBS provides effective, targeted behavioral interventions for youth with intense behaviors that are putting them at risk of losing their current placement or being hospitalized. The behavior analysts identify triggers, teach the youth coping strategies, and support the caregiver to manage the behaviors so that the youth is able to remain in their home setting.



WONDER MENTORING PROGRAM

The program matches youth impacted by child welfare with a volunteer (Guide) who is trained to listen, support, and mentor. A Wonder mentorship supports youth by creating a connection with a consistent and caring adult that engages in activities to foster and increase the youth's sense of belonging, confidence, self-worth, hope, and being future-oriented.



WRAPAROUND SERVICES & MANAGED CARE WRAPAROUND (KAISER)

Wraparound Services develop an individualized plan of services, support, and resources to "wrap" around the youth, addressing the family's safety, recreation, school, work, spiritual, and legal needs. The goal is to help keep youth safe and at home, in school, and thriving. These intensive services combine a family-centered, strength-based, needs-driven, team-driven approach with individualized and wellness-focused interventions. Our comprehensive, outcomes-driven approach to complex family needs ensures the best results for youth, including decreased psychiatric hospitalizations, fewer contacts with law enforcement, stronger family connections, improved mental/behavioral functioning, and overall well-being.



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our programs
and services.

