



ALL ABOUT SSYAF

Stanford Sierra Youth & Families (SSYAF) provides a comprehensive continuum of trauma informed, culturally responsive, outpatient and community-based behavioral health services to empower youth and families to overcome challenges together. We support the entire family with professional treatment and compassionate care, so every youth has the opportunity to thrive at home, in school, and in the community.

Service providers are trained in a variety of trauma informed, culturally responsive, evidence based treatment modalities.

Therapeutic services may be provided in the family's home, school settings, in the community setting of the family's choice, or in conveniently located counseling centers at SSYAF.

Services are provided in-person with telehealth as an option when determined necessary.

Translation services are available to meet a variety of needs.

For more information or to make a referral, please email us at managedcare@ssyaf.org.



MANAGED CARE - WRAPAROUND SERVICES FOR CHILDREN AND ADOLESCENTS

Stanford Sierra Youth & Families' Wraparound Services literally "wrap" youth and families with comprehensive care to help keep youth safe and at home, in school, and out of trouble. These intensive services combine a family-centered, strength-based, needs-driven, team-driven approach with individualized and wellness-focused interventions. Our comprehensive, outcomes-driven approach to complex family needs ensures the best results for youth, including decreased psychiatric hospitalizations, fewer contacts with law enforcement, stronger family connections, improved mental/behavioral functioning, and overall well-being.

ELIGIBILITY

Intensive services are provided to children and adolescents (ages 5-17) who are experiencing significant behavioral and/or emotional challenges interfering with family and peer relationships, social development, and/or school functioning.

SERVICES PROVIDED

- Assessment & plan development
- Individual/group/family therapy
- Case management services
- Peer advocacy & support
- 24/7 crisis intervention & support
- Substance abuse services
- Skill development such as anger management, coping, communication and social Skills
- Safety plan

In partnership with:



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Learn more on our website at ssyaf.org.