

COMMUNITY BASED FAMILY SERVICES

BUILDING UPON FAMILIES' STRENGTHS AND EMPOWERING THEM TO SUCCEED



The goals of the CBFS program include: improving behavioral and mental health functioning; improving school performance; strengthening family connections; reducing the need for out-of-home placements, psychiatric hospitalizations, and contact with law enforcement; increasing permanency for foster youth; and connecting youth and families to community-based resources and support.

PROGRAM FACTS:

- Yolo County Medi-Cal-eligible children and youth ages 0–21 may receive services through CBFS.
- Services include: assessment, plan development, individual and group therapy, rehabilitation services, case management, medication support services, crisis intervention, and peer advocate supports and services.
- Therapeutic services may be provided in the family's home, in the school setting, in the community setting of the family's choice, or in our conveniently located counseling center.

WHAT SERVICES LOOK LIKE:

- When children and youth are referred to the Community-Based Family Services (CBFS) program, they first receive a comprehensive assessment to determine the youth/family's individual strengths and needs.
- Youth and families develop a treatment plan with the support of a child and family team to identify goals and objectives.
- Translation services are available, we understand and respect each family's unique culture and put it at the forefront of our work together.

HOW TO MAKE A REFERRAL:

Our team can provide information and make referrals to the program. Please contact our CBFS Program Director at (916) 344-0199 or email info@ssyaf.org.