



Stanford Sierra  
Youth & Families

# Celebrating



## Years of Transforming Lives

Fiscal Year 2023-2024

# MESSAGE FROM THE CEO

Dear friends,

This year, Stanford Sierra Youth & Families (SSYAF) proudly celebrates a monumental milestone: our **125th anniversary**. Since our founding in 1900, we have been steadfast in our mission to support vulnerable youth and families, evolving to meet their changing needs for more than a century. From our beginning as an orphanage to our transformation into a dynamic community-based organization, SSYAF remains committed to ensuring every young person has the family, stability, and tools they need to thrive.

Our journey has been one of tremendous growth and transformation. A pivotal moment in our history came in 2019, when Stanford Youth Solutions and Sierra Forever Families merged to form Stanford Sierra Youth & Families. This merger strengthened our ability to address the complex challenges youth and families face today, expanding our continuum of care to provide holistic support across every stage of a family’s journey.

Today, our services span family stabilization, behavioral and mental health support, substance use prevention and treatment, juvenile justice intervention, mentoring, foster care, and pre- and post-adoption services. Each of these programs are thoughtfully designed to break the cycle of child welfare involvement, ensuring children remain safe, families are strengthened, and long-term success is within reach.

For 125 years, our commitment to youth and families has never wavered. While our program services have evolved, our purpose has remained clear: to empower youth and families to overcome challenges. Through our services, the youth develop life skills and grow into self-sufficient adults. We support the entire family with professional treatment and compassionate care, so every youth has the opportunity to thrive.

This annual report celebrates the collective impact we have achieved together. During the fiscal year 2023-2024, we provided hope and healing to 2,835 youth, extending comprehensive services to 7,087 youth and their family members. Most notably, 91% of youth were safe and living in a stable family home by the end of services. Exceptional outcomes reflect the dedication of our staff, the generosity of our community, and the strength of our partnerships.

As we honor this incredible 125-year journey, we are filled with gratitude for every individual that has been part of our story. Your support has made it possible for us to build brighter futures, one child and family at a time. Looking ahead, we are inspired to deepen our impact, strengthen our programs, and continue building a legacy of hope, healing, and empowerment for generations to come.

With sincere gratitude,



Laura Heintz, Psy.D.  
Chief Executive Officer



“  
***From our beginning as an orphanage to our transformation into a dynamic community-based organization, SSYAF remains committed to ensuring every young person has the family, stability, and tools they need to thrive.***  
”

## TABLE OF CONTENTS

3	ABOUT THE AGENCY
5	OUR COMMITMENT
7	SUCCESS STORY: SCOTTY & THE ROBINSONS
8	PROGRAMS & RESULTS
14	SUCCESS STORY: HARPER & NAOMI
15	FAMILY AND YOUTH PARTNERSHIP
16	CELEBRATING OUR IMPACT
17	WHO WE SERVE
18	FINANCIAL HIGHLIGHTS
20	UPCOMING EVENTS
21	AGENCY HIGHLIGHTS



# 125 YEARS OF TRANSFORMING LIVES



# OUR HISTORY



Over a century ago, philanthropist and social reformer **Jane Lathrop Stanford** donated the Stanford Mansion and stock to establish the Stanford Lathrop Memorial Home for Friendless Children. Her vision extended beyond providing shelter—she sought to offer vulnerable youth education, stability, and a strong foundation for a brighter future. Her commitment to child welfare set the stage for what would become Stanford Sierra Youth & Families—a leader in family-based care and community support.



From our origins as an orphanage to pioneering mental health services, family stabilization, foster care, adoption, mentoring, and juvenile justice intervention, SSYAF has continuously evolved to meet the changing needs of youth and families. We provide a full continuum of care and ensure that every young person has the opportunity to be a part of a safe, permanent, and loving family.

Through innovation, collaboration, and unwavering dedication, we have helped thousands of youth find healing, stability, and lifelong connections. As we continue this mission, we honor those who have shaped our story and remain committed to strengthening communities for generations to come.

## WHERE IT ALL BEGAN...



Today, Stanford Sierra Youth & Families carries this legacy forward, expanding beyond a single location to serve communities across Northern California with innovative, family-centered services that create lasting change.

1900

Jane Lathrop Stanford donates the Stanford Mansion and stock to establish the Stanford Lathrop Memorial Home for Friendless Children.

1906

The Sisters of Mercy continue providing a safe haven for abandoned and orphaned children.

1978

California purchases the Stanford Mansion, designating it a State Historic Park.

1983

Bobbie Rowlands and Alan Haley establish Sierra Adoption Services in Nevada County.

1994

Leadership transitions to trained social service professionals, ensuring children receive care in their own neighborhoods while staying connected to their communities.

1998

Foster care and community-based family services expand.

2003

Focus shifts to finding families for young people in long-term foster care with complex needs.

2006

Residential care homes close prioritizing family-based care.

2009

Wonder, Inc., a mentoring program for youth impacted by foster care is acquired.

2012

The Family and Youth Partnership program launches, emphasizing voice and choice for families.

2014

National accreditation is earned for meeting the highest standards in administration, management, and services.

2019

Stanford Youth Solutions and Sierra Forever Families merge to form Stanford Sierra Youth & Families, expanding services in Northern California.

# WHO WE ARE



Stanford Sierra Youth & Families provides a continuum of care to empower youth and families to overcome challenges together as well as connects youth in foster care to the permanent, loving families they need and deserve. We support the entire family with professional treatment and compassionate care, so every youth has the opportunity to thrive at home, in school, and in the community.

**Our programs include:**

- Behavioral and Mental Health Services
- Substance Use Prevention and Treatment Services
- Juvenile Justice Intervention
- Foster Care, Adoption, and Pre/Post-Adoption Services
- Mentoring
- Enhanced Care Management

## MISSION

Transforming lives by nurturing permanent connections and empowering families to solve challenges together, so every young person can thrive.

## VISION

We envision our communities with safe, lifelong connections for all young people, built and strengthened through generations of empowered families.

## VALUES

- Compassion
- Excellence
- Integrity
- Equity
- Honor
- Partnership



# EXECUTIVE LEADERSHIP TEAM & BOARD OF DIRECTORS



## CURRENT EXECUTIVE LEADERSHIP TEAM

- Dr. Laura Heintz  
*Chief Executive Officer*
- Jovina Neves  
*Chief Financial Officer*
- Gibrán Méndez  
*Interim Chief Program Officer*
- Christie Shorrock  
*Director of Development*
- Christina Cagle  
*Director of Family and Youth Partnership*
- Christine Stanesco  
*Controller*
- Danielle Paminto  
*Director of Pathways to Permanency*
- Danielle Vanaman  
*Program Director of Family Preservation*
- Deborah Bennett  
*Clinical Director*
- Kimberly Woods-Burch  
*Director of Human Resources*
- Noeli Cardenas Zamora  
*Program Director of Napa Community-Based Family Services*
- Richelle Whiteford  
*Director of Administrative Services*
- Sara Decoursey  
*Program Director of El Dorado Programs, ECM Services, and TBS*
- Terrell Thomas  
*Strategic Initiative Officer*
- Tonya Bauhofer  
*Clinical Director*
- Beatriz Lodia  
*Associate Director of Family and Youth Partnership*
- Brittany Honeyman  
*Executive Assistant*

## FY 2023-2024 BOARD OF DIRECTORS

- Geraldine Jimenez  
*President*
- Doug Aguiar  
*Vice President*
- Will Gabri  
*Treasurer*
- Anthony Ogbeide  
*Secretary*
- Shelley Laurel  
*Past President*
- Chuck Nicholson
- Jaime Mathews
- Leon Clark
- Lupe Grimaldi
- Mark Olander
- Mark Peterson
- Melissa Bass
- Pat Brady



### ALBERTO CATON

In memory of his unwavering commitment to our Board from 2014-2023. His dedication and passion for our mission leaves a lasting impact on the children and families we serve.



# OUR COMMITMENT



# OUR PRINCIPLES IN ACTION



At Stanford Sierra Youth & Families, we are committed to fostering a culture where everyone feels a true sense of belonging. Creating a welcoming, inclusive, and empowered environment is not a standalone initiative; it is woven into the fabric of our agency’s identity and daily work. Through intentional and innovative practices, we are transforming our organization to ensure lasting impact.

At SSYAF, cultivating a culture of belonging, connection, and empowerment is at the core of who we are. By embedding these principles into every aspect of our agency, we are creating lasting change that strengthens our staff, the youth, and the families we serve for generations to come.



## WORKFORCE DEMOGRAPHICS

### Staff to Individuals Served

We work to eliminate disparities that adversely affect marginalized groups by reducing barriers and increasing access to behavioral, mental health, and social services. By comparing the ethnic diversity of our staff to the individuals we serve, we ensure our team reflects the communities we support, fostering trust, and cultural responsiveness in our services.

### STAFF

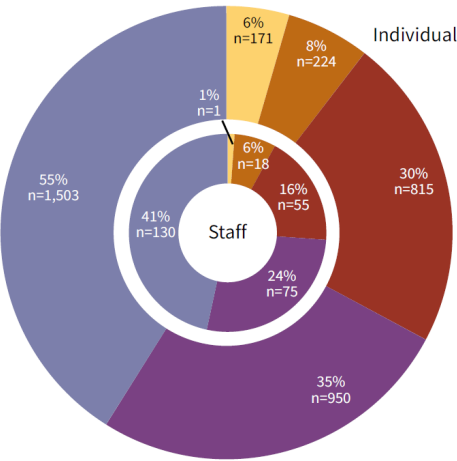
- Indigenous (1%)
- Asian Pacific Islander (6%)
- Black/African American (16%)
- Hispanic/Latino (24%)
- White/European (41%)

\* 6% of staff declined to state/did not know.  
\* 6% of staff chose more than one race/ethnicity.

### INDIVIDUALS

- Indigenous (6%)
- Asian Pacific Islander (8%)
- Black/African American (30%)
- Hispanic/Latino (35%)
- White/European (55%)

\* 2% of individuals declined to state/did not know.  
\* 45% of individuals chose more than one race/ethnicity.



**Empowered Connections:** Central to our efforts is *Empowered Connections*, our agency-wide initiative that reinforces our dedication to bridging gaps, uplifting communities, and driving meaningful change. Through this, we reaffirm our promise to create spaces where every person feels valued, respected, and empowered.



**Innovating Community-Based Care:** We design and deliver services that center the needs of youth and families, increasing access to specialty mental health care. By offering support at flexible times and in locations such as family homes, community spaces, and schools, we ensure accessibility for those we serve.



**Enhancing Language and Communication Access:** Recognizing the diverse linguistic and communication needs of our communities, we provide robust language assistance to ensure everyone can fully engage in the support and services they need.



**Building a Workforce Reflective of Our Communities:** We are committed to cultivating a team that reflects the rich cultures and experiences of the youth and families we serve. Through inclusive recruitment, professional growth opportunities, and leadership development, we create a workforce that understands and responds to the needs of our communities.



**Shared Leadership and Community Partnership:** Belonging and empowerment thrive when people have a voice. SSYAF actively engages youth, families, staff, and community members in shaping our agency’s practices. Through initiatives like Resilient Youth Speak Out and Shared Leadership groups, we elevate lived experiences and strengthen our collective impact.



**Bridging Cultural Gaps Through Peer Partnerships:** We implement culturally responsive solutions by engaging peer partners and cultural brokers with lived experience. These individuals play a crucial role in bridging differences, guiding families through systems of care, and fostering deeper engagement that leads to better outcomes.



**Embedding Inclusion in Policy and Practice:** We are committed to ensuring that our policies and practices support fairness, remove barriers, and create sustainable pathways for belonging and success.



**Using Data to Drive Change and Accountability:** We continuously assess our work to ensure we are meeting the needs of the youth and families we serve, while also supporting our staff and broader community. Our quarterly Agency Impact Report helps us track progress, identify areas for growth, and stay accountable to our mission and values.

# THE ART OF FINDING FAMILY

# FOSTER CARE & ADOPTION



Three years ago, nine-year-old Scotty\* entered foster care after being removed from a dangerous environment. His initial placement with extended family didn't last, and over the next two years, he moved among several homes. None were able to address his trauma, leaving Scotty to feel unwanted and misunderstood. His grades suffered, and he was often depressed.

In 2022, Scotty was referred to Rachael\*, a social worker at Stanford Sierra Youth & Families. Rachael worked closely with him, gaining his trust and connecting him with a trauma therapist. Therapy helped Scotty process his past, begin to heal, and manage his emotions in healthy ways.

As Scotty's resilience grew, Rachael noticed the positive role that art played in his healing. She encouraged him to join an after-school art program, where he developed his talent, made friends, and gained confidence in himself. His grades also improved. For the first time in years, Scotty could imagine a brighter future—one with a family of his own.

Rachael began searching for a forever family for Scotty and found the Robinsons\*, a couple who wanted to adopt. Rachael helped the Robinsons understand childhood trauma and shared about Scotty's past with them. After some initial meetings and a few weekend visits, Scotty and the Robinsons decided to move forward.

This past summer, Scotty's adoption was finalized. Now 12 years old, Scotty loves to draw and paint, has friends, and participates in art events. The Robinsons have converted their spare room into a studio for him. At times he still struggles with depression and his past. But with Stanford Sierra's continued support and the unconditional love of his forever family, Scotty is thriving.

*\*Names have been changed to protect confidentiality.*

## PATHWAYS TO PERMANENCY

All of our foster care and adoption services are focused on permanency—a permanent connection to a safe, stable, and nurturing family for every youth. Our programs utilize family-centered practices and support several paths for youth to obtain lifelong family connections. The first and best option is to reunify the youth with their birth family when possible. At the same time, we work to identify those in the youth's network or a Resource (Foster) Family who is willing to make a lifelong commitment to the youth through adoption, if reunification is not possible.

## DESTINATION FAMILY®

No child is unadoptable. Every youth deserves the love and commitment of a safe and nurturing family, which is the goal of Destination Family® (DF).

DF is a one-of-a-kind youth-focused recruitment program that is designed to achieve legal permanency for youth in foster care who have one or more barriers to adoption. Oftentimes, the youth who most benefit from DF services are those who have experienced multiple placements and losses as a result of the identities they hold (e.g., age, race, ethnicity, gender expression, sexual orientation, sibling connection, etc.) and those with complex needs stemming from their medical, behavioral, cognitive, and/or mental health challenges. The DF team provides family finding, youth-focused recruitment, ongoing family support, and adoption preparation.

## PERMANENCY PROGRAMS STATISTICS:

**152**  
YOUTH PLACED WITH  
STABLE, LOVING  
FAMILIES

**220**  
CONNECTIONS  
DISCOVERED FOR  
YOUTH IN OUR  
DESTINATION  
FAMILY® PROGRAM



# ENHANCED CARE MANAGEMENT



# JUVENILE JUSTICE SERVICES



Enhanced Care Management (ECM) is a new, voluntary benefit designed to connect children and teens with a wide range of essential services. Program navigation services include:

- Medical
- Behavioral
- Dental
- Developmental
- Housing assistance
- Food assistance
- Employment support
- Education support
- Health and wellness
- Social support

ECM coordinates these services to ensure youth get the right care at the right time, making it easier and less stressful for families to navigate the healthcare system. Available to both current and former clients, ECM provides the comprehensive care needed to support the overall well-being of children and teens. Populations served include youth experiencing one or more of these conditions:

- Homelessness
- Serious mental health diagnosis
- Frequent ER usage
- Substance use disorder
- Involvement in county foster care system
- Individuals who are postpartum up to 12 months
- Youth who are transitioning from incarceration

**In its first year of implementation, ECM has already made a difference by serving 21 children and teens, connecting them with the essential services they need to thrive.**

**In partnership with the Sacramento County Probation Department, Stanford Sierra Youth & Families offers:**

### Juvenile Justice Intervention Services

The Juvenile Justice Intervention Services (JJIS) program is designed to assess the unique treatment needs of each youth and provide tailored interventions, including counseling, skill-building, peer and family support services, case management, and referrals to community-based resources. Services are primarily delivered within the community—in the home, school, and other familiar environments—to address the individual needs of youth and their families. In collaboration with probation officers, SSYAF’s JJIS team ensures that youth and families have access to the support necessary for success. The program’s goals are to build on each youth’s strengths, enhance resilience, strengthen positive family and peer connections, promote prosocial behaviors, and improve overall mental health and well-being.

### Juvenile Justice Prevention Services—Functional Family Therapy (FFT) & Wraparound

As part of the Family First Prevention Services Act, SSYAF’s Juvenile Justice Prevention Services (JJPS) program provides Functional Family Therapy (FFT) and Wraparound services. These programs offer individualized, flexible wellness support to youth involved in the juvenile justice system, with a focus on reducing recidivism, promoting accountability, and strengthening family dynamics. Tailored interventions foster positive behaviors, reinforce family relationships, and support the youth’s successful reintegration into their communities.

### JUVENILE JUSTICE SERVICES PROGRAM STATISTICS:

**212**  
YOUTH SERVED IN  
FISCAL YEAR 2023-2024

**98%**  
OF INDIVIDUALS MADE  
PROGRESS TOWARDS  
THEIR TREATMENT  
GOALS

**88%**  
OF INDIVIDUALS  
DECREASED OVERALL  
NEEDS IN MENTAL  
HEALTH AND RISK  
BEHAVIORS



# MENTAL HEALTH PROGRAMS



# SUBSTANCE USE PREVENTION & TREATMENT



## COMMUNITY-BASED FAMILY SERVICES, FAMILY PRESERVATION, AND FLEXIBLE INTEGRATED TREATMENT

These community-based outpatient mental health treatment programs provide culturally-responsive services and support to children and youth (ages 0-20) using a strengths-based, family-driven team approach. Unique to these programs is the ability to vary the type, location, frequency, duration, and intensity of services in accordance with youth and family needs and choice. Behavioral and mental health services (including individual, family, and group therapy, and a 24-hour crisis response) can be provided in the office, home, school, or a community-based setting. Program outcomes include decreasing psychiatric hospitalizations and contacts with law enforcement while strengthening family connections; improving mental and behavioral health functioning; increasing safety, wellness, and resiliency; resolving or preventing the imminent risk of homelessness; and providing timely linkage and coordination with services that will positively impact the youth's overall health and well-being.

## SCHOOL-BASED SERVICES

Our school services, available statewide, provide therapeutic interventions to students both in-person and in virtual environments. We provide individual and group services and consult with teaching staff on managing difficult behaviors in the classroom setting.

## THERAPEUTIC BEHAVIORAL SERVICES

We provide effective, targeted behavioral interventions for youth with intense behaviors that are putting them at risk of losing their current placement or being hospitalized. The behavior analysts identify triggers, teach the youth coping strategies, and support the caregiver to manage the behaviors so that the youth is able to remain in their home setting.

## WRAPAROUND

This program wraps youth and families with comprehensive care to help keep youth safe and at home, in school, and out of trouble. Young people and their families gain the support and guidance to help them remain at home or transition safely to a permanent family. The program combines a family-centered, strengths-based, needs-driven, team-driven approach with individualized and wellness-focused interventions. Our approach is comprehensive and outcomes-driven—a sometimes unconventional response to complex family needs to ensure the best outcomes for youth. The goal is for youth to become stable and live in a healthy family setting.

## RESILIENT YOUTH SAFE & EMPOWERED

Stanford Sierra Youth & Families' Resilient Youth Safe & Empowered (RYSE) Above program offers treatment and support services for young people ages 12 to 20 who are experiencing substance use and mental health challenges. The program offers outpatient and intensive outpatient treatment, along with recovery support services, to help youth understand the impact of substances, make informed choices, and develop tools to improve their overall health and well-being. Services are available to those living in Sacramento County who meet the program's eligibility requirements.

The RYSE Above program focuses on building on the strengths and successes of each youth, helping them reduce substance use, and improving their connections with family and support networks. The goal is to reduce interactions with emergency rooms, law enforcement, child welfare, and the juvenile justice system while boosting resilience and overall well-being.

### MENTAL HEALTH PROGRAMS STATISTICS:

83%

OF INDIVIDUALS  
DECREASED RISK  
BEHAVIORS

93%

OF INDIVIDUALS  
MADE PROGRESS  
TOWARDS THEIR  
TREATMENT  
GOALS



### RYSE ABOVE PROGRAM STATISTICS:

199

YOUTH  
STRUGGLING WITH  
SUBSTANCE USE  
DISORDERS AND  
CO-OCCURRING  
MENTAL HEALTH  
NEEDS WERE  
SERVED

469

YOUTH AND  
COMMUNITY  
MEMBERS  
ATTENDED PUBLIC  
GROUP SESSIONS  
WE HOSTED ON  
HARM REDUCTION,  
BOUNDARIES, AND  
TRAUMA COPING



# WONDER MENTORING PROGRAM



## SUCCESS STORY

# HOW MENTORSHIP CHANGED HARPER'S STORY



The Wonder Mentoring Program matches youth impacted by foster care with volunteer mentors who are trained to listen, support, and guide. Mentors lead their mentees through a journey of self-discovery and help youth become future-oriented.

Mentors lead each youth through fun, age-appropriate experiences in music, the arts, sports, volunteer service, dining out, and nature. A Wonder mentor may be the most consistent adult in the life of a youth impacted by foster care.

## WONDER'S IMPACT

Travis has been matched with his mentor since he was 10 years old. He shares how his mentor has been a constant source of support, helping him build on his strengths and, most importantly, making him feel truly seen and heard.

“***My mentor has always been there for me. She's brought more meaning to my life and it helps to have someone that really cares about me and wants the best for me.***”

-Travis, 16 years old

### WONDER PROGRAM STATISTICS:

87

YOUTH AND MENTORS WERE MATCHED IN OUR WONDER MENTORING PROGRAM

63

INDIVIDUALS PARTICIPATED IN OUR ANNUAL CAMPING TRIP

Fourteen-year-old Harper\* grew up in foster care, moving frequently and struggling to feel settled. Books became her escape, sparking her curiosity about the world.

Three years ago, Harper was matched with her Wonder mentor, Naomi\*. They spent time at the library and at bookstores. They read together at coffee shops and tried local restaurants. Harper liked discussing with Naomi the ideas she'd read about, exploring conflict between characters and wondering about alternate endings. But it was more than that. The time they spent together was a chance for Harper to be acknowledged, heard, and valued.

One evening, Harper shared her frustrations with Naomi. She'd moved to a new school and was having trouble fitting in. She often spent lunch by herself in the library. The cafeteria could be overwhelming. Everyone seemed to know everyone else already. Naomi listened without judgement. And then she asked Harper to imagine herself as a character in a story. Where would Harper like the story go?

The next week in the library for lunch hour, Harper approached a table where two other students sat. She set her book down and asked if they'd read it. The conversation was awkward at first, punctuated by long silences. Like Harper, these two students were used to being alone at lunch and not interacting. But slowly they started talking.

Now the three girls eat together in the cafeteria nearly every day. They still talk about books, but they also talk about other things: music, grades, relationships. Recently, Harper reached another milestone—she and her foster family are exploring adoption. With growing stability at home, school, and through her Wonder mentor, Harper's life is filled with connection and possibility.

\*Names have been changed to protect confidentiality.

# FAMILY ADVOCACY AND SUPPORT



# CELEBRATING THE IMPACT WE MAKE TOGETHER



## FAMILY AND YOUTH PARTNERSHIP

### FAMILY PARTNERS AND YOUTH ADVOCATES

Family partners and youth advocates are staff members who have personal experience in the child welfare, mental health, or juvenile justice systems as someone with lived experience and/or as a parent/caregiver. Family partners and youth advocates enhance treatment teams by ensuring services are provided through a lens that is strengths-based, outcome-driven, team-based, persistent, individualized, culturally competent, collaborative, community-based, inclusive of natural supports, and upholds family voice and choice.

The goal of Family and Youth Partnership is to create bridges between families receiving support and the treatment teams providing assistance. By fostering trust, understanding, and mutual respect, they ensure that services are tailored to meet the unique needs of families while empowering them to play an active role in their care journey.

### EMPOWERMENT TRAINING CENTER

The Empowerment Training Center provides support, coaching, technical assistance, and professional development opportunities to peer partners (i.e., individuals with lived experience) working in the child welfare, behavioral health, or juvenile justice systems. The Empowerment Training Center is open to the community and provides a wide range of peer support and training opportunities that assist agencies and peers in preparation to contribute to strengthening the systems of care for all youth and families. Training program components include wellness and resiliency principles, instill hope, encourage self-leadership techniques, and are culturally responsive. The center also utilizes the overarching principles of family-centered practices and trauma-informed care.

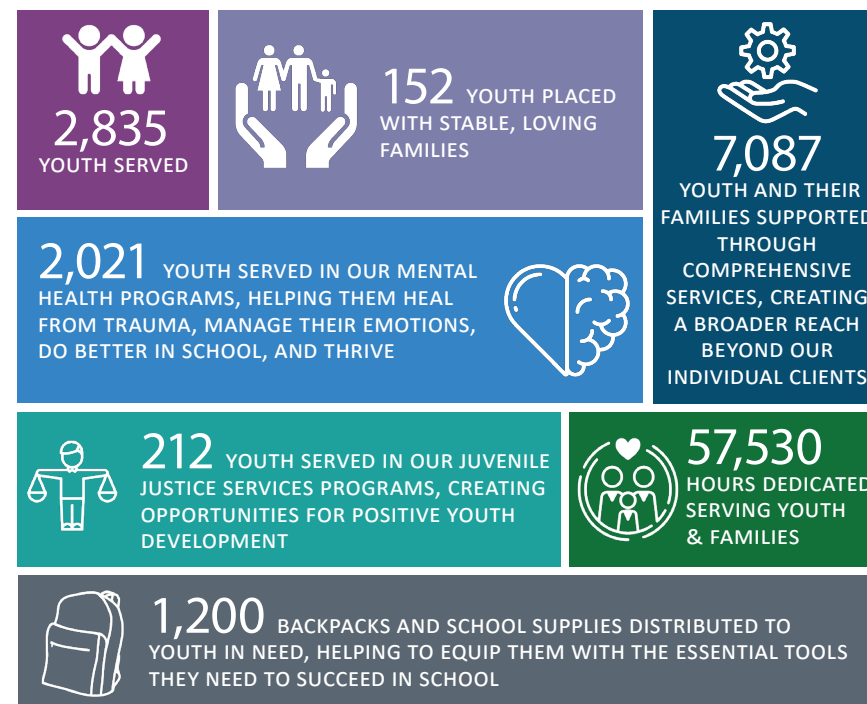
### RESILIENT YOUTH SPEAK OUT (RYSO)

RYSO seeks to increase exposure to positive social, relational, educational, and career routes among middle and high school youth, as well as teach important leadership skills and build resilience. This is achieved through innovative activities, compelling speakers, field trips, and a comprehensive youth leadership curriculum.

### FAMILY AND YOUTH PARTNERSHIP PROGRAM STATISTIC:

**95%**  
OF INDIVIDUALS  
REPORTED FEELING  
CONFIDENT IN  
HAVING SUPPORT  
DURING A CRISIS  
AT THE TIME OF  
DISCHARGE

Thank you for your support during fiscal year 2023-2024.  
Your investment in our work helped achieve the following:



Stanford Sierra Youth & Families extends a heartfelt thank you to our national, state, county, and local supporters for their dedicated partnership in serving young people and families. These collaborative partners help us provide a strong network of care that empowers youth and families to overcome challenges together as well as connects youth in foster care to the permanent loving families they need and deserve. For more information about our programs and partnerships, visit us at [SSYAF.ORG](https://ssyaf.org).





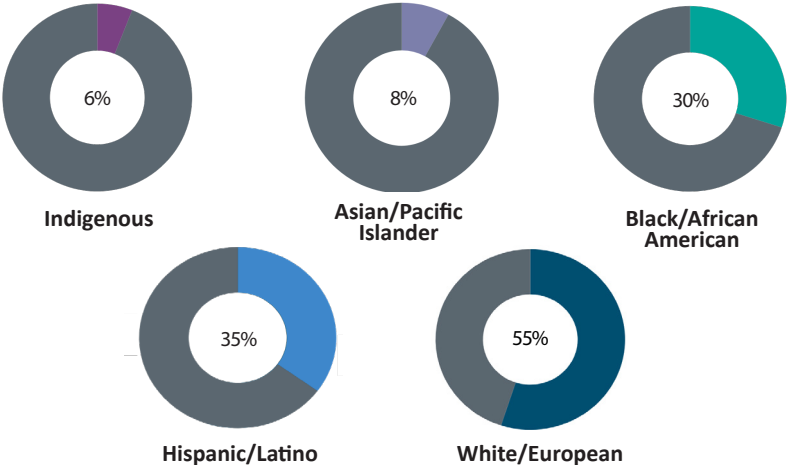
# WHO WE SERVE



# FINANCIAL HIGHLIGHTS

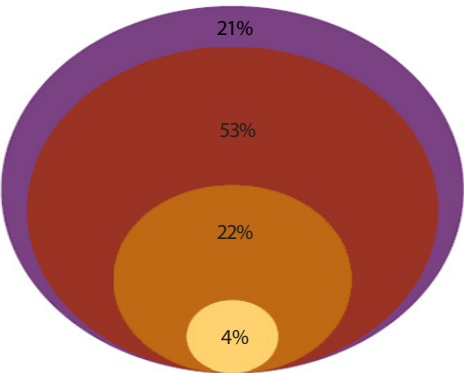


## RACE/ETHNICITY



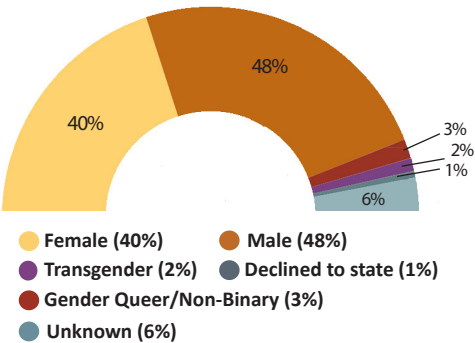
\* 2% of individuals declined to state/did not know.  
\* 45% of individuals chose more than one race/ethnicity.  
\* Percentages will not add up to 100% as this includes individuals who have identified as being more than one race.

## AGE OF INDIVIDUALS

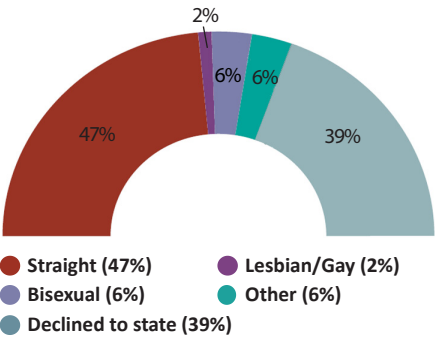


0-5 years (4%) 6-11 years (22%) 12-17 years (53%) 18+ years (21%)

## GENDER IDENTITY



## SEXUAL ORIENTATION



## OVERVIEW OF FINANCIAL POSITION

Stanford Sierra Youth & Families is dedicated to creating real, measurable, and lasting change. While we receive federal, state, and county funding, we are not satisfied with doing just enough or covering only what is reimbursed—we go above and beyond to ensure every child we serve has the opportunity for a healthy, productive, and self-sufficient life.

This year, we experienced a revenue surplus due to strong performance in our investment accounts. These funds are strategically earmarked for reinvestment in our programs, reinforcing our long-term sustainability and driving continued innovation in the services we provide. Donations and community support are essential in helping us exceed standard funding limitations, allowing us to expand and enhance programs that directly transform the lives of children, youth, and families.

### REVENUE

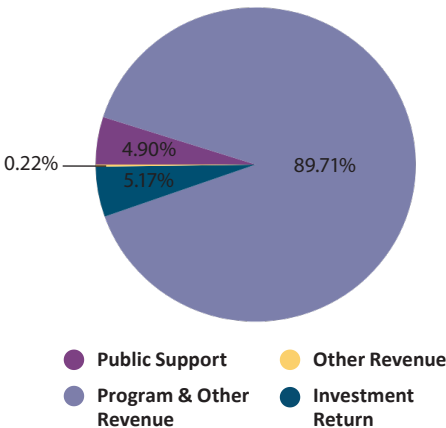
Public Support	\$1,381,012	4.90%
Program & Other Revenue	\$25,298,812	89.71%
Investment Return	\$1,458,016	5.17%
Other Revenue	\$63,151	0.22%
<b>Total Revenue</b>	<b>\$28,200,991</b>	<b>100%</b>
Program Services	\$21,293,128	79.00%
Support Services	\$5,822,563	21.00%
<b>Total Expenses</b>	<b>\$27,115,691</b>	<b>100%</b>

**Net Income** **\$1,085,300**

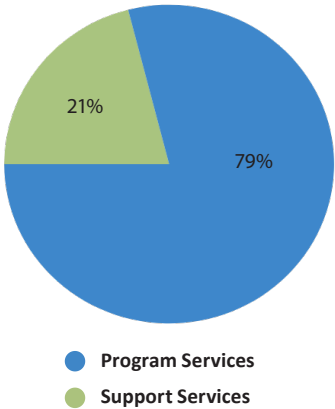
### STATEMENT OF FINANCIAL POSITION

Total Assets	\$25,071,421
Total Liabilities	\$4,648,471
<b>Total Fund Balance</b>	<b>\$20,422,950</b>

## REVENUE



## EXPENSES



# SERVICE AREA



# UPCOMING EVENTS



## SERVING NORTHERN CALIFORNIA COUNTIES

Stanford Sierra Youth & Families is proud to serve youth and families from multiple counties throughout California. Our team makes a difference in these communities by providing the highest quality of comprehensive services and a continuum of care to empower youth and families to overcome challenges together.

### Office Locations:

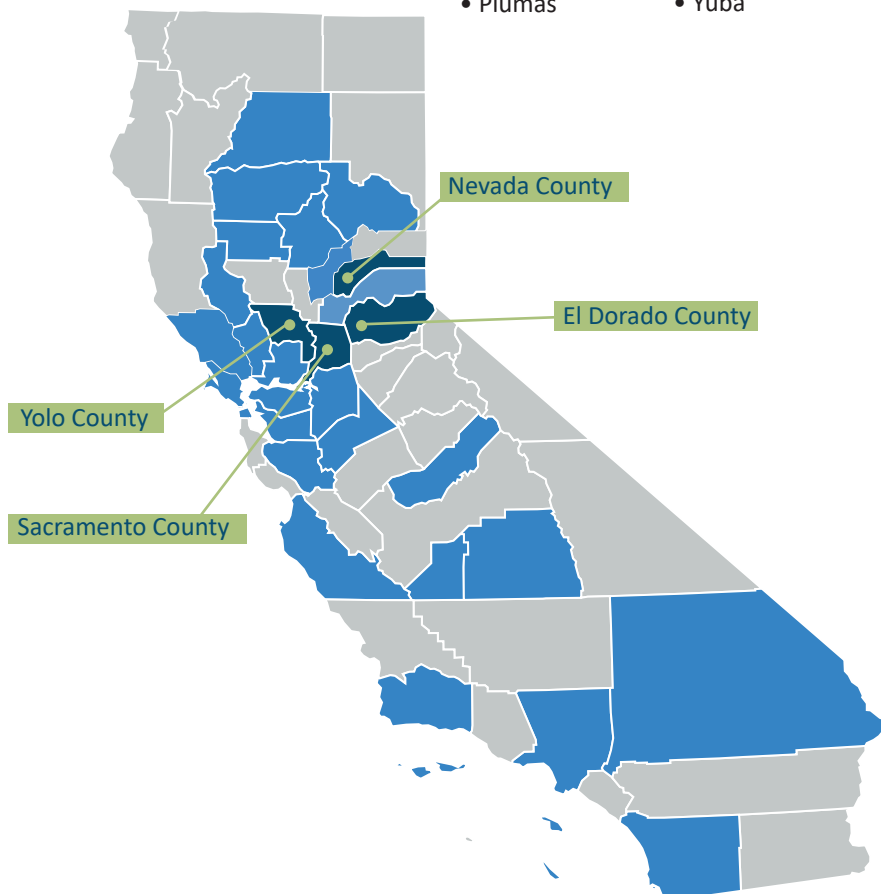
- Sacramento County
- El Dorado County
- Nevada County
- Yolo County

### Virtual/Co-Location Offices:

- Solano County
- Napa County

### In addition to our office locations, we serve youth and families referred from these additional counties:

- |                |                  |
|----------------|------------------|
| • Alameda      | • San Bernardino |
| • Butte        | • San Diego      |
| • Contra Costa | • San Francisco  |
| • Glenn        | • San Joaquin    |
| • Kings        | • Santa Barbara  |
| • Lake         | • Santa Clara    |
| • Los Angeles  | • Shasta         |
| • Madera       | • Sonoma         |
| • Marin        | • Stanislaus     |
| • Monterey     | • Tehama         |
| • Placer       | • Tulare         |
| • Plumas       | • Yuba           |



## BIG DAY OF GIVING

Thursday, May 1, 2025

- Mark your calendar and support Stanford Sierra Youth & Families during our region's 24-hour online giving challenge on Thursday, May 1, 2025! Help us raise essential funds to support the programs that empower youth & families in our community.

Visit [bigdayofgiving.org/ssyf](https://bigdayofgiving.org/ssyf) for more information and preschedule your gift starting Thursday, April 17th.

## 125 YEARS IN THE MAKING: MURAL UNVEILING & CELEBRATION

Thursday, October 23, 2025 | 4:30 - 6:30 PM  
8912 Volunteer Lane, Sacramento, CA 95826

- Join us for a special evening as we unveil our new historical mural timeline and celebrate 125 years of strengthening youth and families! Enjoy cocktails, hors d'oeuvres, music, inspiring speakers, and a showcase of historical photos that honor our legacy and bright future. Don't miss this unforgettable celebration of our past, present, and future.

To RSVP, email Karla Zaragoza at [kzaragoza@ssyf.org](mailto:kzaragoza@ssyf.org).



# STATEWIDE AND NATIONAL HIGHLIGHTS

As we celebrate 125 years of dedication and service, we remain at the forefront of innovation in child welfare and behavioral health. Our deep-rooted commitment to trauma-informed, community-based care continues to drive positive outcomes for youth and families, breaking barriers and creating lasting change.

As we reflect on this remarkable milestone, we are proud to highlight our key accomplishments from fiscal year 2023-2024:

**AOD Certification: A Major Step in Empowering Youth Recovery**  
SSYAF received **Alcohol and Other Drug (AOD) Certification** from the California Department of Health Care Services (DHCS) for our **RYSE Above (substance use prevention and treatment) program**. This was a vital step in our mission to provide equitable, high-quality recovery support. This certification reinforces our holistic approach to behavioral health, empowering youth and families to overcome substance use challenges and rebuild their lives through dignity, compassion, and respect. This achievement strengthens our capacity to deliver life-changing services and solidifies SSYAF as a trusted leader in peer recovery support.

**Revolutionizing Care with ECM Program Launch**  
We proudly launched our **Enhanced Care Management (ECM) program**, designed to meet the complex needs of youth and families through comprehensive, person-centered care. This innovative program addresses Social Drivers of Health (SDOH) by connecting families to critical healthcare, behavioral health services, and community resources—removing barriers and improving long-term well-being. The ECM launch underscores our commitment to equity and ensures that families receive the right care, at the right time, and in the right place.

**Driving Our Impact with Major Grant Support**  
We are honored to be recognized by key partners for our transformative work in child welfare and behavioral health. During fiscal year 2023-2024, we received major grants from the Dave Thomas Foundation for Adoption, Kelly Foundation, L.L. Foundation for Youth, Sutter Health, and the Thomas P. Raley Foundation. These substantial investments allowed us to expand our impact, enhance our programs, and provide trauma-informed, compassionate care to more youth and families across the region. We are deeply grateful for the trust and support of these incredible partners. Together, we are building stronger communities and creating brighter futures for those we serve.

We remain steadfast in our commitment to transforming systems, strengthening families, and leading innovative care solutions. The future is brighter because of the unwavering dedication of our staff, partners, and supporters. Together, we are building a legacy of hope and possibility for the next 125 years.

# MAKE A DIFFERENCE IN THE LIVES OF CHILDREN



- ▶ CHANGE A LIFE: FOSTER OR ADOPT**  
*We invite you to open your heart and home to a youth in foster care.*
- ▶ MENTOR**  
*Become a Wonder Mentor who can open up a world of wonder for a youth impacted by foster care.*
- ▶ DONATE**  
*Make a gift today to ensure all children have the unconditional commitment of a family.*
- ▶ CHOOSE US AS YOUR EVENT BENEFICIARY**  
*Naming SSYAF as your event beneficiary is a simple way to generate valuable resources for youth in foster care.*
- ▶ LEAVE A LEGACY**  
*Include Stanford Sierra Youth & Families in your estate planning today to change the life of a child tomorrow.*
- ▶ SHARE**  
*Share our work with friends, family, and partners.*

Visit our website at **SSYAF.ORG** for more information on how you can help transform the lives of local children and their families.



8912 Volunteer Lane  
Sacramento, CA 95826  
SSYAF.ORG

#### **OUR MISSION**

Transforming lives by nurturing permanent connections and empowering families to solve challenges together, so every young person can thrive.