



AGENCY EVALUATION REPORT 2022-2023

A LETTER FROM THE EXECUTIVE TEAM

The 22/23 Fiscal Year offered our agency an introspective look at how we support youth and families in making transformational change. Through intentional data collection, performance metrics analysis, and a commitment to continuous quality improvement, the agency re-evaluated and implemented new practices to enhance service delivery.

Central to our accomplishments is the exceptional commitment and caliber of our staff, whose dedication has forged strong partnerships in their work with youth and families. In the delivery of our services, we remain committed to our mission of transforming lives by nurturing permanent connections and empowering families to solve challenges together, so every child can thrive.

Every year, we ask ourselves the following introspective questions to inform our progress:

- Are young people better when they complete their program?
- Did they get what they expected and needed?
- Did we follow the model and meet the program goals?

Our Evaluations Team has enthusiastically documented the data which represents youth and family voices, their work, and their achievements. Through our agency values of compassion, equity, excellence, honor, integrity, and partnership, we continue to highlight and celebrate the work of the youth and families served.

Executive Leadership Team

DR. LAURA HEINTZ

Chief Executive Officer

JOVINA NEVES

Chief Financial Officer

APRIL LUDWIG
Chief Compliance Officer

EBONY CHAMBERS MCCLINTON

Chief Equity & Partnership Officer

ONTSON PLACIDE
Chief Program Officer

BRITTANY HONEYMAN

Executive Assistant

CHRISTINA CAGLE
Director of Family &

Director of Family & Youth Partnership

Program Director

DEBORAH BENNETTClinical Director

JACQUENETTE MICHAEL Program Director

RICHELLE WHITEFORD
Director of Administrative
Services

TERRELL THOMAS
Strategic Initiative Officer

CHRISTIE SHORROCK
Director of Development

CHRISTINE STANESCU
Controller

DANIIELLE PIMENTOProgram Director

GIBRÁN MÉNDEZ
Director of Quality
Improvement

KIMBERLY WOODS-BURCH
Director of Human
Resources

SARA DECOURSEY
Program Director

THOMISHA WALLACE Youth Advocate Manager

TONYA BAUHOFERClinical Director



Who We Are

Our Mission

Transforming lives by nurturing permanent connections and empowering families to solve challenges together, so every child can thrive.

Our Vision

We envision our communities with safe, lifelong connections for all young people, built and strengthened through generations of empowered families.

Our Values













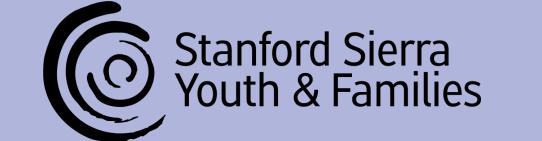
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OUR WORK: HIGHLIGHTS

44,448

service hours spent with youth & families



of individuals 95% decreased substance use*

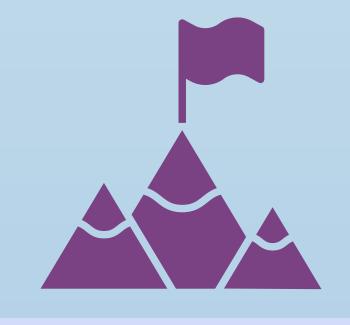


*Mental Health and RYSE Above Programs

92% of individuals reduced risk of engaging in self-harm behaviors



85% made positive progress in achieving treatment goals





OUR WORK: HIGHLIGHTS

2 Adoptions



Reunifications



Guardianships



1 5 Kinship/Non-related Extended Family Member



6,093

youth and their families were supported through comprehensive services, creating a broader reach beyond our individual clients

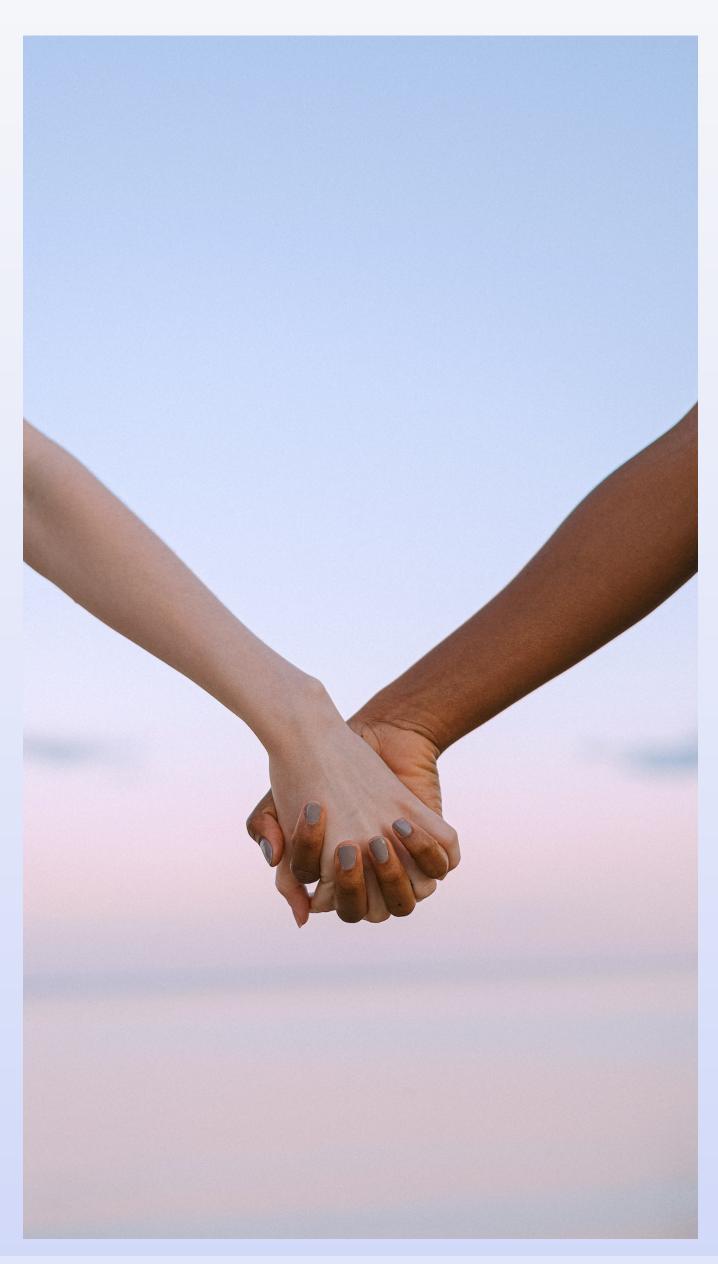
2,437

individuals were served in FY 2022/2023





OUR WORK: DIVERSITY, EQUITY, AND INCLUSION



DEI activities implemented in the 22/23 FY:

- Held monthly 90-minute meetings with the agency's Executive Leadership Team to explore principles of equity grounded leadership and to conduct a routine review of agency culture, policies and practices to advance racial equity.
- Developed a Pronoun Resource Guide to support the use of pronouns in the workplace.
- Updated agency-wide Cultural Competency/Responsivity training that is provided to all agency program and department staff.
- Provided stipends and support to staff throughout programs and departments to bridge cultural differences and help youth and families effectively navigate care systems and positively engage in service delivery.
- Strengthened protocols for managers supporting staff who experience rejection or discrimination in the community based on race, gender, gender expression or perceived gender identity.
- Facilitated quarterly cultural competency activities to promote an awareness of the perspectives and experiences of the diverse populations.
- Produced a quarterly health equity analytics report to identifying disparities in workforce diversity and program impact outcomes.



OUR WORK: OVERALL WELL-BEING

Stanford Sierra Youth & Families uses the CANS (Child Adolescence)

Needs & Strengths) Assessment as a tool to gauge the overall wellbeing of youth participating in a variety of our programs. Through these assessments, we can see how a child has improved or maintained positive behaviors and functioning upon completion of services. The graphic below highlights areas where our youth stood out in their well-being at discharge. were safely able improved behaviors related to manage suicide risk to their **conduct factors** decreased substance use reduced risk of showed engaging in selfimprovement harm behaviors with **school** <u>attendance</u>



OUR WORK: FAMILY CONNECTIONS





OUR WORK: FAMILY & YOUTH EMPOWERMENT



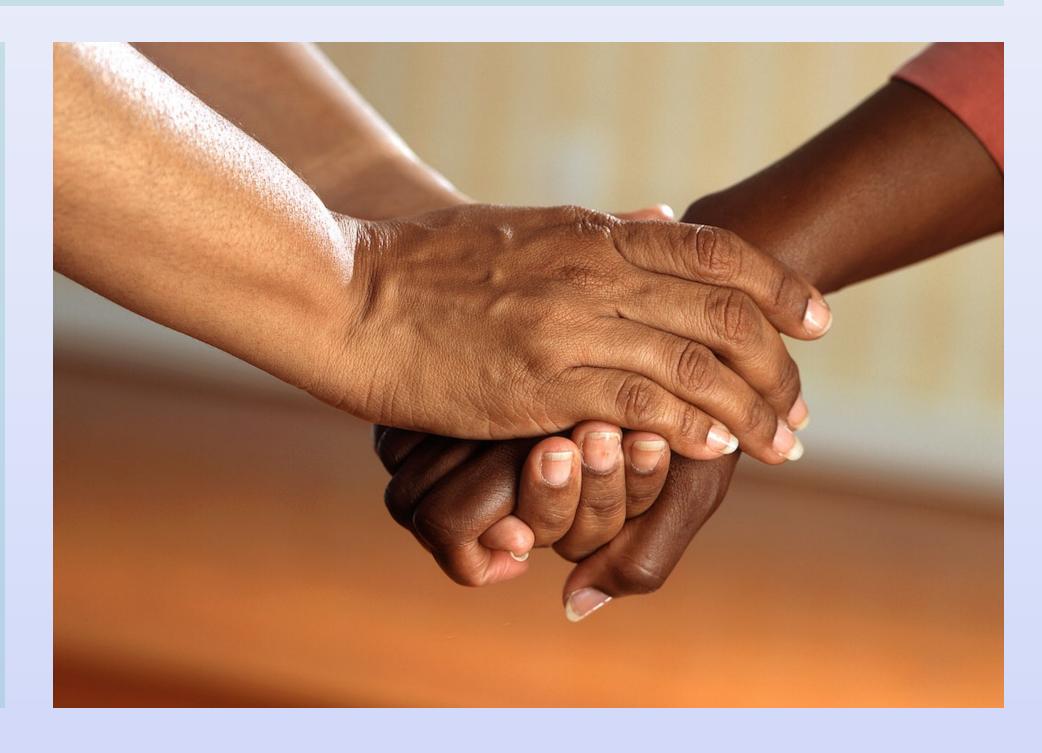


AGENCY IMPACT EXPANSION

Empowerment Training Center

Program Goal: provide training and support to individuals with lived experience who are on a path of recovery and are willing and able to assist others who are in earlier stages of the recovery process. These individuals' viewpoints and experiences are included in the training, education, and support.





Types of Training and Supports Covered:

- Advocacy as a Peer Specialist
- After treatment care
- Alternatives to 911
- Budgeting
- Community Resource Training: Housing Vouchers
- Crisis Intervention for Families
- Cultural Competency
- Dealing with triggers ways to manage crisis
- Implicit Bias and Its Impact
- Motivational Interviewing
- Navigating housing resources/ preparing and planning
- Nurtured Heart Training
- Parent University: IEPs & Advocating for Youth for Spanish-Speaking Families
- Peer Pipeline: How to Tell Your Story
- Peer Pipeline: Intro to Peer-to-Peer Services
- Resume Building & Interview Etiquette
- Self-care
- Suicide Awareness From a Lived Experience Lens
- Understanding Peer Support Roles and Recovery-Oriented Services
- Working with Foster youth, Unhoused, Undocumented communities, and those living with mental illness.
- Vicarious Trauma as a Peer Specialist



AGENCY IMPACT EXPANSION

School Based Services

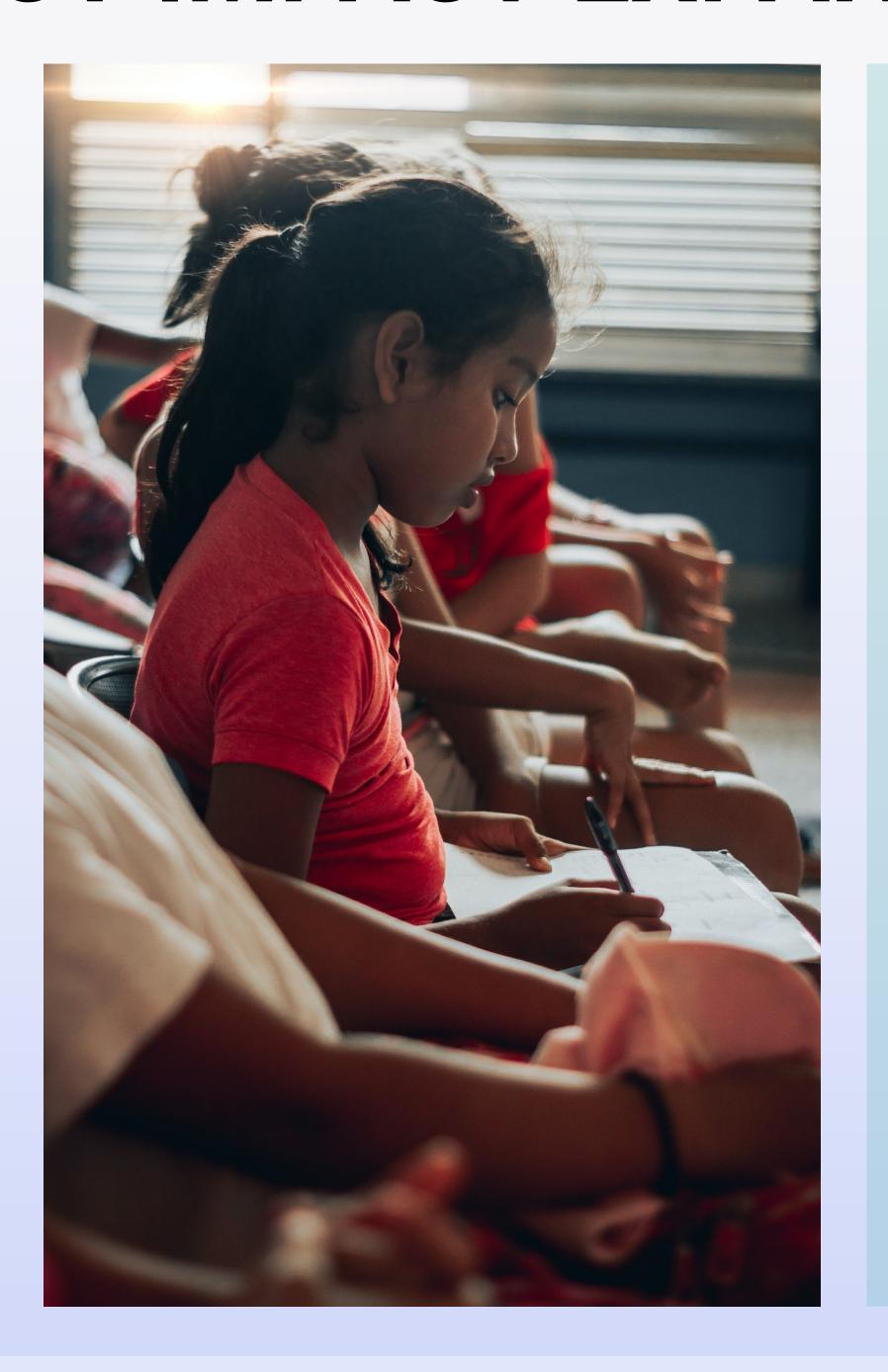
Program Goal: Provides mental and behavioral health services to student's in-person or via telehealth to manage functional impairments impacting the youth's educational attainment.

SBS California Connection: Total Clients Served: 99

SBS Sequoia Grove: Total Clients Served: 4

SBS Wellness Partnership: Total Clients Served: 37







Wraparound-Community

Program Goal: The goal of the program is to achieve stable permanency for the youth, and a positive environment for all family members.

Wraparound-Community Adoption Assistance Program Total Clients Served: 1

Wraparound-Community MediCal Total Clients Served: 1



AGENCY IMPACT EXPANSION

Kinship Navigator

Program Goal: To assist kinship caregivers with understanding, navigating, and accessing the system of out-of-home care supports and services for children.

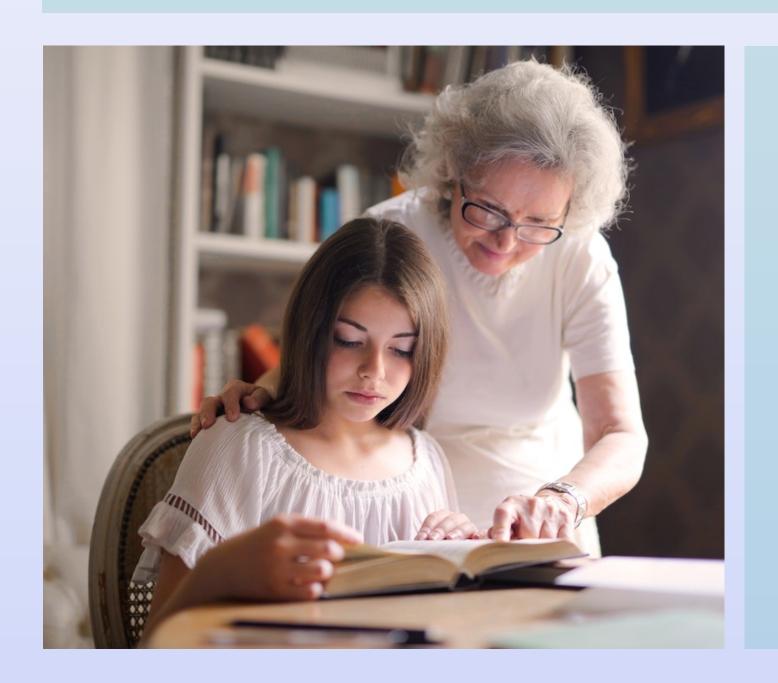
Total Clients Served: 12



Intensive Community-Based Family Services - Placer

Program Goal: The goal of the program is to provide intensive mental health and Wraparound services to achieve stable permanency for the youth, and a positive environment for all family members.

Total Clients Served: 1

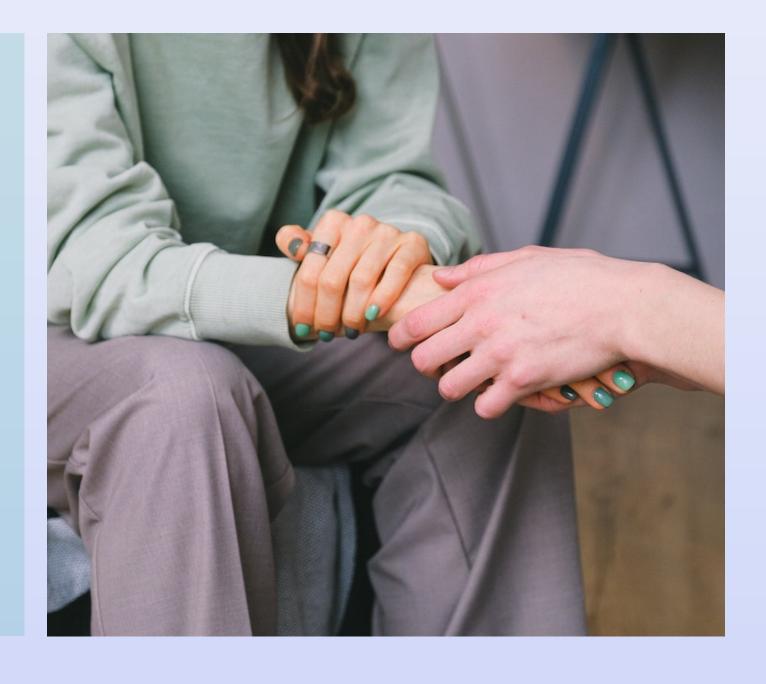


RYSE Above

Program Goal: Provides prevention and early intervention outpatient, intensive outpatient, and aftercare services for youth with substance use disorders and co-occurring mental health service needs.

Total Clients Served in Intensive Outpatient: 2

Total Clients Served in Outpatient: 70









In addition to our program location counties, we served individuals referred from these additional counties:

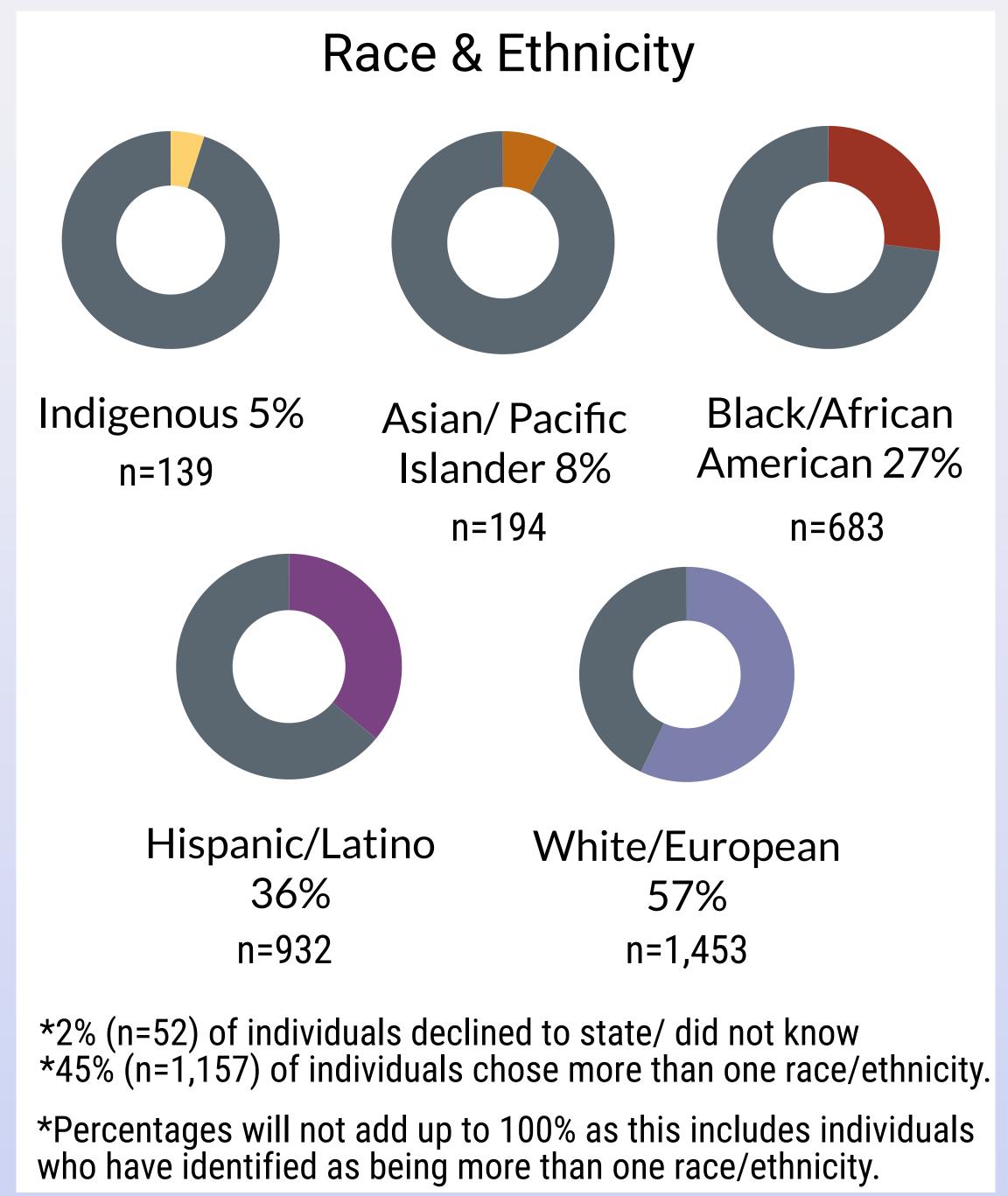
- Alameda
- Butte
- Contra Costa
- Glenn
- Humboldt
- Los Angeles
- Mendocino
- Monterey
- Riverside

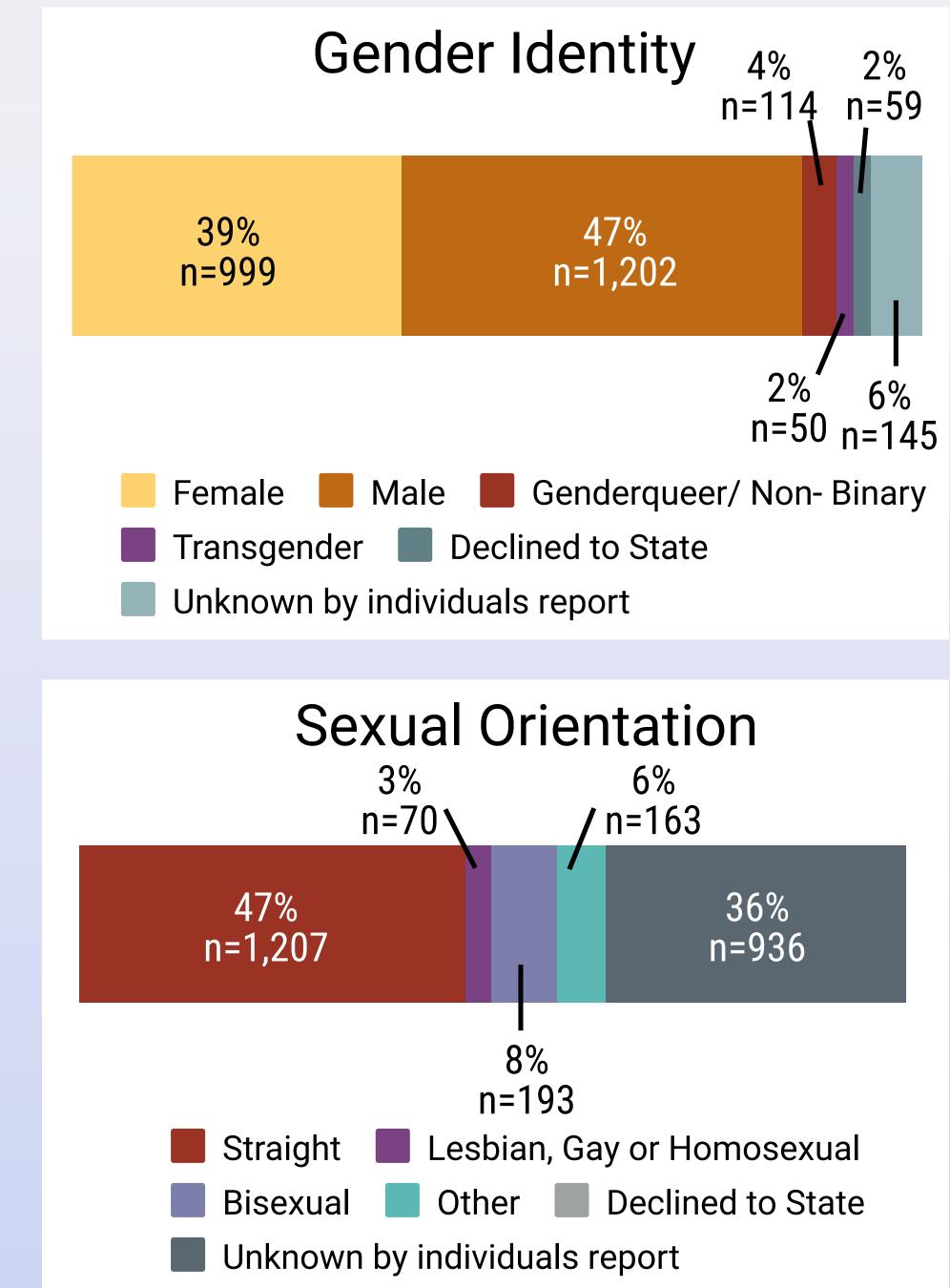
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- San Francisco
- San Joaquin

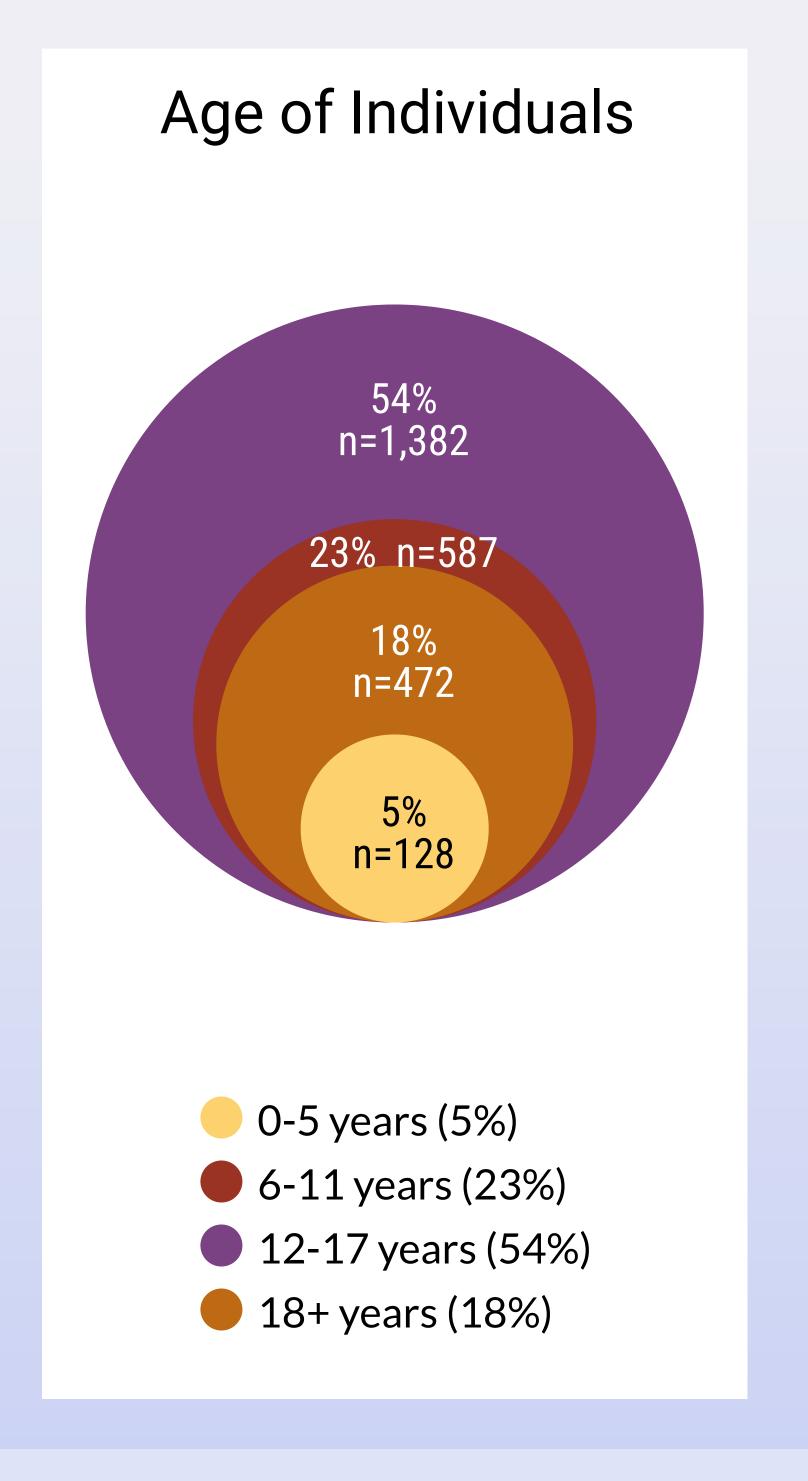
- Santa Clara
- Shasta
- Sierra
- Siskiyou
- Solano
- Sonoma
- Stanislaus
- Tehama
- Tulare
- Tuolumne
- Yuba







AGENCY EVALUATION REPORT 2022-2023

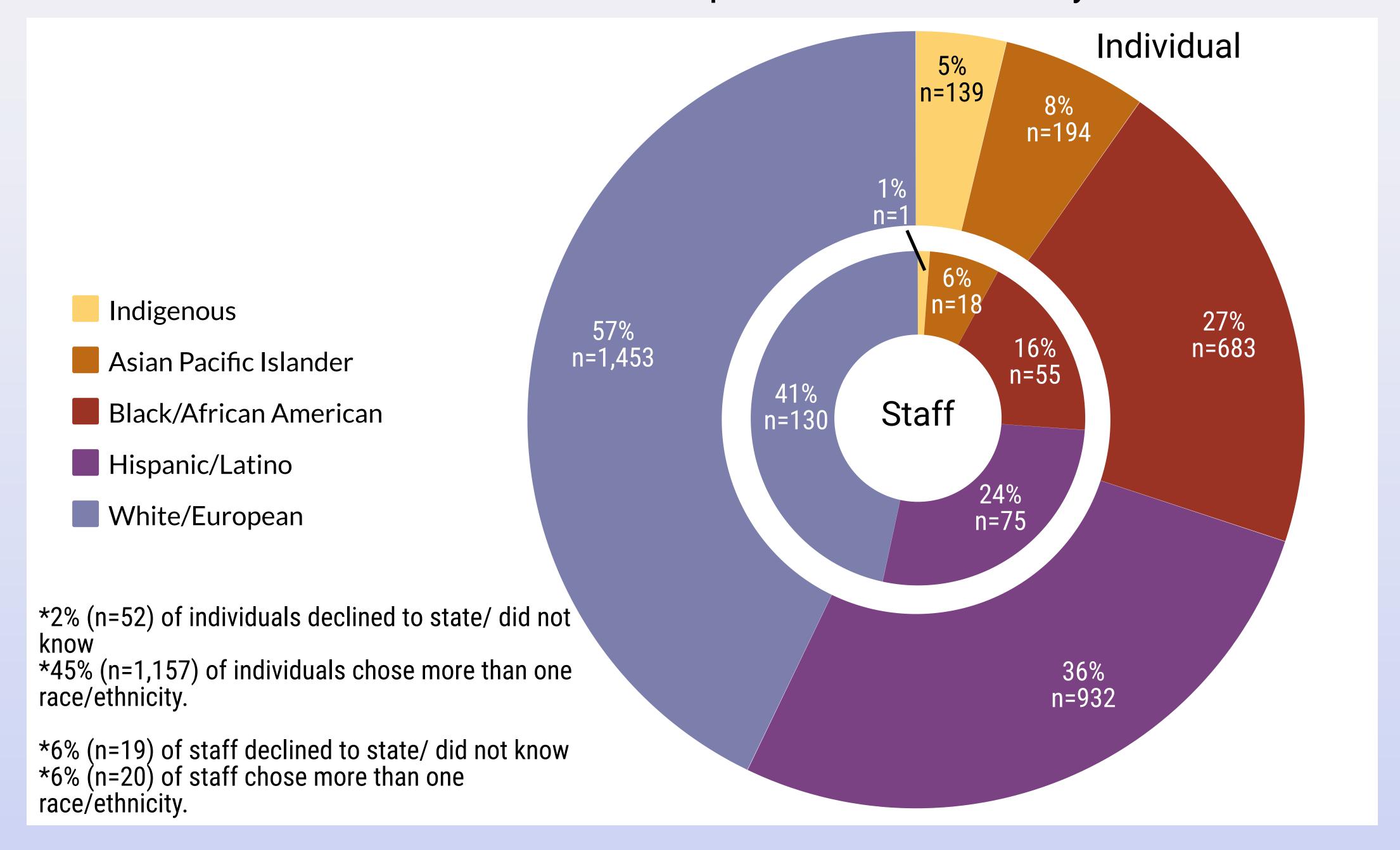




Staff to Individual Comparison: Race/Ethnicity

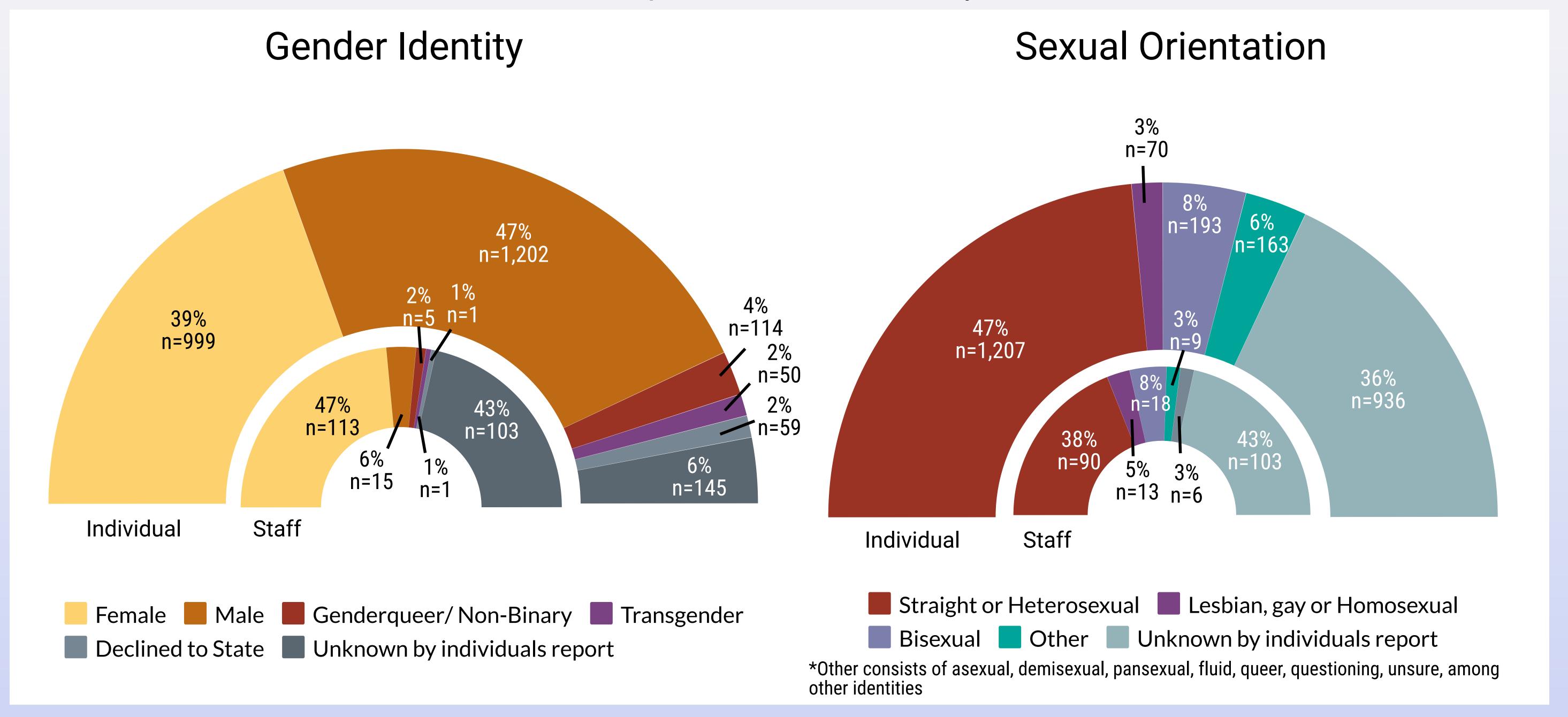
Equity

We strive to be fair and impartial by providing access and opportunities to be as healthy as possible. We work to eliminate disparities that adversely affect marginalized groups by reducing barriers and increasing access to behavioral/mental and social services.



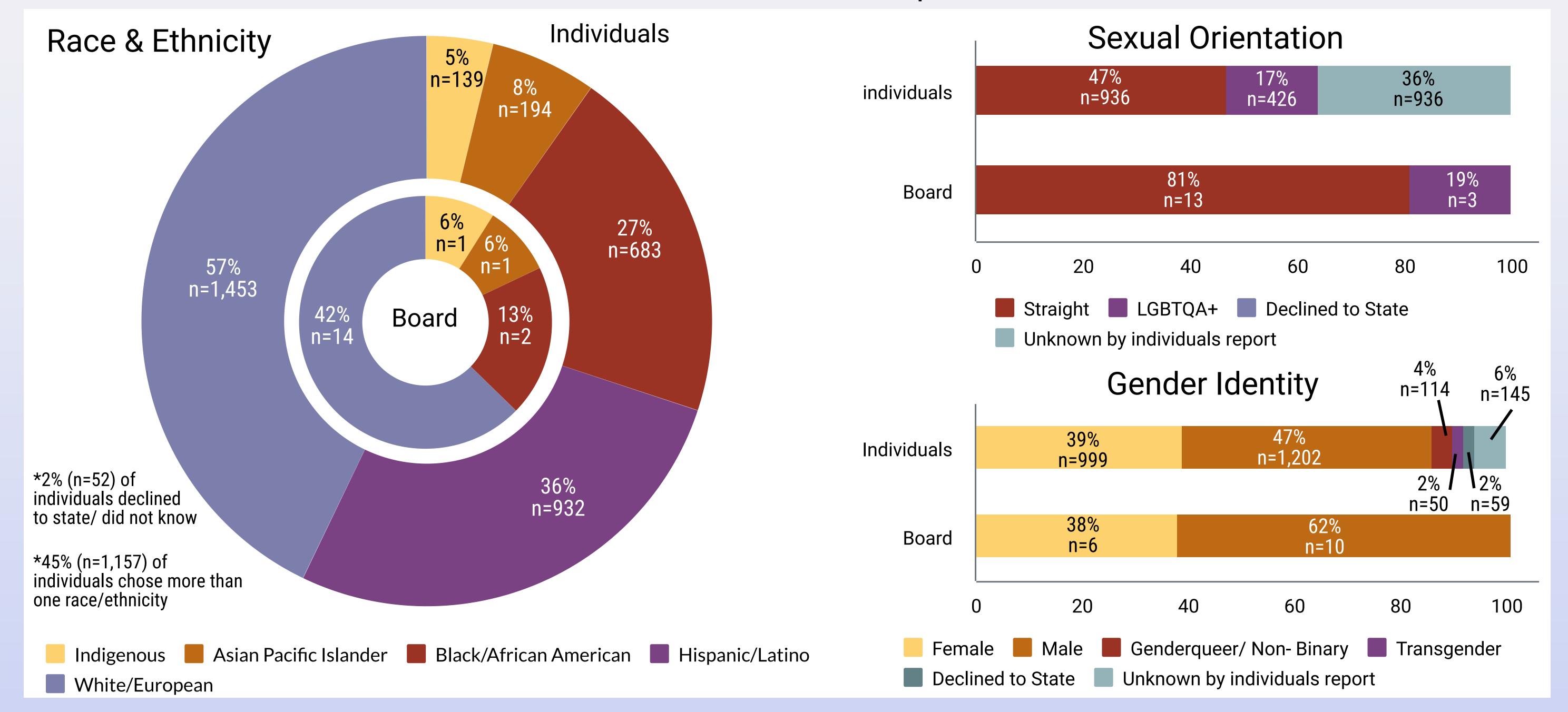


Staff to Individual Comparison: Gender Identity & Sexual Orientation





Board to Individual Comparison



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PROGRAM REPORT CARDS



Family & Youth Empowerment



Permanency



Juvenile **Justice**

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Mental Health



Substance Use Prevention

This section looks at each program with measurable outcomes for FY 2022-2023 and highlights noteworthy achievements for the youth served in these programs. The programs are categorized by type, indicated by the icon on the page.

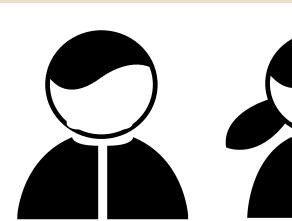
Overall Needs and Strengths are determined at the beginning of the assessment process. Throughout treatment, we are looking to decrease needs and improve or maintain strengths.



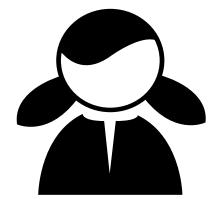
PROGRAM REPORT CARD: Community Based Family Services - El Dorado (EDCBFS)

Program Statement

A mobile community based outpatient specialty mental health program serving El Dorado County Medi-Cal eligible youth and families in their homes or in a community based-setting.



48
Individuals
Served



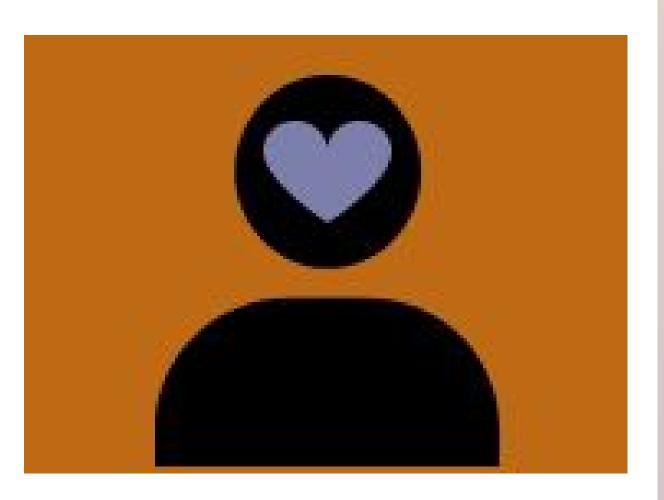
NEW INDIVIDUALS 48
DISCHARGES



88%dividuals mad

of individuals made progress towards their treatment goals

Mental Health



CANS Scores



75%
of individuals
decreased
Needs in Risk
Behaviors*

73%
of individuals increased or maintained
Overall Strengths and Resiliency

100%

of individuals showed improvement with school behavior

AGENCY EVALUATION REPORT 2022-2023



Highlights

88%

of individuals showed improvement in <u>sleep</u> 80%

of individuals showed improvement in their talents and interests



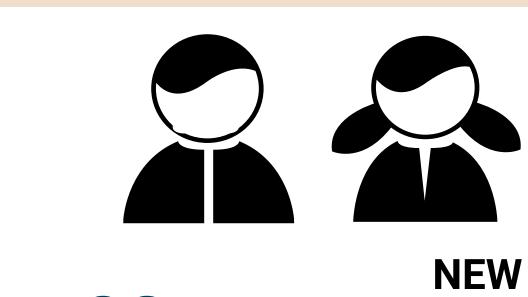
PROGRAM REPORT CARD: Commmunity Based Family Services - Napa (NCBFS)

Individuals

Served

Program Statement

A community based outpatient mental health program serving Medi-Cal youth in the Napa County School district. The program is co-located at the school site, and services can be delivered at the school, or within the community with the youth and family.



NEW INDIVIDUALS

DISCHARGES

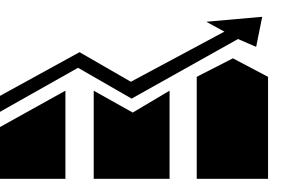
73%

of individuals showed

improvement with

decision making

AGENCY EVALUATION REPORT 2022-2023

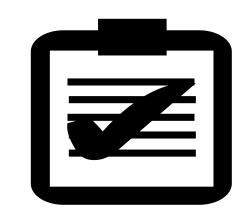


76%

of individuals made progress towards their treatment goals



CANS Scores



88% of individuals decreased Needs in Risk Behaviors

94% of individuals increased or maintained Overall Strengths and Resiliency

Highlights

of individuals showed improvement with school behaviors

100%

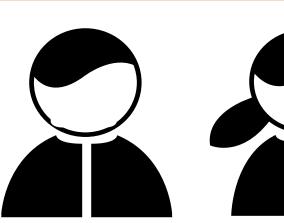
of individuals showed a decreased risk for **non-**<u>suicidal self-injurous</u> **behavior**



PROGRAM REPORT CARD: Community Based Family Services - Yolo (YCBFS)

Program Statement

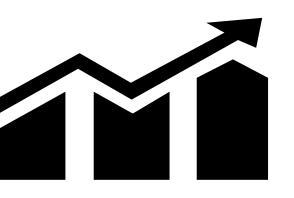
A community based outpatient mental health program serving Yolo Medi-Cal eligible youth and families. YCBFS has the capacity to serve youth and their families when their clinical needs are subject to an increase or decrease in service intensity.



184 Individuals Served



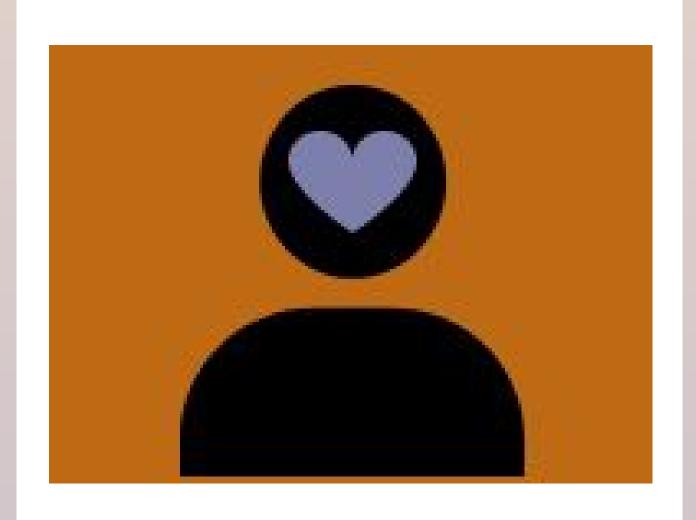
DISCHARGES 150



78%

of individuals made progress towards their treatment goals

Mental Health



CANS Scores



68% of individuals decreased Overall Needs in Mental Health, Social, and Risk Behaviors

90% of individuals increased or maintained Overall Strengths and Resiliency

80%

of individuals showed a decrease for **non-**<u>suicidal self-injurous</u> **behavior**

AGENCY EVALUATION REPORT 2022-2023



100%

of individuals showed a reduced risk of <u>running away</u>

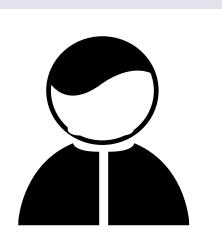
of individuals showed a decrease in <u>delinquent</u> **behaviors**



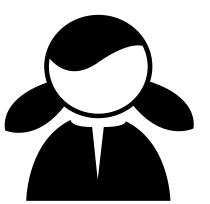
PROGRAM REPORT CARD: Commercial Sexual Exploitation of Children (CSEC)

Program Statement

The program blends wraparound planning, mentoring, and positive youth development, as well as integrates a trauma-informed, gender-responsive approach in supporting youth who have been sexually trafficked. Youth Advocates work with CSEC, incorporating the evidenced model Seeking Safety to address the youth's individual needs, while also building upon their strengths, skills, and positive connections to the community.



38 Individuals Served



NEW INDIVIDUALS DISCHARGES

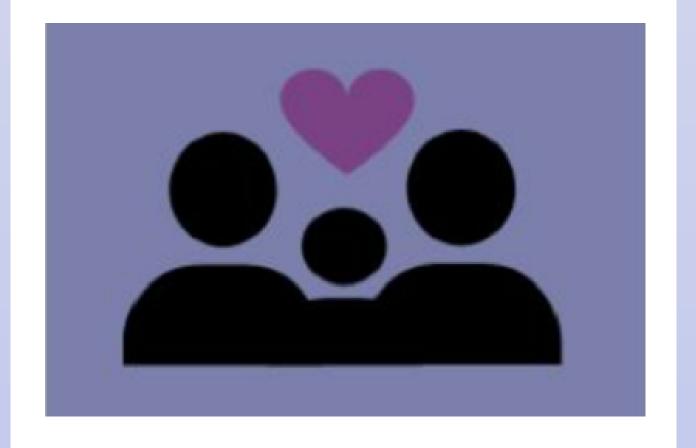
AGENCY EVALUATION REPORT 2022-2023



100%

of individuals made progress towards their treatment goals

Family & Youth **Empowerment**

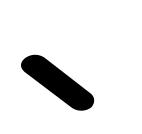


CANS Scores



67% of individuals decreased Overall Needs in Mental Health, Social, and Risk Behaviors

67% of individuals increased or maintained Overall Strengths and Resiliency





Highlights

100%

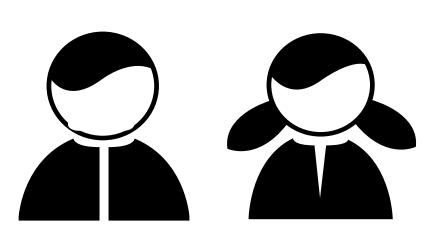
of individuals showed improvement with behavioral/ emotional <u>needs</u>



PROGRAM REPORT CARD: Destination Family

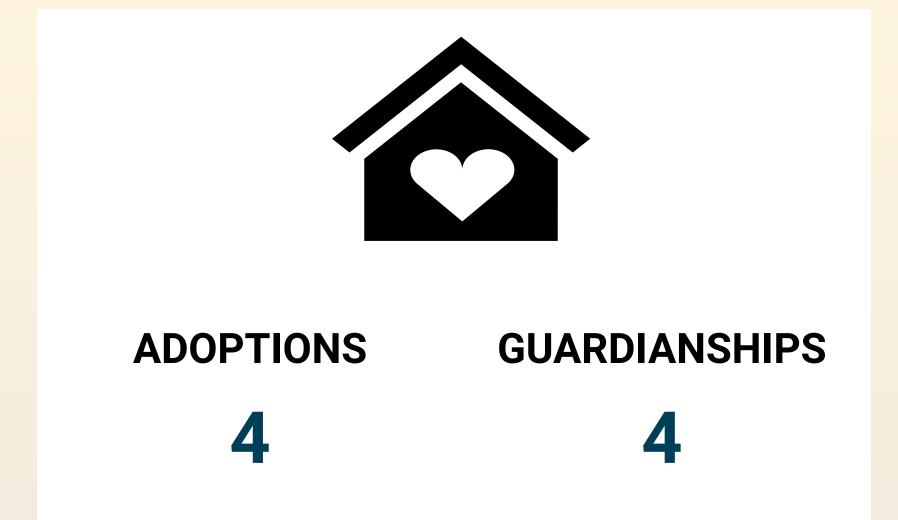
Program Statement

A program that finds and supports a family for youth who are living in long-term foster care. The team wraps support around youth to prepare them for a family. The program provides family finding, focused recruitment, and ongoing family supports.



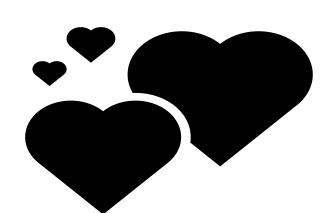
53 Individuals Served

AGENCY EVALUATION REPORT 2022-2023



Permanency





191

supports (family members or other adults in a youth's life) located for youth in our Destination Family Program



of all identified supports* were found through the efforts of the Destination Family Team

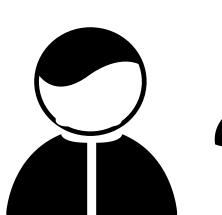
*Supports can be extended family members, adult siblings, or other adults in a child's life



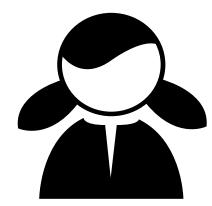
PROGRAM REPORT CARD: Family Preservation

Program Statement

A community-based, outpatient mental health program, that provides mental health services to eligible youth and a wide array of techniques that utilize family and individual strengths to build support. The program aims to build upon the youth's strengths and successes, increase resiliency, reinforce family connections and improve overall mental and behavioral health.



138 Individuals Served



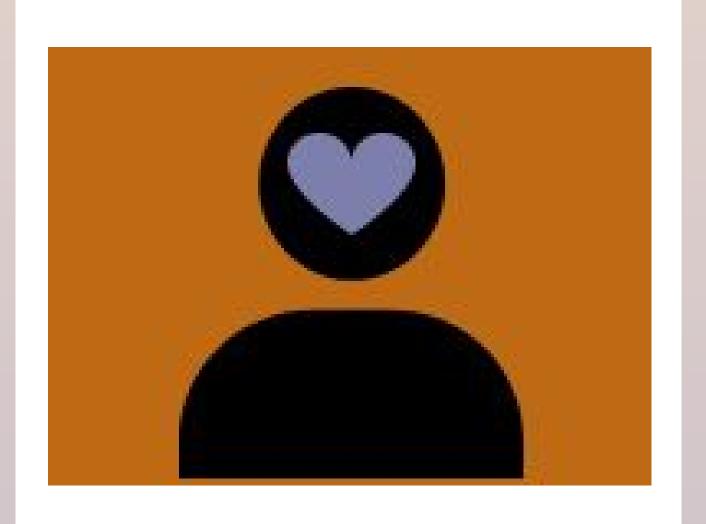
NEW INDIVIDUALS DISCHARGES



94% of individuals made progress towards their

treatment goals

Mental Health



CANS Scores



83% of individuals decreased Overall Needs in Mental Health, Social, and Risk Behaviors

90% of individuals increased or maintained Overall Strengths and Resiliency

of individuals decreased risk of **impulsive behaviors**

AGENCY EVALUATION REPORT 2022-2023



of individuals showed a decrease in symptoms associated with depression

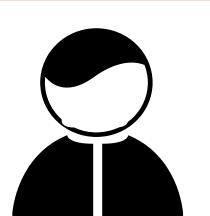
of individuals showed improvement with decision making



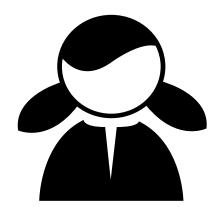
PROGRAM REPORT CARD: Flexible Integrated Treatment (FIT) - Citrus Heights

Program Statement

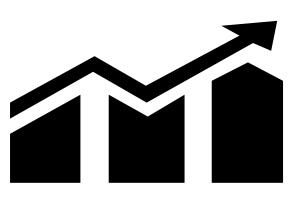
A community-based outpatient mental health program serving Medi-Cal eligible youth and families. The FIT program provides family-driven, culturally competent, strength-based, trauma-inforced mental health services and supports to youth and families.



543 Individuals Served

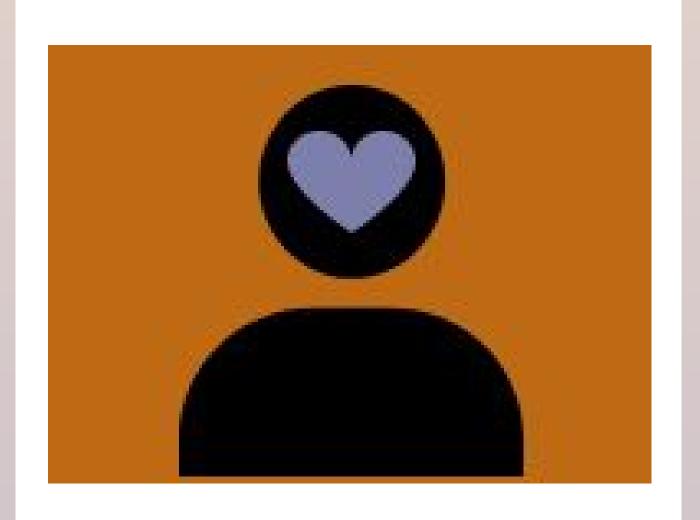


NEW INDIVIDUALS 207 **DISCHARGES** 302



81% of individuals made progress towards their treatment goals

Mental Health



CANS Scores



72% of individuals decreased Overall Needs in Mental Health, Social, and Risk Behaviors

91% of individuals increased or maintained Overall Strengths and Resiliency

of individuals showed improvement with conduct

AGENCY EVALUATION REPORT 2022-2023

95%

Highlights

76% of individuals

showed improvement with school behaviors

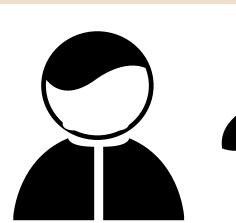
of individuals showed a decreased risk of <u>suicide</u>

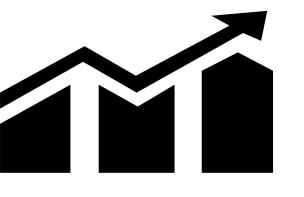


PROGRAM REPORT CARD: Flexible Integrated Treatment (FIT) - Sacramento

Program Statement

A community-based outpatient mental health program serving Medi-Cal eligible youth and families. The FIT program provides family-driven, culturally competent, strength-based, trauma-inforced mental health services and supports to youth and families.





432

Individuals Served

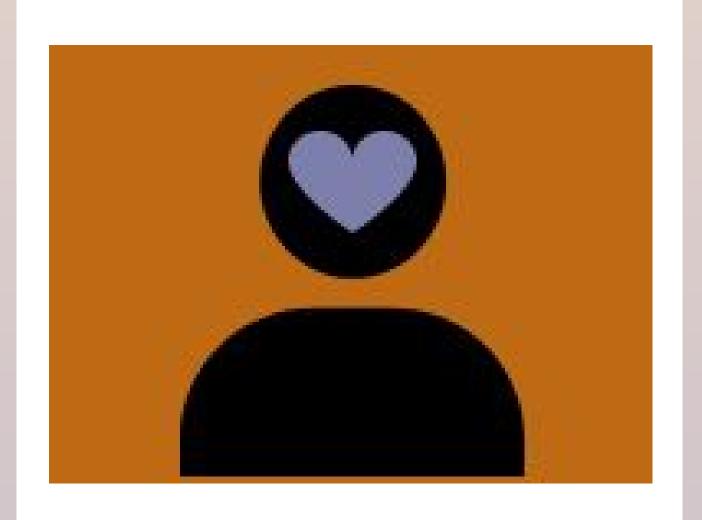
NEW INDIVIDUALS 181

DISCHARGES 257

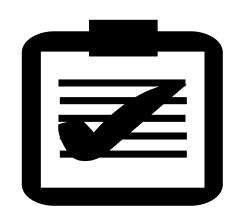
83%

of individuals made progress towards their treatment goals

Mental Health



CANS Scores



72% of individuals decreased Overall Needs in Mental Health, Social, and Risk Behaviors

90% of individuals increased or maintained Overall Strengths and Resiliency



Highlights

100%

of individuals showed improvement with conduct

AGENCY EVALUATION REPORT 2022-2023

86%

of individuals showed a decrease in **psychosis**

76%

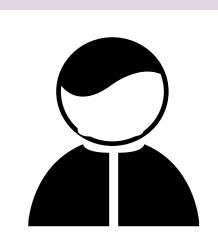
of individuals showed improvement with school behaviors



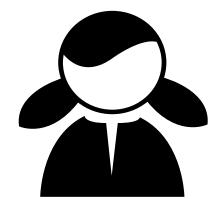
PROGRAM REPORT CARD: Juvenile Justice Intervention Services (JJIS)

Program Statement

A prevention and intervention program that supports the Restorative Justice Model, which is focused on community protection, victim restoration, and offender accountability. Referrals are received from the Sacramento County Probation Department.



Individuals Served



NEW INDIVIDUALS 110 **DISCHARGES 132**



95% of individuals made progress towards their

treatment goals

Juvenile Justice



CANS Scores



89% of individuals decreased Overall Needs in Mental Health, Social, and Risk Behaviors

92% of individuals increased or maintained Overall Strengths and Resiliency

of individuals showed improvement with managing anger control

AGENCY EVALUATION REPORT 2022-2023

80%

Highlights

of individuals decreased <u>oppositional</u> **behaviors**

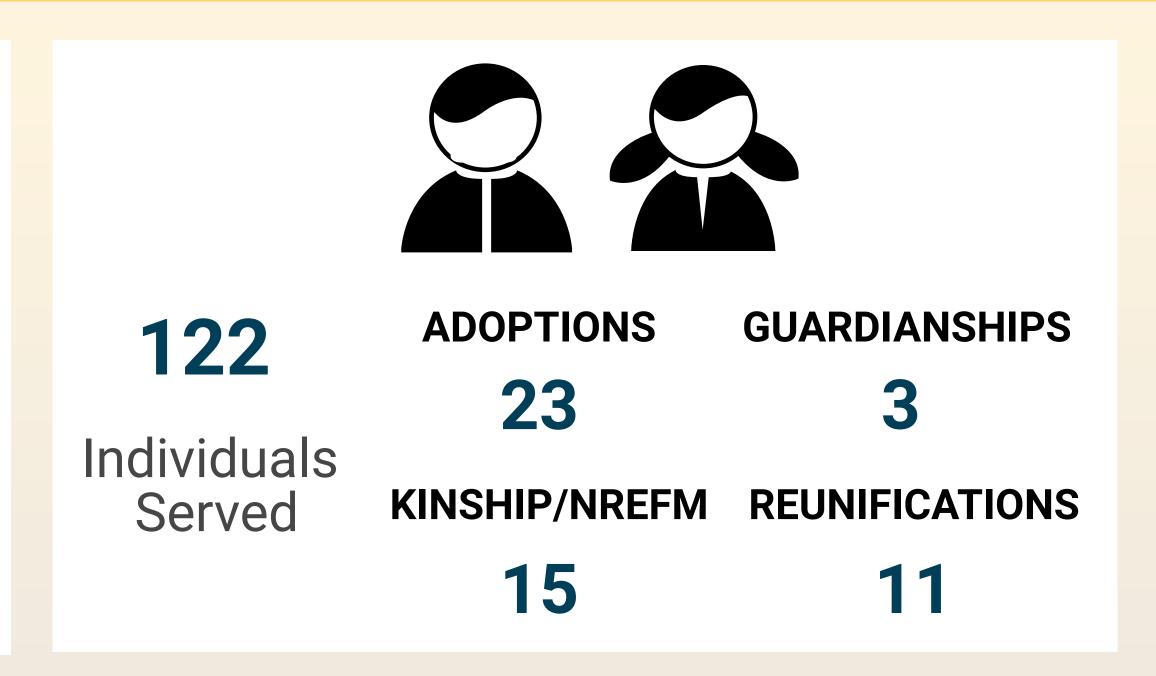
of individuals showed reduced risk of **engaging in self**harm behaviors

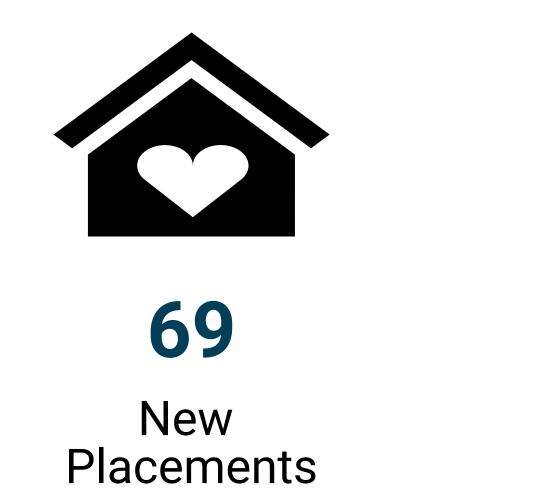


PROGRAM REPORT CARD: Pathways to Permanency

Program Statement

A program uniquely focused on permanency. The program provides services to every type of family - birth, kinship, foster, and adoptive - to promote secure attachment with lifelong permanency as the goal.









The Pathways to Permanency
Team helped to place children from
15 counties throughout California

- Alameda
- Butte
- El Dorado
- Glenn
- Napa
- Nevada
- Placer
- Sacramento

- San Joaquin
- Shasta
- Solano
- Tehama
- Yolo
- San Bernardino
- San Francisco



HIGHLIGHTS

29

families were approved to be Resource Parents

Step Parent Adoptions



108

families attended

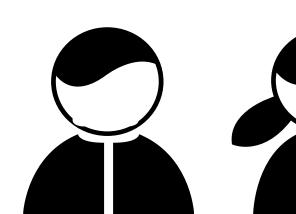
orientation

PROGRAM REPORT CARD: Peer Partner Services*

Program Statement

To engage youth and caregivers more fully in their case planning and services process, and to help them understand their rights and responsibilities. Family finding and appropriate linkage to resources are also provided to youth and caregivers.

*Comprised of Parent Partner Services - El Dorado, Peer Services - Napa, and Youth Advocacy Services - El Dorado

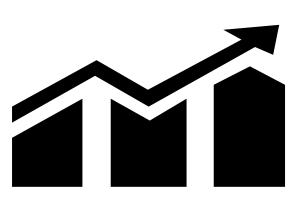


Individuals Served



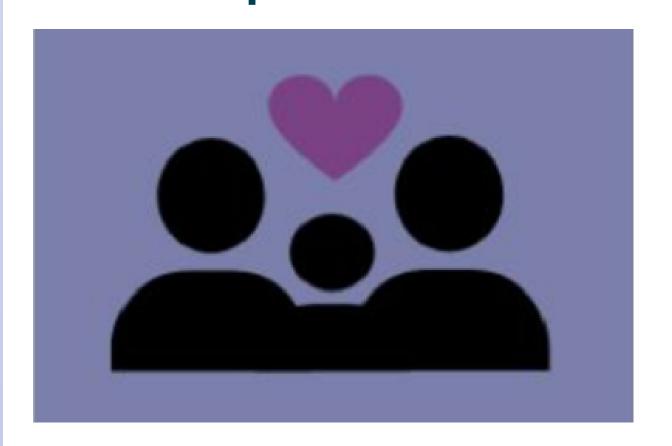
NEW INDIVIDUALS 76 DISCHARGES

AGENCY EVALUATION REPORT 2022-2023



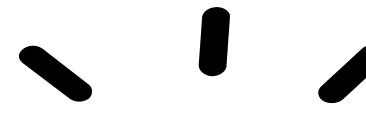
73% of individuals made progress towards their treatment goals

Family & Youth **Empowerment**





of individuals served expressed overall satisfaction with services provided



HIGHLIGHTS

83%

of individuals at discharge felt more equipped to handle challenges on their own 80%

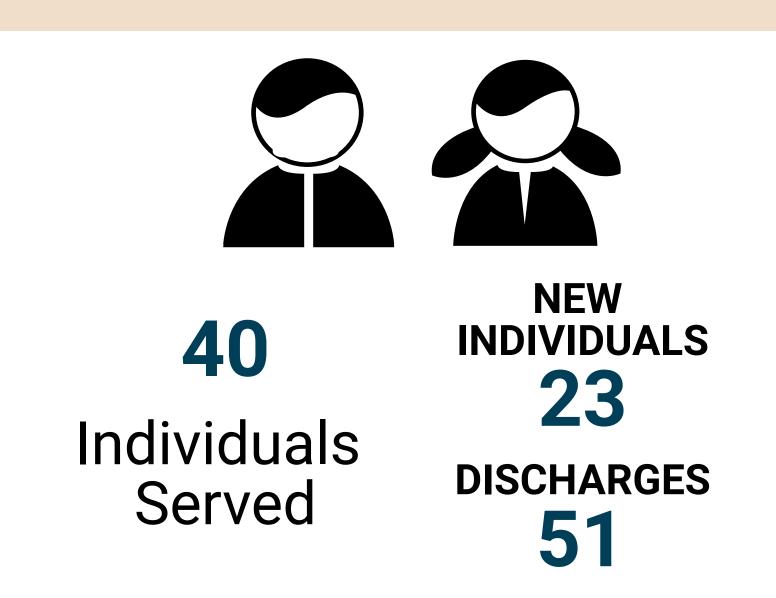
of individuals at discharge felt they would have support they need in a crisis/challenging situation



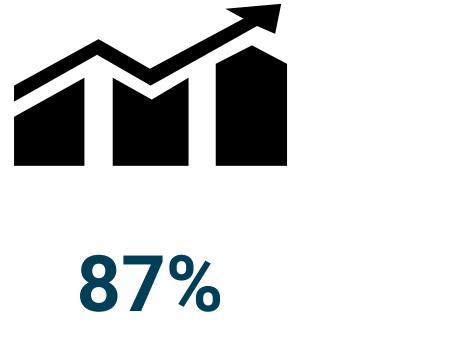
PROGRAM REPORT CARD: Prevention Wraparound - El Dorado

Program Statement

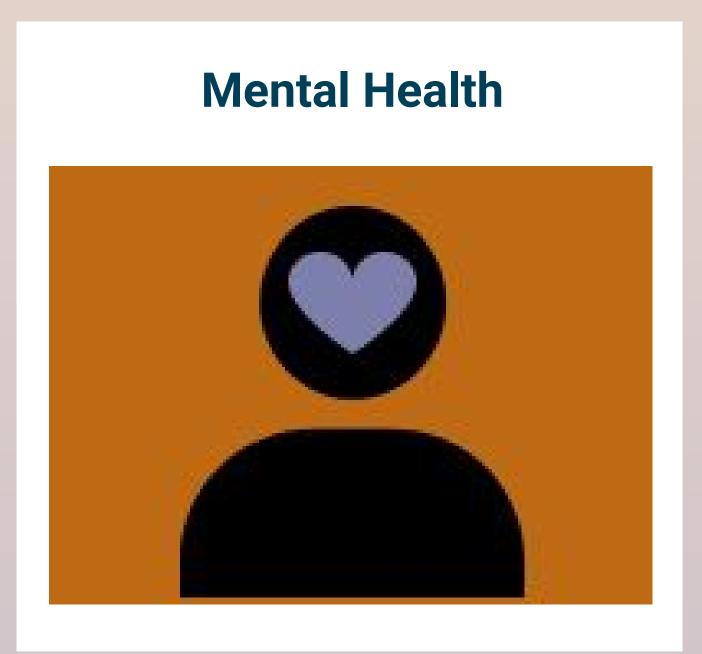
A program that combines a family-centered, strengthsbased, needs-driven, team-driven approach that literally "wraps" services around a family with individualized, wellness-focused, and permanency driven planning and intervention for youth and families.

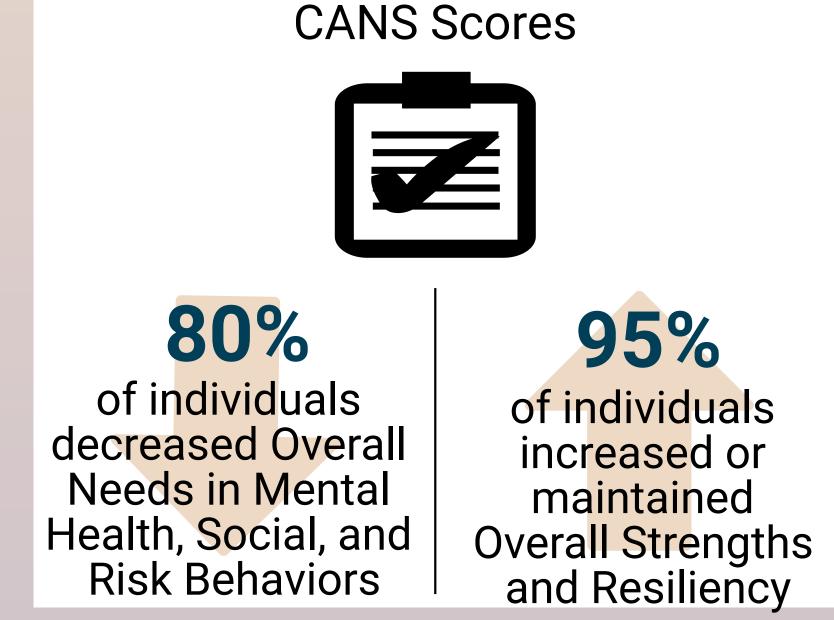


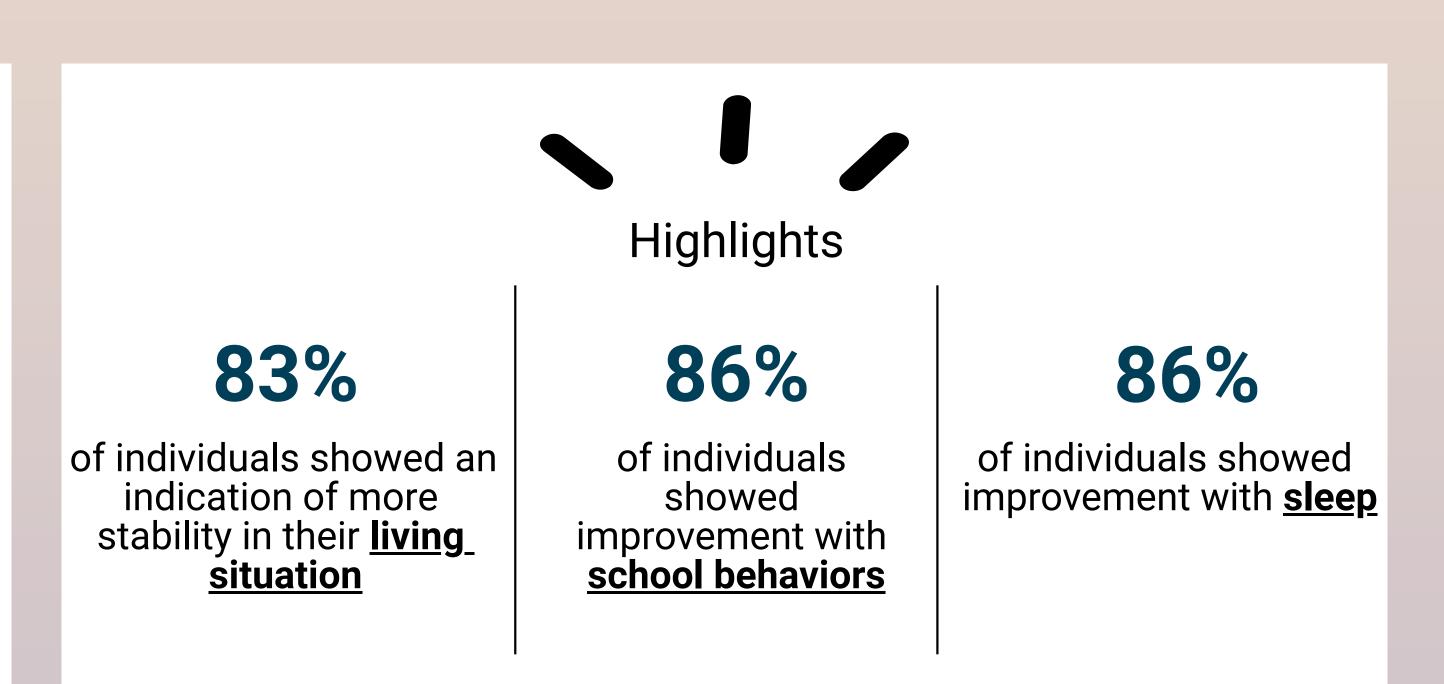
AGENCY EVALUATION REPORT 2022-2023



of individuals made progress towards their treatment goals



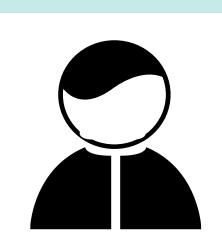




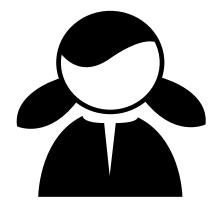
PROGRAM REPORT CARD: RYSE Above

Program Statement

A program that provides prevention and early intervention outpatient, intensive outpatient, and aftercare services for youth with substance use disorders and co-occurring mental health service needs.



Individuals Served



AGENCY EVALUATION REPORT 2022-2023

NEW INDIVIDUALS DISCHARGES 113



79% of individuals made progress towards their treatment goals

Substance Use Prevention



CANS Scores



91% of individuals showed a decreased risk of substance use

96% of individuals increased or maintained Overall Strengths and Resiliency



100%

of individuals showed a decreased risk of **conduct** disordered behavior 100%

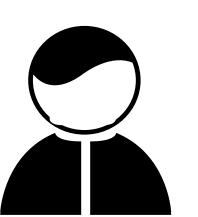
of individuals showed a decreased risk of **running away**

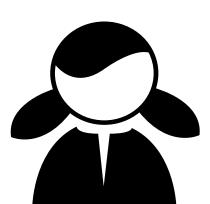


PROGRAM REPORT CARD: School Based Services

Program Statement

A program that provides mental and behavioral health to students that attend CA Connections Academy, an online charter school. The school services program provides treatment to students identified by the school as needing mental or behavioral health services through the individualized education plan (IEP) process.





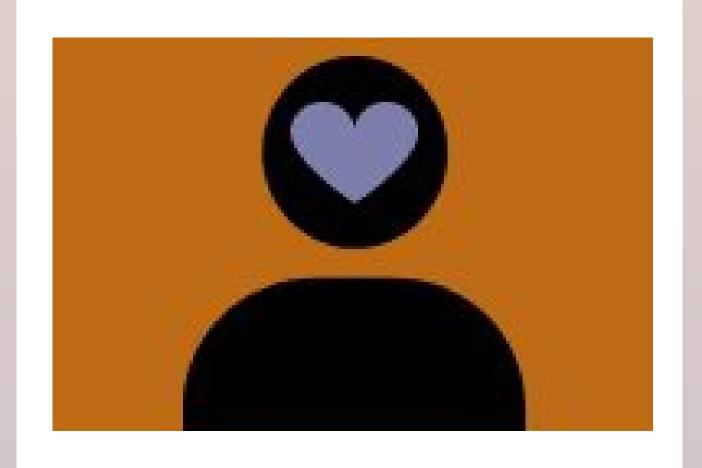
140 Individuals Served

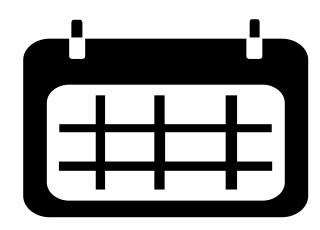
AGENCY EVALUATION REPORT 2022-2023

NEW INDIVIDUALS 84 **DISCHARGES**

100

Mental Health





The Average Length of Service for an individual in the program was 416 Days



91%

of individuals increased or maintained Overall Strengths

78%

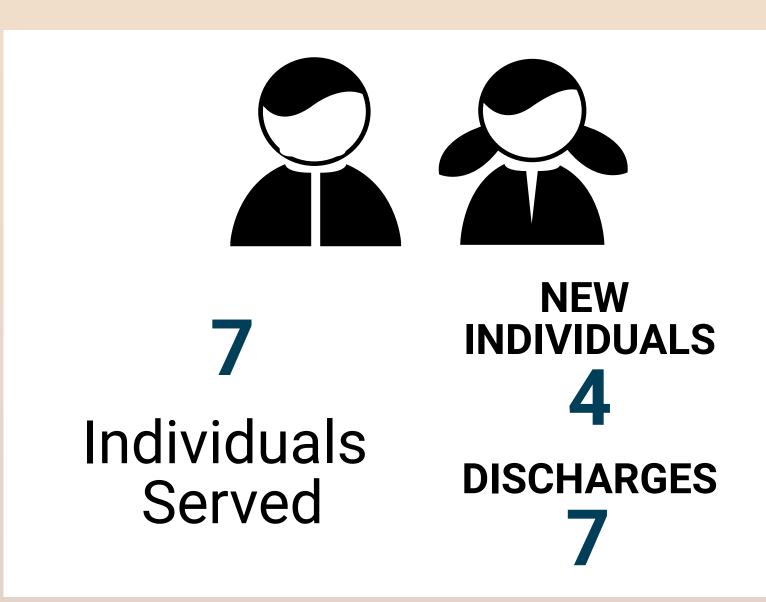
of individuals showed improvement with **emotional** and behavioral well-being



PROGRAM REPORT CARD: Therapeutic Behavioral Services - Kaiser

Program Statement

A supplemental mental health service that is available to assist Medi-Cal eligible youth who are experiencing stressful transitions or life crises. The program offers one-to-one therapeutic contact between a mental health provider and youth for a short period of time.



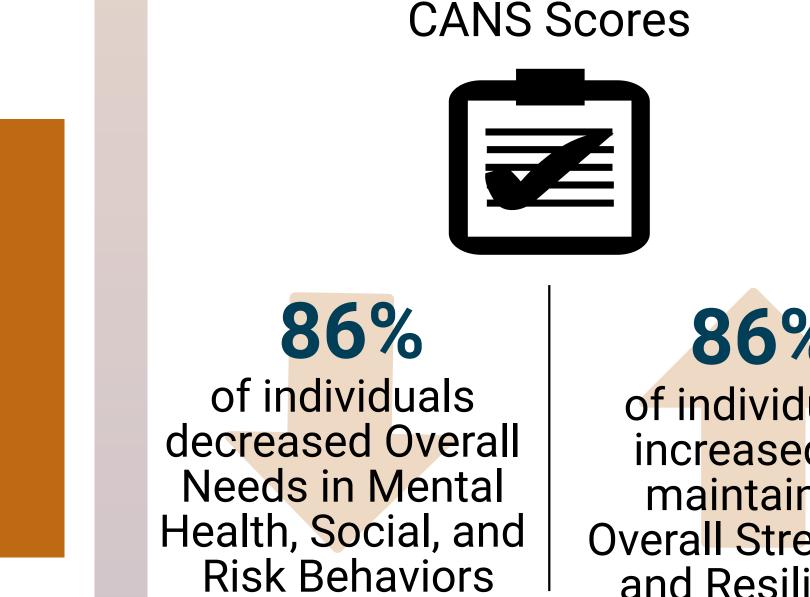
AGENCY EVALUATION REPORT 2022-2023

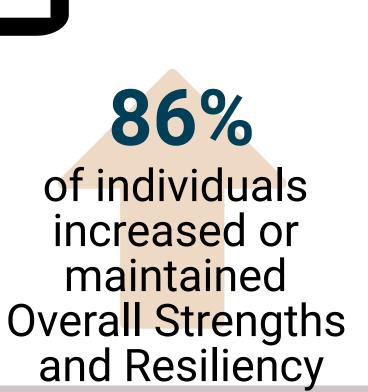


100%

of individuals made progress towards their treatment goals









100% 100%

of individuals showed of individuals improvement with showed interpersonal skills improvement with <u>conduct</u>

of individuals showed improvement with

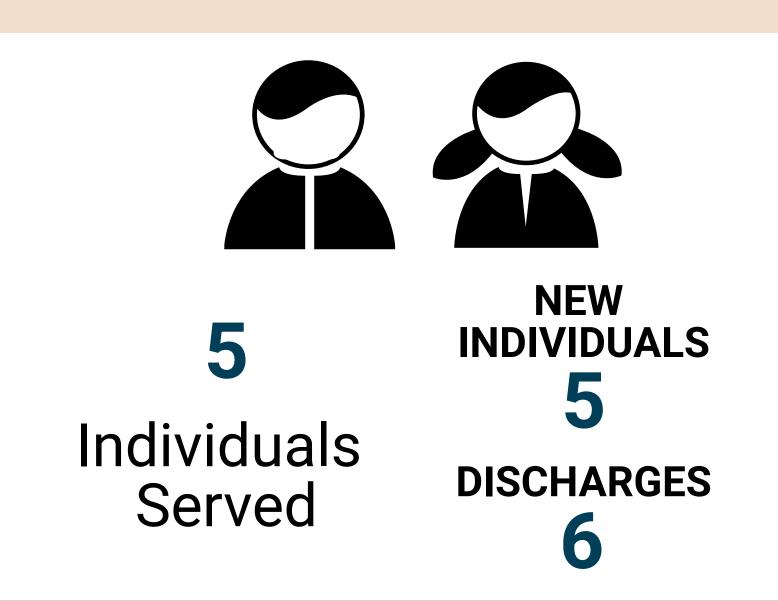
social functioning



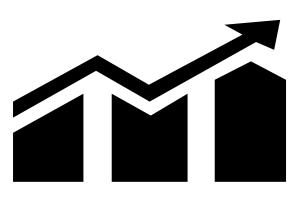
PROGRAM REPORT CARD: Therapeutic Behavioral Services - Napa

Program Statement

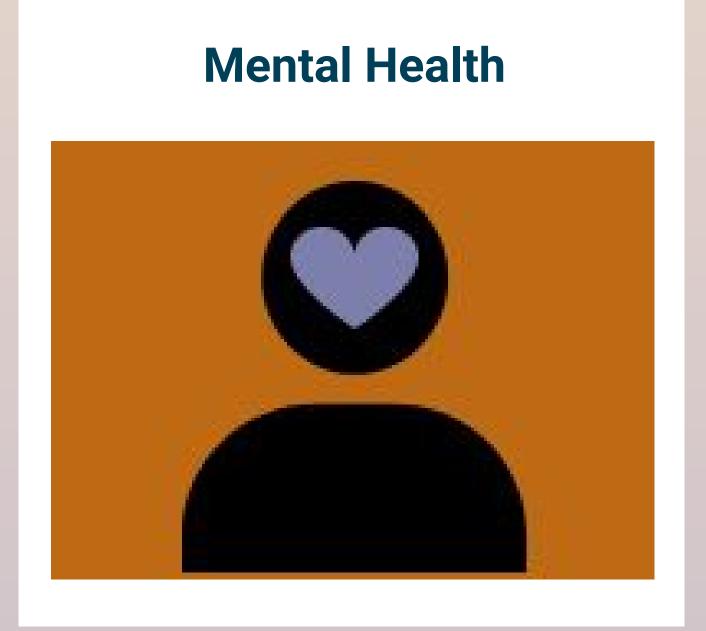
A supplemental mental health service that is available to assist Medi-Cal eligible youth who are experiencing stressful transitions or life crises. The program offers one-to-one therapeutic contact between a mental health provider and youth for a short period of time.

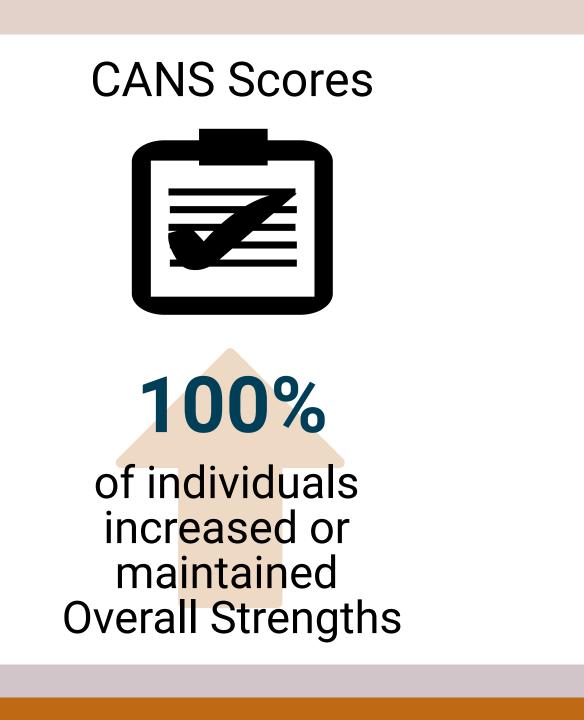


AGENCY EVALUATION REPORT 2022-2023



67% of individuals made progress towards their treatment goals







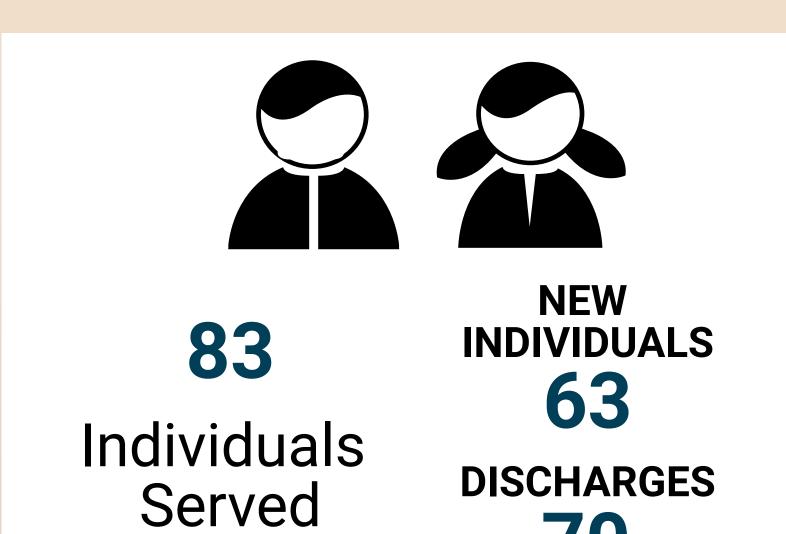
100% of individuals showed improvement with social behaviors

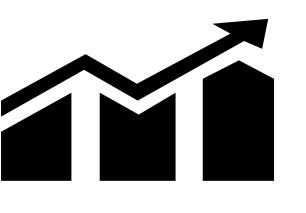


PROGRAM REPORT CARD: Therapeutic Behavioral Services - Sacramento

Program Statement

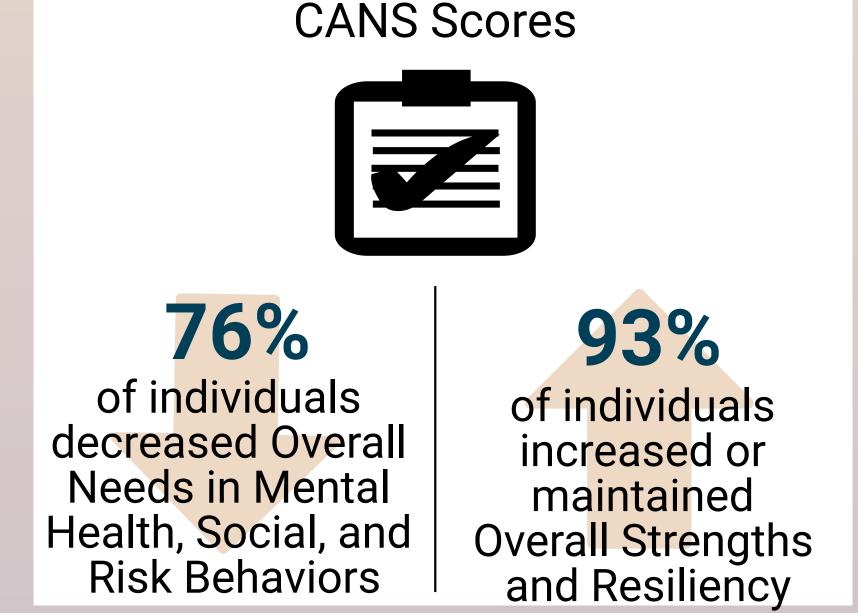
A supplemental mental health service that is available to assist Medi-Cal eligible youth who are experiencing stressful transitions or life crises. The program offers one-to-one therapeutic contact between a mental health provider and youth for a short period of time.





94% of individuals made progress towards their treatment goals







70% of individuals showed improvement with school behaviors

AGENCY EVALUATION REPORT 2022-2023

73% of individuals showed a decreased risk for **non-suicidal** <u>self-injurous</u>

behavior

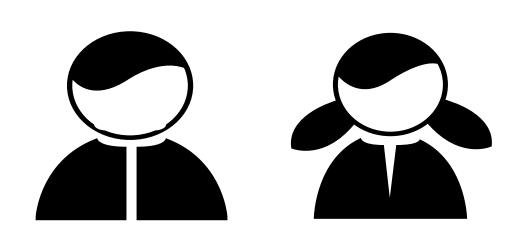
80% of individuals showed a reduced risk of **engaging in self**harm behaviors



PROGRAM REPORT CARD: Wonder

Program Statement

A mentoring program, which pairs foster youth (Explorers) with a mentor (Guides) who is often the single reliable presence in that youth's life. The mentors are trained to listen, support and guide each youth through fun, age-appropriate experiences in music, the arts, sports, volunteer service, dining out and nature.



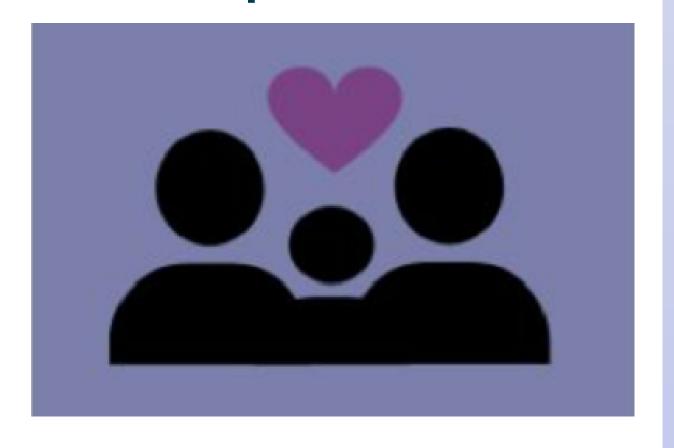
72 Total Matches

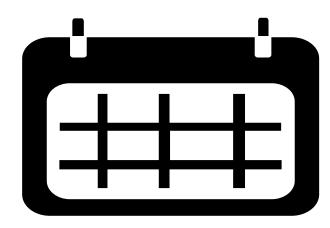


2,791

Hours of Mentorship took place between Explorers and Guides

Family & Youth Empowerment





The Average Length of Mentorship was 38 months



83%

Mentorship experiences contributed to developing confidence

AGENCY EVALUATION REPORT 2022-2023

85%

Mentorship experiences contributed to developing a sense of belonging

79%

Mentorship experiences contributed to developing <u>future</u> <u>oriented thinking</u>

76%

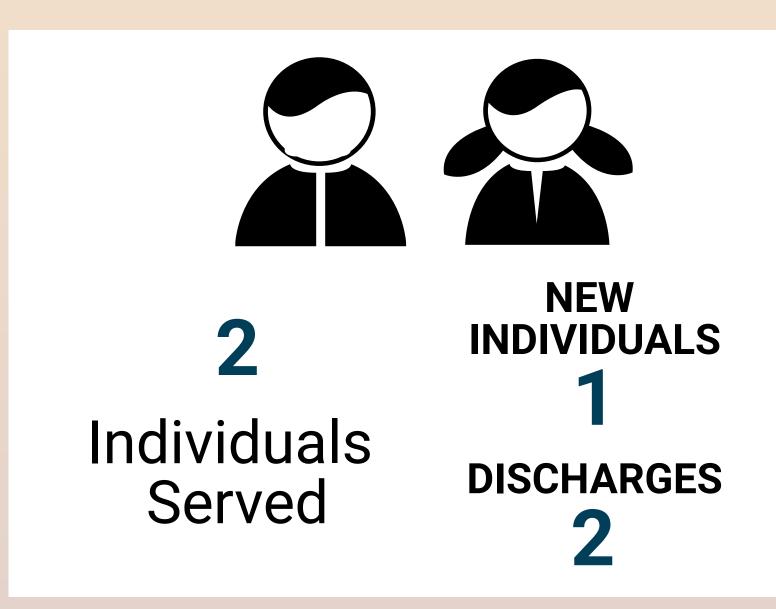
Mentorship
experiences
contributed to
developing <u>a sense</u>
of self worth

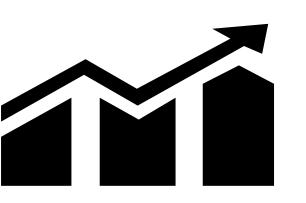


PROGRAM REPORT CARD: Wraparound - Community

Program Statement

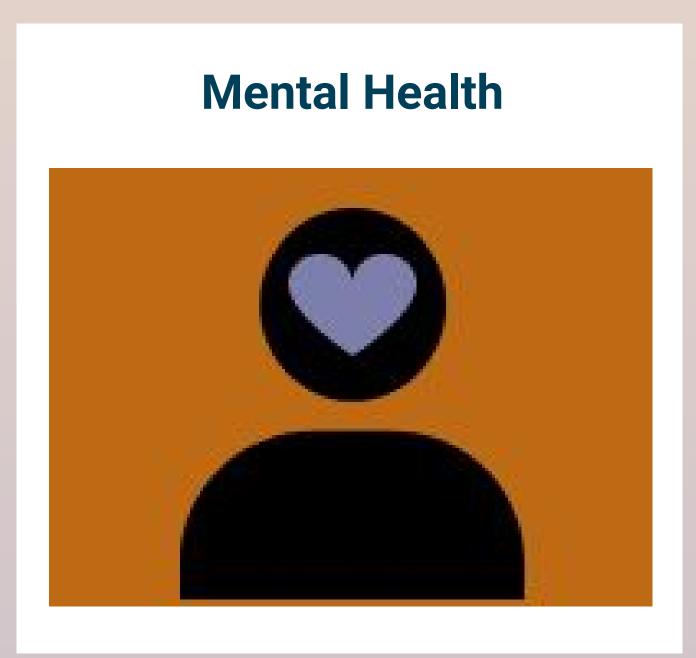
The goal of the program is to achieve stable permanency for the youth, and a positive environment for all family members.

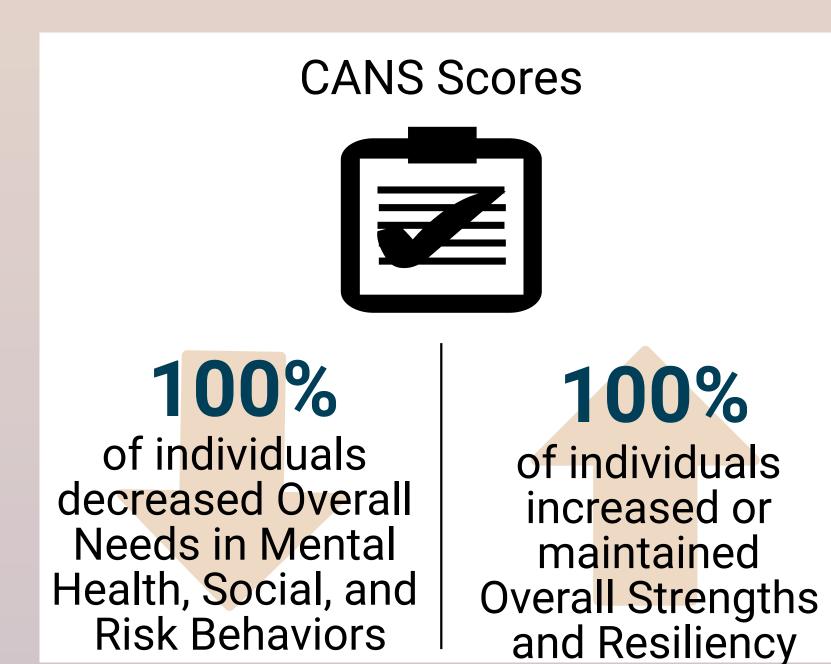




100%

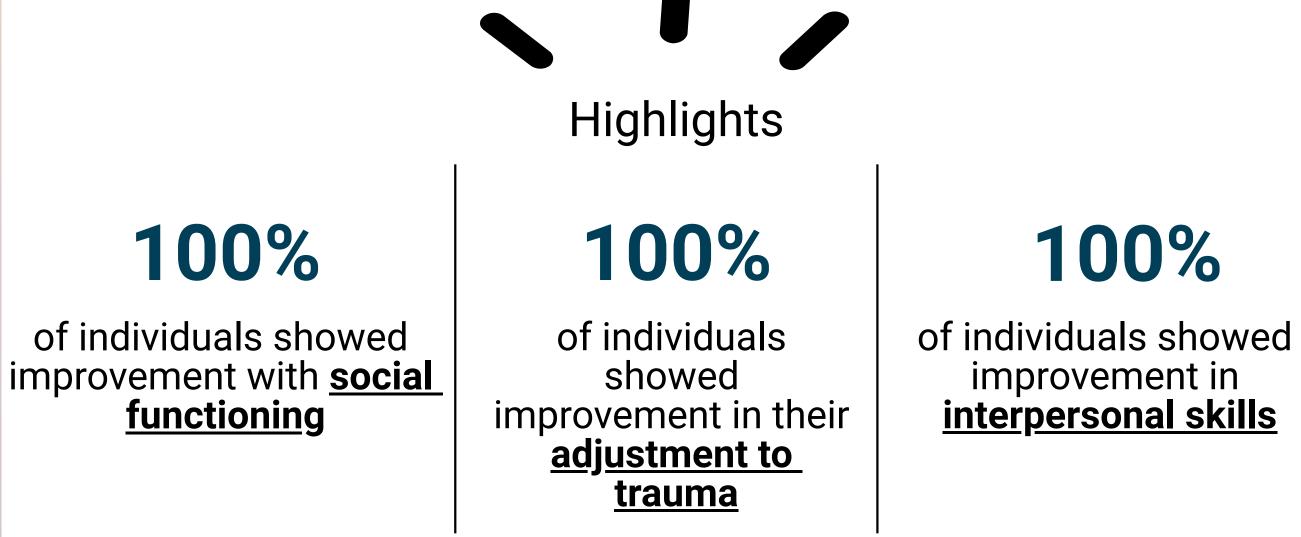
of individuals made progress towards their treatment goals







AGENCY EVALUATION REPORT 2022-2023

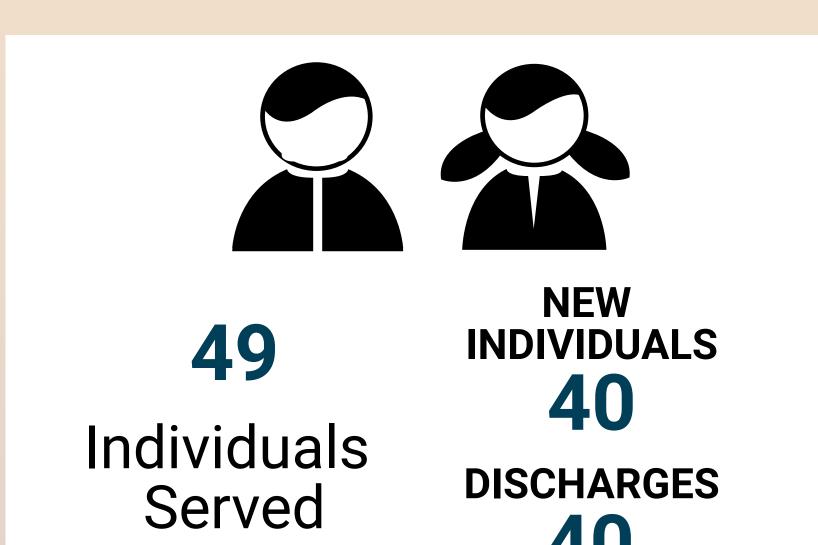




PROGRAM REPORT CARD: Wraparound - Kaiser

Program Statement

A program that combines a family-centered, strengthsbased, needs-driven, team-driven approach that literally "wraps" services around a family with individualized, wellness-focused, and permanency driven planning and intervention for youth and families.



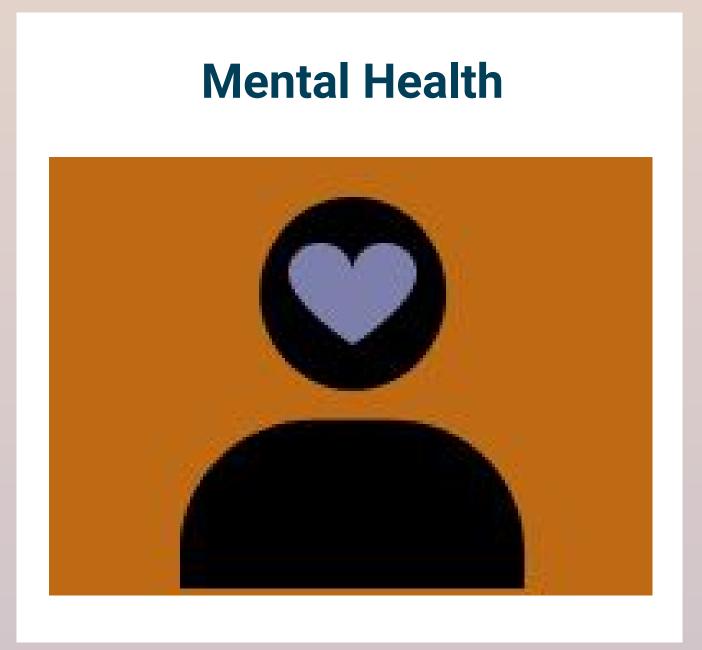
100%

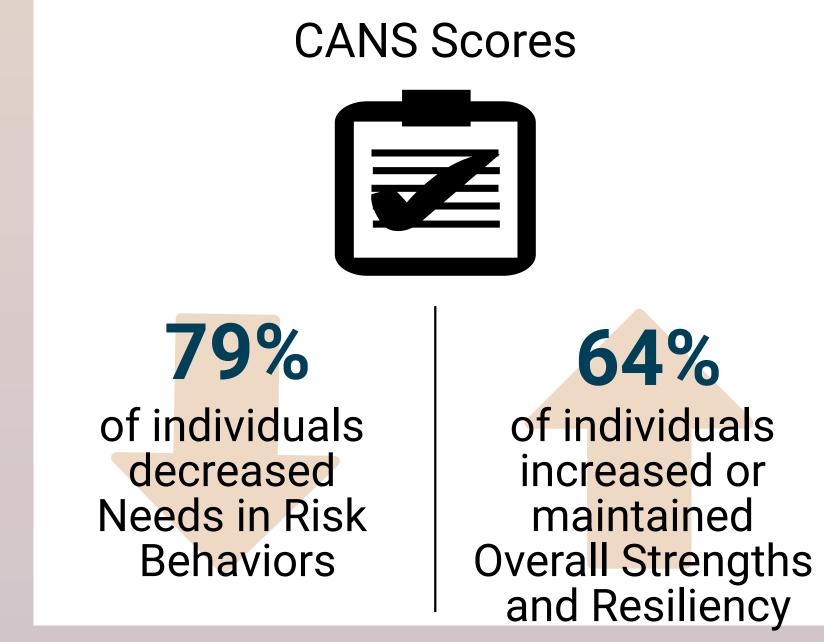
conduct

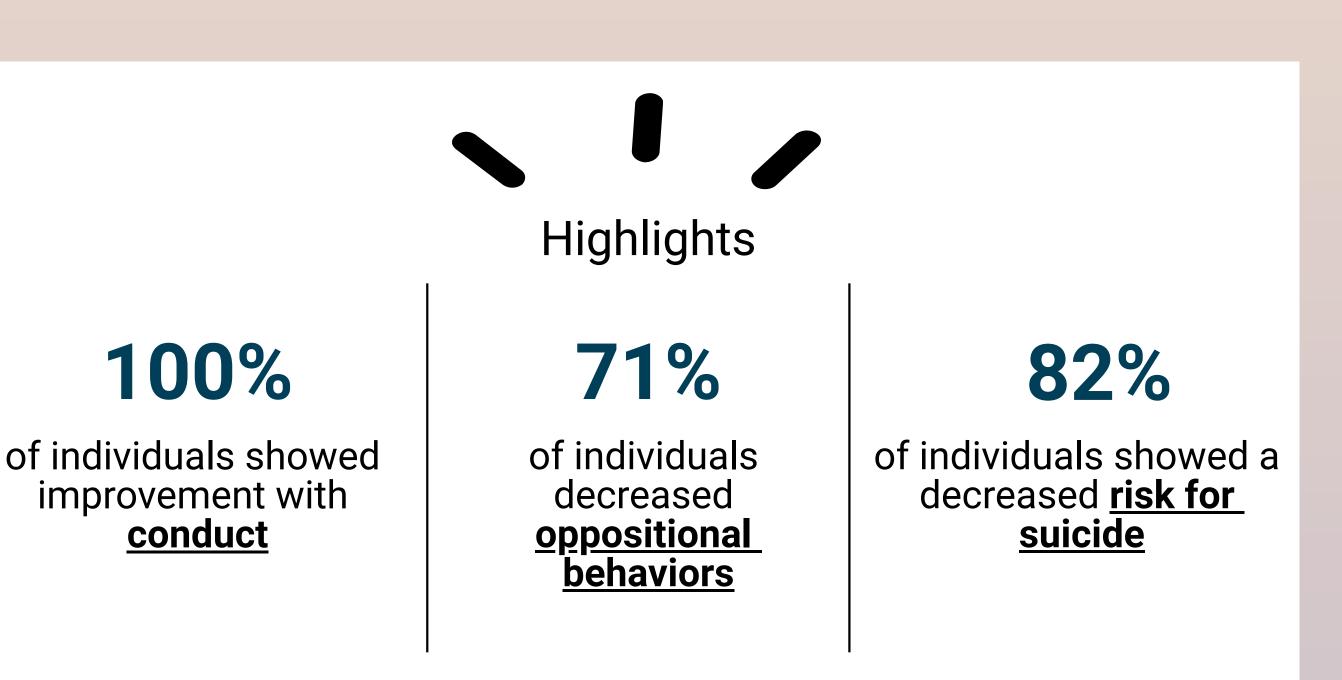
AGENCY EVALUATION REPORT 2022-2023



85% of individuals made progress towards their treatment goals



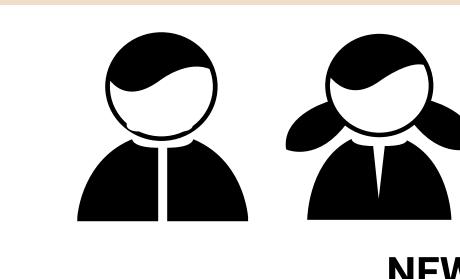




PROGRAM REPORT CARD: Wraparound

Program Statement

A program that combines a family-centered, strengthsbased, needs-driven, team-driven approach that literally "wraps" services around a family with individualized, wellness-focused, and permanency driven planning and intervention for youth and families.



86 Individuals Served

NEW INDIVIDUALS 36 **DISCHARGES**

100%

of individuals showed

improvement with

school attendance

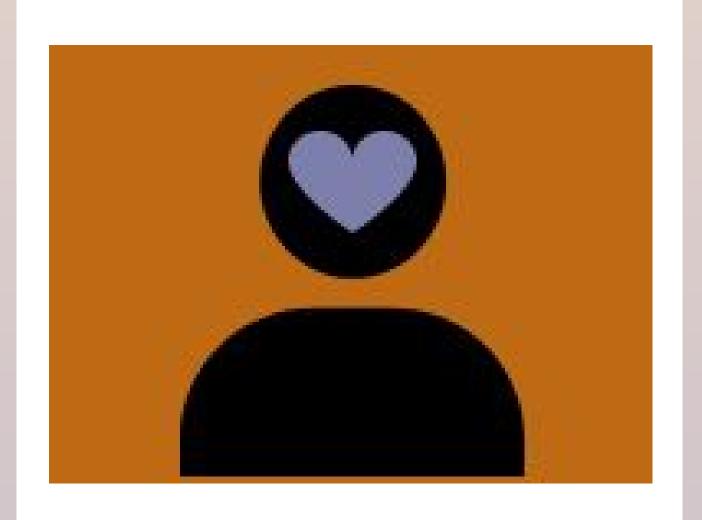
AGENCY EVALUATION REPORT 2022-2023



95%

of individuals made progress towards their treatment goals

Mental Health



CANS Scores



74% of individuals decreased Overall Needs in Mental Health, Social, and Risk Behaviors

88% of individuals increased or maintained Overall Strengths and Resiliency



Highlights

100%

of individuals showed improvement with talents and <u>interests</u>

of individuals decreased **risk behaviors**





Report Prepared by **Evaluations Team**













