Reserved

A SEAT AT THE TABLE
A sense of belonging is essential for every human being. It is a fundamental motivation for our behavior. Stanford Youth Solutions envisions a community where every young person has strong and permanent connections, a sense of belonging.

When a young person does not feel a sense of belonging, he/she is lost and feels invisible in the world resulting in pain, uncertainty and emotional suffering. Stanford Youth Solutions’ team is committed to reaching those who feel alone, supporting the healing process, and finding and building lifelong connections. Our mission is to inspire sustainable change for young people and their families and to empower them to overcome serious challenges together. The words “Inspire” and “Empower” are intentional, as sustainable change must come from within an individual, within a family system and within a community. This report highlights what we have been able to accomplish in the past year. We have much more work to do and we need your help. We have an urgent need to find those in our community who are willing to open their homes to a child that they have yet to meet. We have an urgent need to engage individuals and organizations in the development of more skill building opportunities for our youth. We need our entire community to recognize that it takes all of us to raise the next generation, and to ensure each and every child knows that they belong. I am reaching out to you to take a moment to reflect on the work we are doing at Stanford Youth Solutions, and to ask yourself how you can take action to support our vision and mission.

With gratitude,

Laura Heintz, Psy. D.,
CEO
This past June, Stanford Youth Solutions went Over the Edge! This unique and one-of-a-kind event meant rappelling down the 16-story Residence Inn at Capitol Park in Downtown Sacramento. More than 60 people took this challenge on June 30 and it truly was an inspirational way to raise funds for foster kids and at-risk youth and their families. Community leaders, sponsors, and supporters all committed to facing their fears by raising the critical funds and making their way down the building, an exhilarating and very scary experience for some.

“This event is edgy on purpose,” says Laura Heintz, CEO, who experienced the challenge firsthand. “It uniquely reflects our work to take youth and families off the edge. We are asking kids to face their fears, and we had to do the same.”

By going over the edge, Stanford Youth Solutions and its many supporters of this event faced our fears and tapped into our personal power to take the leap.

Save the Date! Over the Edge May 11, 2017
FOSTER CARE
Our Foster Care program is committed to facilitating permanency for youth. Our social workers support concurrent planning, which provides several paths for the young person to obtain a lifelong family connection.

12 HOURS PER WEEK our dedicated team spends walking hand-in-hand with each foster family and foster youth

JJCP (Juvenile Justice and Crime Prevention Program)
Our JJCP practitioners utilize Functional Family Therapy (FFT), an evidence based practice, as a means to provide rehabilitation to young offenders, with a focus on reducing criminal behavior, decreasing individual and community risk factors, changing negative family relationships, and enhancing protective factors to facilitate relapse prevention.

FIT (Flexible Integrated Treatment)
Our FIT team members collaborate with youth and their families using a well-defined assessment, planning and service delivery model that strengthens family connections, improves behavioral and mental health functioning, decreases psychiatric hospitalizations and contacts with law enforcement, and connects families to community resources and supports.

WRAP (Wraparound)
Young people living in institutional care are referred to our Wraparound services to gain the support and guidance to help them transition safely to permanent family homes or healthy, independent living.

TBS (Therapeutic Behavioral Services)
Youth who are at risk of being moved into a higher, more restrictive placement or need support transitioning to a lower level placement receive community-based, one-on-one, short-term, positive behavior change focused on support and coaching so that their placement is successful.

DID YOU KNOW...Sacramento County spends over $12M ($13,026 per youth) a year on confining youth to correctional facilities. 78% of the youth served in our JJCP Program in the last fiscal year did not commit a new crime, saving the taxpayers $985,547, or nearly $1M.
Over 850 BACKPACKS PROVIDED to the youth that we serve and their siblings

Over 1,000 GIFTS DONATED for our annual Holiday Store (Families are Us)

EXPANSION OF SERVICES into El Dorado & Yolo County

1,052 youth were served by one or more Stanford Youth Solutions programs...

24% more than previous fiscal year

We are in the midst of a statewide Foster Care Reform, where the focus will be permanent family connections for youth.

STANFORD YOUTH SOLUTIONS IS ACTIVELY ENGAGED IN THE SUCCESSFUL REFORMATION OF THE SYSTEM ALONG WITH MANY OTHERS ACROSS THE STATE.

$100K + = FOSTER CARE

Received our LARGEST SINGLE GRANT from the KELLY FOUNDATION

18 new positions = 21% growth in staff

104 VOLUNTEERS
AS TOLD BY PAULETTA
(Facilitator, Wraparound Program at Stanford Youth Solutions):
At Stanford Youth Solutions, we work hard to support the families in our care, helping parents take steps towards a healthy life with their children. Our services literally “wrap around” them, and behind the scenes, we are striving each day to inspire them. Ikesha’s testimony makes us realize that oftentimes it’s the ones who we help, who are truly inspirational.

AS TOLD BY IKESHA, 34:
Today is a new day. I’ve never felt this strong and in control of my life and my future. Stanford Youth Solutions has been there with me, helping to make sure my six-year-old son was in good care when I couldn’t be there for him. It’s been a long fight...and alcohol was winning. It helped me cope; it covered up my pain; it got out of control. I was in a physically abusive relationship for five years. Drinking was what I turned to.

I am a proud mom. In fact, I’ve been sober since Mother’s Day, 2016. My children need me, and I plan to work on my sobriety every day and be there for them. My son just loves Miss Pauletta and the team over at Stanford Youth Solutions. There are many days that he can’t wait to go there. Just as I have changed, I see in him, many changes. While he is resilient, and still a mama’s boy, he has suffered too. He needs help figuring out how to manage his anger and aggressive behavior. I need help knowing how to intervene. Stanford Youth Solutions has given us that support and guided us towards a healthy reunification.

I have scars that will never go away. I have memories that will never fade. I also have a chance at a new life with my children, and I am going to cherish every moment of it. Thank you to the team at Stanford Youth Solutions. I know there will be a day when my case is closed...but Miss Pauletta, I promise you, I’m never going to stop calling.

SUCCESS: As a result, Ikesha’s son is stable in his placement and she has a home of her own and is living a sober life. He will be returning home soon, to his mother’s care.
SUCCESS

Ikesha’s testimony makes us realize that oftentimes it’s the ones who we help, who are truly inspirational.

Pauletta

Today is a new day. I’ve never felt this strong and in control of my life and my future.

Ikesha
WHO WE SERVE

DURING FY 2015-16, 1,052 YOUTH WERE SERVED BY ONE OR MORE STANFORD YOUTH SOLUTIONS PROGRAMS (24% MORE THAN PREVIOUS FISCAL YEAR).

race

- African American [29.6%]
- Asian/Pacific Islander [2.2%]
- Caucasian [28.9%]
- Hispanic/Latino [15.2%]
- Multi-ethnicity [13.9%]
- Native American [.5%]
- Other [8.7%]
- Not Reported [1.1%]

age

FINANCIAL HIGHLIGHTS

- Development $559,583 4.97%
- FIT $2,767,392 24.60%
- TBS $605,601 5.38%
- Wraparound $4,031,010 35.84%
- JJCP $653,328 5.81%
- Foster Care $2,038,844 18.13%
- Empowerment Training Center $151,562 1.35%
- Prevention/CPS Wraparound $453,611 4.03%
- Community Wraparound $75,697 0.67%
- Admin/Investments ($88,192) -0.78%

TOTAL REVENUE: $11,248,434
TOTAL EXPENSES: $11,235,183
NET INCOME: $13,252
% ADMIN COST: 12.94%

STATEMENT OF FINANCIAL POSITION
- Total Assets: $13,272,903
- Total Liabilities: $2,690,294
- Total Fund Balance: $10,582,609
OUR VISION

TAY S.T.E.P.S. to Wellness Center

IMAGINE…A safe place for Transitional Age Youth (TAY)
ENVISION…S.T.E.P.S. to Wellness
(Skills, Treatment, Education, People, Support)

What We Will Do

- Offer a safe place to develop personal and professional skills
- Connect TAY to resources
- Help TAY build and maintain healthy relationships
- Provide TAY with leadership skills training
- Help TAY through daily living activities

Our Vision

Stanford Youth Solutions’ S.T.E.P.S. to Wellness Center will provide comprehensive and individualized treatment and support to address the unique needs of TAY. The goals is to assist TAY and young adults with transitional planning and skill development necessary to accomplish their treatment and independent living goals.

Call to Action

We invite you to consider joining our Community Think Tank and help turn our vision into a reality!

For more information, please contact Carrie Johnson, Director of Development and Marketing, at (916) 344-0199 or cjohnson@youthsolutions.org.
STANFORD STUDY

STANFORD YOUTH SOLUTIONS AND STANFORD UNIVERSITY’S SCHOOL OF MEDICINE COLLABORATE ON STUDY

Stanford Youth Solutions has partnered with Stanford University’s School of Medicine to gain understanding of which youth respond better to which type of trauma informed therapies. Previous research has shown that not all treatments work for all people with symptoms of trauma. The Stanford University research team has begun to work closely with the Flexible Integrated Treatment (FIT) team, our mental health therapy program. FIT therapists have the unique opportunity to receive comprehensive training and clinical practice oversight directly from the psychologists who developed the trauma informed treatments. Youth and their families that meet eligibility criteria and voluntarily participate will undergo a series of assessments, including a non-invasive brain scan, to see how each youth responds to their treatment. By working together, Stanford University and Stanford Youth Solutions will determine the most effective trauma treatment options for youth with differing life experiences.

SCHOOL-BASED SERVICES

EXPANSION OF STANFORD YOUTH SOLUTIONS CHARTER SCHOOL SERVICE PROGRAM

Stanford Youth Solutions, together with a statewide online charter school, is continuing our vision to help all young people develop skills, build strong connections and grow into healthy and productive adults. The Charter School Service Program provides supportive services, such as physical therapy, occupational therapy, speech and language therapy and school nursing for the students across the northern and central California regions. The services are mobile and provided within the home or community based upon the individual needs of the student. This is a new opportunity to serve the “whole child” and provide specialized services to support learning success.
HOW YOU CAN HELP...

Help us ensure that EVERY CHILD BELONGS.

Make a **financial gift** knowing that your support will help create a stronger community, through stronger families.

Support our vision of a new S.T.E.P.S. to Wellness Center. Join our Community Think Tank.

Go Over-the-Edge on **May 11, 2017** and help empower the youth we serve to overcome serious challenges.

**Be Heard!** Help us spread local and national attention regarding the need for foster homes.
OUR MISSION  Stanford Youth Solutions INSPIRES sustainable change for young people and their families and EMPOWERS them to solve serious challenges together.