

COMMUNITY GATHERED RESOURCES

CLICK ON THE TITLES BELOW TO BE RE-DIRECTED TO THE RESOURCE



FOOD DISTRIBUTIONS

If you're looking for food in your neighborhood, find it using the interactive map by simply putting in your address or zip code. It is recommended that you call ahead before making plans to attend a distribution.
Contact: 916.456.1980.

SCHOOL MEALS AVAILABILITY

School districts across the region will continue to offer free breakfast and lunch to children in need through pick-up centers in front of the school or at other designated locations.



REMOTE LEARNING

The Khan Academy offers free lessons in math, science, and humanities from kindergarten through the early years of college. Students can use the exercises, quizzes, and instructional videos to learn and master skills.

SERVICES FOR OLDER ADULTS

Eldercare Locator, a public service of the U.S. Administration, connects you to services for older adults and their families.
Contact: 1-800-677-1116.



PAID SICK & MEDICAL LEAVE

The Families First Coronavirus Response Act requires certain employers to provide their employees with paid sick leave and expanded family and medical leave for specified reasons related to COVID-19. These provisions will apply from April 1, 2020 through December 31, 2020.

SMALL BUSINESS EMERGENCY LOANS

The Coronavirus Aid, Relief, and Economic Security (CARES) Act allocated \$350 billion to help small businesses keep workers employed amid the pandemic and economic downturn. Known as the Paycheck Protection Program, the initiative provides 100% federally guaranteed loans to small businesses.

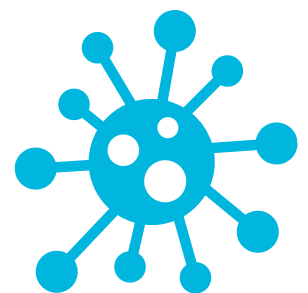


GUIDE TO HELPING FAMILIES COPE

Knowing how to be prepared can reduce your stress and help calm likely anxieties. This resource will help you think about how an infectious disease outbreak might affect your family—both physically and emotionally—and what you can do to help your family cope.

RELIABLE COVID-19 UPDATES

As the nation's health protection agency, Centers for Disease Control and Prevention (CDC), provides health information that protects our nation against dangerous health threats, and responds when these arise.



MORE INFORMATION AVAILABLE AT:
[YOUTHSOLUTIONS.ORG/COVID-19-RESPONSE](https://youthsolutions.org/covid-19-response)

WE ARE HERE FOR YOU AND COMMITTED TO BEING PART OF THE SOLUTION TO CURB THE SPREAD OF COVID-19.

WE ARE TAKING THE NECESSARY MEASURES TO ENSURE OUR STAFF, YOUTH, FAMILIES, AND THE BROADER COMMUNITY ARE SAFE AND HEALTHY.