Home Within Reach

Working toward creating a stable and nurturing family home for every youth.
Dear Friends,

It is known that with change comes opportunity and great responsibility. In the State of California, we are in the midst of a Continuum of Care Reform (CCR) for foster youth, where the ultimate objective is permanency – a stable and nurturing family home for every youth. The philosophy behind the CCR is a fundamental shift in approach from “saving a child” and removing them from their family to ensuring every young person is cared for by a stable and committed family. The goal of CCR is to improve the quality of foster care by eliminating the reliance on long-term institutional care and focusing on creating permanent family connections for every youth.

Our work is focused on strengthening family connections, thus building stronger communities. Because of your commitment to this community and your continued support of the work that we do, we have been able to make significant strides forward in our efforts.

In the pages to follow, you will see how your investment is helping to achieve our vision of a community where every young person has strong and permanent connections to family and the opportunity to develop as a healthy and productive young adult.

With sincere gratitude,

Laura Heintz, Psy. D.
Chief Executive Officer
Stanford Youth Solutions

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For over 118 years, Stanford Youth Solutions has been a leader in providing services to young people and their families who struggle with abuse, neglect, mental or behavioral health challenges, or other difficult circumstances. Our “story of transformation,” from founding (in 1900) as an orphanage to a community-based program (in 2006) focused on healing and preserving the whole family, is being utilized as a powerful agent of change across the nation.

Today, Stanford Youth Solutions is recognized both locally and nationally for successfully demonstrating an innovative approach to the child welfare system that involves a continuum of care focused on effective community-based programs that involve both family and community engagement.

A lot has changed over the years, but what has not changed is our determination to help young people and families in crisis overcome obstacles, make healthy choices, and live positive lives.
of youth who successfully discharged from our mental health or juvenile probation programs are living in a home with a family or independently.

PERMANENT FAMILY CONNECTIONS
We recruit and retain the most qualified, competent, and compassionate families to provide nurturing and stable homes for foster youth.

15 New Foster Parents
In fiscal year 2016-17, we certified 15 new foster parents/resource families and retained 90% of prior foster parents/resource families.

OUR COMMITMENT TO QUALITY
95% of youth and families in our mental health programs reported satisfaction with the services and support that Stanford Youth Solutions provides.
90% of children served were low-income, Medi-Cal eligible. A majority youth served had intensive needs stemming from past trauma, neglect or abuse.

102 Foster Homes for Youth

61% Male
39% Female

25,574 Hours of treatment services
300 Youth & families with peer support
1,078 Christmas gifts & stockings to children
775 New backpacks & school supplies

2 out of 3 children are at pivotal teenage years

7% 25% 20% 46% 3%

0 - 4 5 - 9 10 - 13 14 - 17 18 - 21

Stanford Youth Solutions is only 1 of 2 qualified Intensive Treatment Foster Care (ITFC) Programs in Sacramento County serving foster youth who have experienced acute trauma, maltreatment, serious mental health challenges, or other significant losses.

We help end the child welfare cycle, by keeping children safe and together with their families, in school, and out of trouble.

85% of adolescents who completed our Juvenile Justice Crime Prevention (JJCP) program stayed out of trouble, while receiving services.

85% of youth served in our Flexible Integrated Treatment (FIT) Program demonstrated improved safe behaviors (i.e. a reduction in self-harm).

98% of youth living with families and served in our Prevention Wraparound program remained stable in family-based homes.

96% of youth living in family-based settings and served in our TBS program remained stable in their homes.
PERMANENT FAMILY CONNECTIONS (FOSTER CARE)
Permanent Family Connections is designed to achieve permanency for youth – “a permanent connection to a safe, stable, and nurturing family.” The program provides several paths to permanency to ensure every child/youth has a lifelong connection to family (i.e. reunification with their birth family, whenever possible; and if not possible, then permanency through adoption or guardianship).

WRAPAROUND SERVICES
Stanford Youth Solutions’ Wraparound Services literally “wraps” youth and families with comprehensive care that combines a family-centered, strengths-based, needs-driven, team-driven approach with individualized and wellness-focused interventions. The goal is to help keep children/youth safe and together with family, in school, and out of trouble.

JUVENILE JUSTICE CRIME PREVENTION (JJCP)
JJCP provides Functional Family Therapy (FFT) - a short-term, family based prevention and intervention program for youth on probation who are at risk of violence, substance abuse, delinquency, other behavioral issues, and family relationship challenges. The program focuses on family strengths to help build positive relationships and promote community safety.

FLEXIBLE INTEGRATED TREATMENT (FIT)
Our FIT team members collaborate with youth and their families using a well-defined assessment, planning and service delivery model that strengthens family connections, improves behavioral and mental health functioning, decreases psychiatric hospitalizations and contacts with law enforcement, and connects families to community resources and supports.

THERAPEUTIC BEHAVIORAL SERVICES
A brief intervention that provides community-based, one-on-one support to young people who are at risk of being moved into a higher, more restrictive living environment (i.e. psychiatric hospitalization or group home) or need support in transitioning to a less restrictive environment (family or foster/resource family home).

SCHOOL-BASED MENTAL HEALTH SERVICES
Through a partnership with a statewide charter school, Stanford Youth Solutions provides individualized supportive services, such as physical therapy, occupational therapy, speech and language therapy, and school nursing for the students across the northern and central California region.

FAMILY AND YOUTH PARTNERSHIP
Family Partners and Youth Advocates (“peer supports”) offer their own personal experiences and advocacy skills as a valuable layer of support to the youth and families in all of Stanford Youth Solutions’ programs. The goal is to empower youth and ensure families have “voice and choice” in service delivery.
Dedicated Staff
CONNECTED THROUGH SHARED VALUES.
Success Story

A GIFT OF FAMILY.

In our fiscal year 2015-2016 Annual Report, we featured a story about the young boy in the photo above. Because he was in foster care, we could not show you his picture at the time. Today, we would like you to meet eight-year-old Rizq. We have had the opportunity to help Rizq through the support of our Wraparound Services. Fallen upon hard times, his mother, Ikesha, struggled with alcohol and an abusive relationship, losing custody of her children as a result.

Through the hard work of his mother and her commitment to change her life and regain custodial rights, along with the relentless efforts of our Wraparound Team, Rizq and his mother are reunified! We helped throughout Rizq’s journey from a group home, into a foster home, and then finally returning to his home. At Stanford Youth Solutions permanency for children is our most important goal!

Rizq’s story is a manifestation of our vision that every young person has strong and permanent connections into adulthood. Rizq will tell you that “the gift of family is the most important gift of all!”

Stanford Youth Solutions’ programs help strengthen families and build stronger communities.
Stanford Youth Solutions, is committed to making real, measurable, and sustainable change. As an organization, we receive federal, state, and county funding. This funding, however, is not sufficient to support our programs. We are fortunate to have the support of many past and current donors to augment the care we provide. We are not satisfied with providing just enough or only what is reimbursed - we do what it takes to ensure each and every child we serve has a chance at a healthy, productive, and self-sufficient life.

The graphs (below) represent where our revenue comes from and where the community’s investments are spent.

### Revenue Sources

- **3.76%** Fundraising
- **68.72%** Community Based Mental & Behavioral Health Services
- **18.16%** Foster Care
- **5.45%** Juvenile Justice
- **0.07%** School Based Services
- **3.84%** Investments

**TOTAL REVENUE: $11,571,796**

### ANNUAL FUNDRAISING GOAL: $575,000

Private donations help provide critical operational support needed to advance the organization’s mission and funds prevention & early intervention strategies (i.e. capacity building to increase access to community-based mental health services, specialized training and support for foster/resources families, social worker retention, etc.)

### Statement of Financial Position

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Looking Ahead
FUTURE NEEDS.

SACRAMENTO COUNTY CHILDREN’S SERVICES COLLABORATIVE
Partnering To Create A Foster Youth Continuum Of Care

Stanford Youth Solutions, Sierra Forever Families, and the Children’s Receiving Home of Sacramento have established a partnership referred to as the Sacramento County Children’s Services Collaborative. The Collaborative is the first formal collaborative designed to bring community based services, foster care, short-term residential treatment, and post adoption services together in response to California’s Continuum of Care Reform (CCR). Each partnering organization has unique expertise and a vested interest in improving the health and well-being of vulnerable children and their families.

EMPOWERMENT TRAINING CENTER
A Partnership With The Community To Ensure Brighter Futures For Transitional Age Youth

Stanford Youth Solutions is currently seeking support from the community to fully develop the Empowerment Training Center. In the coming year, the Empowerment Training Center will provide a comprehensive and coordinated approach to improving outcomes for transitional age youth. Participating youth will be partnered with Youth Advocates who will provide one-on-one mentoring and guidance. Youth will also receive academic support, job readiness and retention skills, family engagement and case management services, life skills training, housing and money management support, financial assistance, etc. The goal is to empower at-risk youth, by ensuring they transition into adulthood with adequate support, preparation, and the tools needed to help them develop and achieve their individualized educational, career, and independent living goals.
OVER THE EDGE
SAVE THE DATE: June 7th - 8th

Over the Edge is truly a different kind of fundraiser! We send participants rappelling down the Residence Inn by Marriott, a 16-story building in the heart of downtown Sacramento, in support of at-risk youth.

Want to experience what it is like to go Over The Edge?

GIVE TIME  Our volunteers provide critical support and help further our mission. We have several volunteer opportunities throughout the year. Contact us for more information about current volunteer opportunities.

GET INVOLVED  California is currently in a crisis. There is a massive shortage of foster families. We need your help now more than ever.

MAKE A DONATION  Donations we receive directly empower our community’s most vulnerable and at-risk youth and families!

BIG DAY OF GIVING  Save the date for May 3rd, 2018. 24 hours to give from the heart.
Our Network

FOCUSED ON COLLABORATION.

Stanford Youth Solutions extends a heartfelt thank you to California’s Department of Social Services, Sacramento County’s Health & Human Services Agency (Behavioral Services and Child Protective Services Divisions), Sacramento County’s Juvenile Probation Department; Yolo County’s Health & Human Services Agency (Child Welfare Services Division); El Dorado County Health and Human Services Agency; the Office of Statewide Health Planning & Development, the California Institute for Mental Health, the California Alliance of Child and Family Services, the Provider Exchange, Family Focused Treatment Association, California Council of Community Behavioral Health Agencies, and the Council of Accreditation for their strong partnership in serving young people and families who need it most.

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Stanford Youth Solutions is nationally accredited through the Council on Accreditation.