Overarching Goal:
Therapeutic Behavioral Services (TBS) is a supplemental mental health service to provide one-on-one, short term therapeutic contact for a specified period of time in order to maintain the youth’s placement at the lowest possible level. Services will resolve specific target behaviors in order to prevent unnecessary residential placements, psychiatric hospitalizations, and discharges to higher levels of care.

Participants

- Stanford Youth Solutions
  - Program Director
  - Program Manager
  - Behavior Analyst
  - Family Partner/Youth Advocate
  - MediCal/EPSDT Funding

- Clients
  - Full Scope MediCal/EPSDT eligible
  - Receiving specialty mental health services

  Has specific behavior that will cause ONE of the following:
  - Increase severity of placement
  - Prevent stepping down from a high level of placement.

  Youth is ONE of the following:
  - At risk of placement in a locked facility
  - Psychiatric hospitalization in last 24 months
  - Currently living in a residential placement
  - Previously received TBS

Short Term

- Identification of service needs
- Use client’s strengths to develop positive replacement behaviors
- Stabilize placements and maintain permanency
- Increase support and decrease family stress barriers

Medium Term

- Increase overall improvement in youth’s behavior and functioning as indicated by assessments
- Complete Treatment Goals
- Decrease target behaviors and increase replacement behaviors
- Maintain Placement or reintegrate into a home in the community.

Long Term

- Youth will function in a community setting or the least restrictive setting possible.
- Decrease number of psychiatric hospitalizations
- Client reintegrates to referring program without behavioral interruptions
- Families will use less formal services and more self-sufficient resources

Referred

- Assessments and Treatment Planning
- Engagement
- Behavioral Interventions
- Intensive One on One Services
- Developing Supports Where Behavior Occurs
- Skill Building with Caregivers
- Coordination with Referring Program

Return to Referring Program

Client’s Support

- Caregivers
  - Primary Mental Health Provider
- Primary Mental Health Provider

- Full Scope MediCal/EPSDT eligible
- Receiving specialty mental health services

- Has specific behavior that will cause ONE of the following:
  - Increase severity of placement
  - Prevent stepping down from a high level of placement.

- Youth is ONE of the following:
  - At risk of placement in a locked facility
  - Psychiatric hospitalization in last 24 months
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  - Previously received TBS